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Medcursor MDFM400

Medcursor Foot Massager with Heat (Model MDFM400) User Manual

Your guide to operating and maintaining your Medcursor Foot Massager.

1. Important Safety Information

Please read all instructions carefully before using the Medcursor Foot Massager. Failure to follow these instructions may result in injury or damage to the device.

- Never use the massager while sleeping.
- Keep the device away from water or damp environments.
- Do not use the massager if you have injuries, open wounds, or medical conditions that may be aggravated by massage. Consult a physician before use if you have any concerns.
- Ensure your feet are properly placed within the foot compartments before starting the massage.
- Discontinue use immediately if you experience any discomfort or pain.

2. Product Overview

The Medcursor Foot Massager (Model MDFM400) is designed to provide a deep kneading and air compression massage with optional heat, targeting the toes, heels, and soles of your feet. It aims to relieve tired muscles and promote relaxation.



Figure 2.1: Top view of the Medcursor Foot Massager, showing the control panel and foot inserts.

Key Features:

- **Deep Kneading Massage:** Targets various areas of the foot for comprehensive relief.
- **Air Compression:** Adjustable air pressure intensity for personalized comfort.
- **Soothing Heat Function:** Provides warmth to enhance relaxation and alleviate discomfort.
- **Multiple Massage Modes:** Customizable settings to suit individual preferences.
- **Removable and Washable Foot Sleeves:** Ensures hygiene and easy maintenance.
- **Automatic Shut-off Timer:** Built-in 15-minute timer for safety and convenience.
- **Non-Slip Suction Base:** Provides stability during use.

3. Package Contents

Upon unpacking, please ensure all items listed below are present and in good condition.

- 1 x Medcursor Foot Massager
- 1 x Power Adapter with 5.9ft Cord
- 1 x User Manual



Figure 3.1: The Medcursor Foot Massager, power adapter, and user manual as included in the package.

4. Setup

Follow these steps to set up your Medcursor Foot Massager for first use:

1. Place the massager on a flat, stable surface.
2. Connect the power adapter to the massager's power input port. Ensure it clicks firmly into place.
3. Plug the power adapter into a suitable electrical outlet.
4. Sit comfortably and place your feet into the foot compartments. Ensure your feet are positioned correctly for optimal massage.



Figure 4.1: Proper connection of the power adapter to the device.

5. Operating Instructions

The control panel on the top of the massager allows you to customize your massage experience.



Figure 5.1: Overview of the control panel buttons and their functions.

Control Panel Functions:

- **Power Button ( ):** Press to turn the massager ON or OFF.
- **Heating Button (♨):** Press to activate or deactivate the heat function. The heat function provides soothing warmth to your feet.
- **Air Pressure Intensity Button (◎):** Adjusts the intensity of the air compression massage. There are two levels of intensity (Low and High).
- **Massage Mode Button (↻):** Cycles through three different massage modes (M1, M2, M3), each offering a unique combination of kneading and air compression.

Using the Massager:

1. After plugging in the device and placing your feet inside, press the **Power Button** to turn on the massager. It will typically start in a default mode.
2. Press the **Massage Mode Button** to select your desired massage program (M1, M2, or M3).

3. Adjust the air compression intensity by pressing the **Air Pressure Intensity Button**. Choose between low or high pressure.
4. Activate or deactivate the heat function at any time by pressing the**Heating Button**.
5. The massager has a built-in 15-minute timer and will automatically shut off after this period. If you wish to stop the massage earlier, press the **Power Button**.



Figure 5.2: Illustration of the professional deep massage techniques provided by the device.

6. Maintenance and Cleaning

Regular cleaning and proper maintenance will ensure the longevity and hygienic use of your Medcursor Foot Massager.

Cleaning the Exterior:

- Always unplug the massager from the power outlet before cleaning.
- Wipe the exterior surface of the massager with a soft, slightly damp cloth.
- Do not use abrasive cleaners, solvents, or harsh chemicals.

- Ensure no liquid enters the device.



Figure 6.1: Cleaning the exterior of the foot massager.

Cleaning the Foot Sleeves:

- The zippered foot sleeves are removable for easy cleaning.
- Unzip and remove the sleeves from the massager.
- Hand wash the sleeves with mild soap and water, or machine wash on a gentle cycle.
- Allow the sleeves to air dry completely before reattaching them to the massager.



Figure 6.2: Detachable and washable foot sleeves for hygiene.

Storage:

- Store the massager in a cool, dry place, away from direct sunlight and moisture.
- Avoid placing heavy objects on top of the massager.

7. Troubleshooting

If you encounter any issues with your Medcursor Foot Massager, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Device does not turn on.	◦ Power adapter not properly connected. ◦ No power from the outlet.	◦ Ensure the power adapter is firmly connected to both the massager and the electrical outlet. ◦ Test the outlet with another device to confirm it has power.

Problem	Possible Cause	Solution
Heat function is not noticeable.	◦ Heat function not activated. ◦ Takes time to warm up.	◦ Press the **Heating Button** to activate. ◦ Allow 5-10 minutes for the heat to become noticeable.
Massage feels too intense or too weak.	◦ Incorrect air pressure intensity setting. ◦ Feet not positioned correctly.	◦ Adjust the air pressure intensity using the **Air Pressure Intensity Button**. ◦ Reposition your feet within the compartments.
Unusual noise during operation.	◦ Normal operating sound of the motor/air pump. ◦ Obstruction in foot compartments.	◦ Some operational noise is normal. ◦ Check for any foreign objects inside the foot compartments.

If the problem persists after trying these solutions, please contact Medcursor customer support for assistance.

8. Specifications

Brand	Medcursor
Model Number	MDFM400
Dimensions (L x W x H)	35.51 x 33.93 x 16.51 cm (14.0 x 13.4 x 6.5 inches)
Weight	2.31 kg (5.1 lbs)
Material	Faux Leather
Power Source	Corded Electric
Special Feature	Heat Function
Automatic Timer	15 minutes
Country of Origin	China

9. Warranty and Support

Medcursor is committed to providing high-quality products. For information regarding warranty coverage, technical support, or any other inquiries, please refer to the contact information provided in the product packaging or visit the official Medcursor website. You can also visit the Medcursor Brand Store on Amazon for more product information and support.

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