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› [Dripex Magnetic Resistance Indoor Exercise Bike \(Model YKB\) User Manual](#)

**Dripex YKB**

## **Dripex Magnetic Resistance Indoor Exercise Bike (Model YKB) User Manual**

Model: YKB | Brand: Dripex

### **1. INTRODUCTION**

This manual provides essential information for the safe and effective use of your Dripex Magnetic Resistance Indoor Exercise Bike, Model YKB. Please read this manual thoroughly before assembly and operation to ensure proper usage and to maximize your exercise experience.



Figure 1: Dripex Magnetic Resistance Indoor Exercise Bike

## 2. SAFETY INFORMATION

- Consult a physician before starting any exercise program.
- Ensure all bolts and nuts are securely tightened before each use.
- Keep children and pets away from the equipment during operation.
- Place the bike on a flat, stable surface.
- Wear appropriate exercise attire and footwear.
- Stop exercising immediately if you feel faint, dizzy, or experience pain.
- The maximum user weight capacity is 300 lbs (135 kg).

## 3. ASSEMBLY INSTRUCTIONS

The Dripex Magnetic Resistance Indoor Exercise Bike is designed for straightforward assembly. All necessary tools are included in the package. Follow the step-by-step instructions provided in the separate assembly

guide for detailed visual instructions. Typical assembly time is approximately 25-45 minutes.

## 4. PRODUCT FEATURES AND ADJUSTMENTS

### 4.1 Heavy-Duty Steel Mainframe

Constructed with a robust steel frame and a 20 LBS flywheel, the bike ensures stability during workouts. Its design adheres to a triangle stability principle for enhanced safety.

### 4.2 Adjustable Magnetic Resistance

The bike features a bidirectional resistance adjustment bar, allowing for smooth and quiet cycling. Resistance levels can be easily adjusted by turning the red knob. Pressing the knob initiates an emergency brake. Magnetic resistance requires no maintenance.



Figure 2: Resistance Adjustment Knob



Figure 3: Silent Belt Drive System for quiet operation

### 4.3 Soft Seat & Adjustable Handlebar

The large, air-permeable seat offers 11 levels of height adjustment and can be moved forward or backward to reduce exercise fatigue and accommodate various body types. The handlebar has 5 levels of height adjustment.

