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FILA 38-325-001

FILA 38-325-001 Digital Watch User Manual

Model: 38-325-001

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your FILA 38-325-001 Digital Watch. Please read this manual thoroughly to ensure proper use and longevity of your timepiece.

WATCH COMPONENTS

Familiarize yourself with the main components and buttons of your FILA digital watch.



Image 1: Front view of the FILA 38-325-001 Digital Watch, highlighting the display and button labels. The display shows 'FR 26 PM 12:38 59 SEC'. Buttons are labeled 'LIGHT' (top left), 'MODE' (bottom left), 'ST/STP' (top right), and 'SET/RST' (bottom right).

- **LIGHT Button (Top Left):** Activates the EL backlight for illumination.
- **MODE Button (Bottom Left):** Cycles through different modes (Time, Stopwatch, Alarm, Date).
- **ST/STP Button (Top Right):** Starts and stops the stopwatch function.
- **SET/RST Button (Bottom Right):** Used for setting values and resetting functions.

SETUP

Setting Time and Date

1. From the normal time display, press the **MODE** button repeatedly until the time setting mode is reached. Digits to be set will flash.
2. Press the **SET/RST** button to select the hour, minute, month, date, or day of the week.
3. Use the **ST/STP** button to adjust the flashing value.

4. Once all settings are complete, press the **MODE** button to return to the normal time display.

Setting the Alarm

1. From the normal time display, press the **MODE** button until the alarm setting mode is displayed.
2. Press the **SET/RST** button to select the hour or minute.
3. Use the **ST/STP** button to adjust the flashing value.
4. Press the **MODE** button to exit the alarm setting mode.
5. To activate/deactivate the alarm, press the **ST/STP** button while in the alarm display mode. An alarm icon will appear/disappear.

OPERATING INSTRUCTIONS

Using the Stopwatch (Chronograph)

1. Press the **MODE** button until the stopwatch mode is displayed (usually indicated by '00:00:00').
2. Press the **ST/STP** button to start the stopwatch.
3. Press the **ST/STP** button again to stop the stopwatch.
4. To reset the stopwatch to zero, press the **SET/RST** button while the stopwatch is stopped.

Activating the Backlight

Press the **LIGHT** button (top left) to illuminate the display for a few seconds, making it visible in low-light conditions.

MAINTENANCE

Cleaning Your Watch

To maintain the appearance and hygiene of your watch, especially the silicone strap, clean it regularly.

- Use a soft, damp cloth with mild soap to gently wipe the watch case and strap.
- Rinse with clean water and dry thoroughly with a soft cloth.
- Avoid using harsh chemicals or abrasive materials, as these can damage the watch's finish.

Water Resistance

Your FILA 38-325-001 watch features **10 ATM (100 meters) water resistance**. This means it is suitable for swimming, showering, and snorkeling. However, it is not recommended for diving. Avoid operating buttons while the watch is submerged in water to prevent water ingress.



Image 2: Side view of the FILA 38-325-001 Digital Watch, showcasing its black resin case and silicone strap, worn on a wrist. This image illustrates the watch's design and fit.

TROUBLESHOOTING

- **Display is blank or dim:** The battery may be low. Replace the CR2 battery.
- **Buttons are unresponsive:** Ensure the watch is not in a locked mode (if applicable, though not specified for this model). If the issue persists, a battery replacement or reset may be required.
- **Time is incorrect:** Re-set the time following the "Setting Time and Date" instructions. If the time consistently loses accuracy, the battery may be weak.
- **Water inside the watch:** Despite water resistance, extreme temperature changes or impacts can compromise seals. Do not attempt to open the watch. Seek professional service immediately.

SPECIFICATIONS

Feature	Detail
Model Number	38-325-001
Display Type	Digital (VE Display)
Case Material	ABS Case, Black Resin
Case Diameter	40 mm
Case Thickness	10 mm
Strap Material	Silicone
Strap Width	20 mm
Strap Length	24 cm
Crystal Material	Mineral Crystal Glass
Water Resistance	10 ATM (100 meters)
Functions	Stopwatch/Chronograph, Alarm, Calendar, EL Backlight
Battery Type	1 CR2 battery (included)

WARRANTY INFORMATION

FILA watches typically come with a manufacturer's warranty covering defects in materials and workmanship. The specific terms and duration of the warranty may vary by region and retailer. Please retain your proof of purchase for warranty claims. For detailed warranty information, refer to the documentation provided at the time of purchase or contact your retailer.

CUSTOMER SUPPORT

If you encounter any issues not covered in this manual or require further assistance, please contact the retailer where you purchased your FILA watch or visit the official FILA website for customer support contact information.