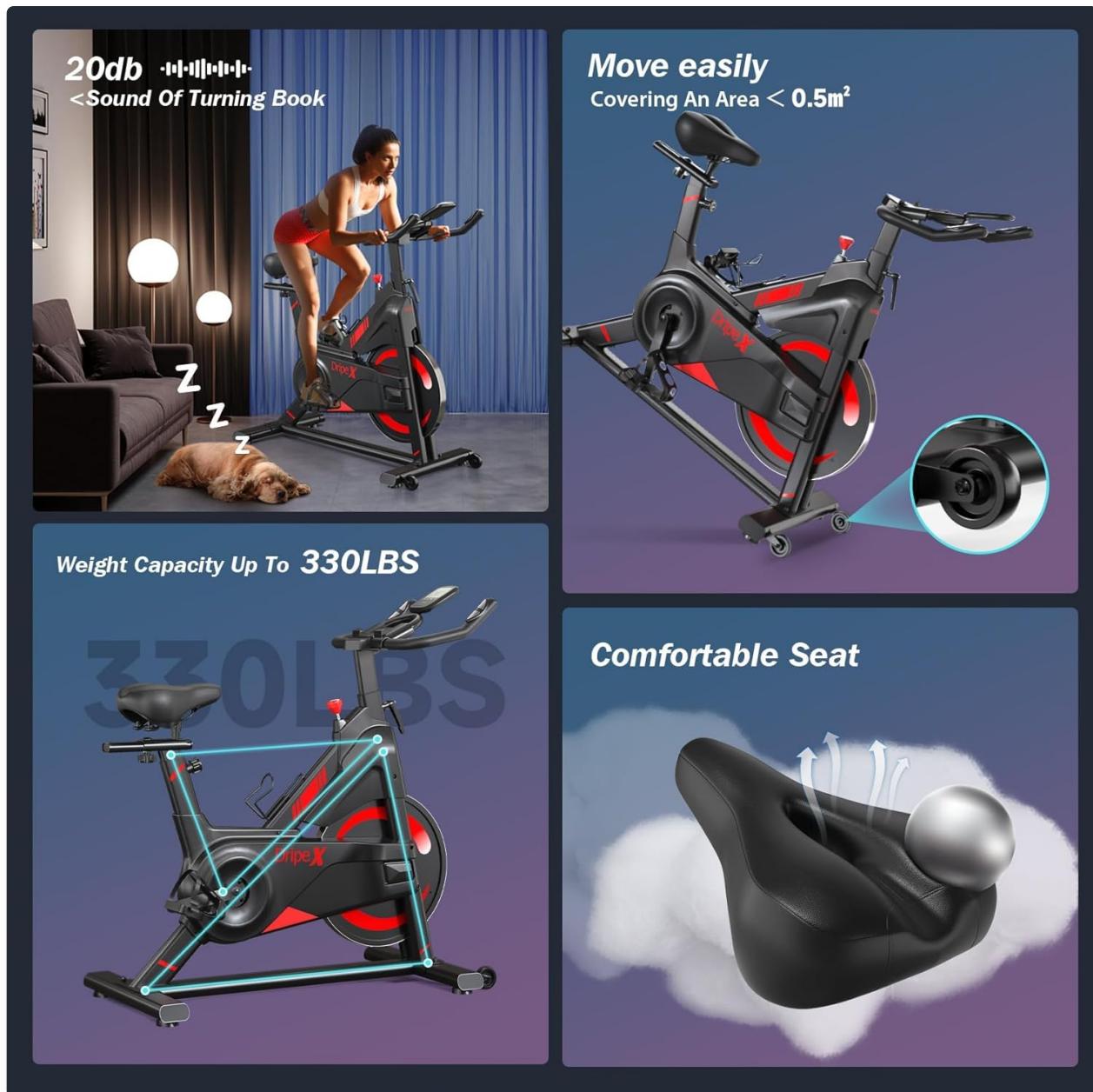


Figure 4: Adjustable seat and handlebar for personalized fit

#### 4.4 LCD Monitor & Pulse Sensor

The integrated LCD monitor displays key workout data including time, speed, distance, calories burned, and pulse rate. The pulse sensor, located on the handlebars, tracks your heart rate during exercise.



Figure 5: LCD Monitor and Pulse Sensor

#### 4.5 Built-in Wheels & Water Bottle Holder

Transportation wheels are integrated into the front stabilizer for easy movement and storage. A convenient water bottle holder is included to keep hydration accessible during your workout.



Figure 6: Transportation wheels for portability



Figure 7: Convenient water bottle holder

## 5. OPERATING INSTRUCTIONS

### 5.1 Adjusting Resistance

To increase resistance, turn the red knob clockwise. To decrease resistance, turn it counter-clockwise. For an emergency stop, press the red knob down firmly.

### 5.2 Using the LCD Monitor

The LCD monitor automatically activates when you begin pedaling. Use the 'MODE' button to cycle through different display functions (Time, Speed, Distance, Calories). The 'SCAN' mode will automatically rotate through all functions. To reset the values, press and hold the 'MODE' button for a few seconds.

### 5.3 Heart Rate Monitoring

Grip the pulse sensors on the handlebars firmly with both hands to display your heart rate on the LCD monitor. Ensure your hands are clean and dry for accurate readings.

## 6. MAINTENANCE

- Regularly wipe down the bike with a damp cloth after each use to remove sweat and dust.
- Check all bolts, nuts, and moving parts periodically for tightness and wear. Tighten as necessary.
- Keep the bike in a dry environment to prevent rust.
- Do not use abrasive cleaners or solvents on any part of the bike.

## 7. TROUBLESHOOTING

### 7.1 Noise During Operation

- **Clicking/Clanking Sound:** Check that all assembly bolts, especially around the pedals and crank arms, are securely tightened. Ensure the bike is on a level surface.
- **Squeaking:** Apply a small amount of silicone lubricant to any moving parts that may be causing friction, avoiding the magnetic resistance mechanism.

### 7.2 LCD Monitor Not Displaying

- Ensure the battery is correctly installed and has sufficient charge. Replace batteries if necessary.
- Check that all sensor cables are securely connected to the monitor.

## 8. SPECIFICATIONS

Feature	Specification
Brand	Dripex
Model Number	YKB
Resistance Mechanism	Magnetic
Flywheel Weight	20 LBS
Maximum Weight Capacity	300 LBS (135 KG)
Recommended User Height	4'9" ~ 6'1"
Product Dimensions (LxWxH)	39.96" x 19.88" x 41.14"
Item Weight	60 Pounds
Material	Alloy Steel
Power Source	Battery Powered (for LCD)

## 9. WARRANTY AND SUPPORT

For warranty information, product support, or to purchase replacement parts, please refer to the contact information provided with your purchase or visit the official Dripex website. Keep your purchase receipt as proof of purchase.

