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[Q & A](#) | [Deep Search](#) | [Upload](#)

[manuals.plus](#) /

- › [NAKED](#) /
- › [NAKED Shake Vegan Protein Powder, Strawberry Banana - Instruction Manual](#)

## NAKED Strawberry Banana

# NAKED Shake Vegan Protein Powder

## STRAWBERRY BANANA FLAVOR INSTRUCTION MANUAL

### 1. Product Overview

The NAKED Shake Strawberry Banana Vegan Protein Powder is a plant-based protein supplement designed for quick and convenient protein intake. It combines pea protein with MCT oil and natural fruit juice, offering a complete amino acid profile.





Image 1: NAKED Shake Strawberry Banana Vegan Protein Powder container.

## 2. Preparation and Usage

This protein powder is formulated for easy mixing to create a protein shake. Each serving provides 20g of protein, 3g of sugar, 7g of carbohydrates, and 130 calories.

### 2.1. Mixing Instructions

- **Standard Shake:** Mix two scoops (approximately 33g) of NAKED Shake powder with 8-12 ounces of water, plant-based milk (such as oat milk or almond milk), or your preferred beverage.
- **Blender Use:** For a smoother consistency, especially if adding other ingredients like frozen fruit or ice, use a blender.
- **Serving Suggestion:** Adjust liquid amount to achieve desired thickness.

# 30 SERVINGS

## PREMIUM VEGAN PROTEIN SHAKE

<b>20g</b> PROTEIN	<b>3g</b> SUGAR
<b>7g</b> CARBS	<b>130</b> CALORIES



MADE IN USA



VEGAN



NO ADDITIVES



GMO FREE



SOY FREE



GLUTEN FREE

**NAKED**  
NUTRITION.



Image 2: NAKED Shake Strawberry Banana nutritional highlights per serving.

## 2.2. Recommended Usage

Use NAKED Shake to supplement your daily protein intake. It is suitable for post-workout recovery or as a quick meal replacement for individuals with busy lifestyles.

## 3. Ingredients and Nutritional Information

NAKED Shake is made with pure ingredients and is free from artificial flavors, sweeteners, or colors.

### 3.1. Ingredients List

Pea Protein, Coconut Sugar, Natural Plant Based Flavors, MCT Powder (MCT Oil, Acacia), Fruit Blend (Banana



**CONTAINS: Tree Nuts (Coconut)**

Refer to the image below for detailed Nutrition Facts and the Amino Acid Profile per serving.

# LOOK AT US NAKED

## WE'VE GOT NOTHING TO HIDE

**NAKED**  
NUTRITION.

Nutrition Facts	
30 servings per container	
<b>Serving Size 33g (About 2 scoops)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>130</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 7g	<b>3%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 3g	
Includes 3g Added Sugars	<b>6%</b>
<b>Protein</b> 20g	<b>30%</b>
Vitamin D 0mcg	0%
Calcium 56mg	4%
Iron 7mg	40%
Potassium 173mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amino Acid Profile	
Amount Per Serving	
Isoleucine**	1000 mg
Leucine**	1766 mg
Valine**	1040 mg
Alanine	886 mg
Arginine	1857 mg
Aspartic Acid	2451 mg
Cystine	195 mg
Glutamic Acid	3679 mg
Glycine	827 mg
Histidine*	510 mg
Lysine*	1583 mg
Methionine*	214 mg
Phenylalanine*	1139 mg
Proline	934 mg
Serine	1076 mg
Threonine*	726 mg
Tyrosine	792 mg

\*\*Essential Amino Acids  
\*Branched-Chain Amino Acids (BCAAs)

**20g**  
**PROTEIN**

**3g**  
**SUGAR**

**7g**  
**CARBS**

**130**  
**CALORIES**

**VEGAN**

**GLUTEN FREE**

**NO ARTIFICIAL FLAVORS,  
SWEETENERS, OR COLORS**

**AMOUNT INSIDE  
MEASURED BY  
WEIGHT,  
NOT VOLUME**

**INGREDIENTS:** Pea Protein, Coconut Sugar, Natural Plant Based Flavors, MCT Powder (MCT Oil, Acacia), Fruit Blend (Banana Juice, Freeze Dried Strawberries, Maltodextrin), Potassium Chloride, Fermented Cane Sugar (Reb-M), Vegetable Juice (Natural Color)

**CONTAINS:** Tree Nuts (Coconut)

# NOTHING ARTIFICIAL

Image 3: Detailed Nutrition Facts and Amino Acid Profile for NAKED Shake Strawberry Banana.

- Vegan and Dairy-Free
- Gluten-Free and Soy-Free
- No GMOs
- No Artificial Flavors, Sweeteners, or Colors
- Contains MCT Oil for satiation and energy support

# THE NAKED DIFFERENCE

- ✗ No Artificial Flavors
- ✗ No Sucralose
- ✗ Acesulfame Potassium
- ✗ No Xanthan Gum
- ✗ No Cellulose Gum
- ✗ No Corn Syrups



Image 4: NAKED Shake highlighting the absence of artificial ingredients.



**INCLUDES PREMIUM  
MCT OIL**



**HELPS WEIGHT MANAGEMENT\***

**CLEAN ENERGY SOURCE\***

**IMPROVE BRAIN FUNCTION\***

**IMPROVE BLOOD SUGAR LEVELS\***

\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

*Image 5: Benefits of MCT Oil included in NAKED Shake.*

## 4. Storage and Maintenance

To maintain product quality and freshness, store the NAKED Shake container in a cool, dry place away from direct sunlight and moisture. Ensure the lid is tightly sealed after each use.

## 5. Troubleshooting

### 5.1. Difficulty Opening Lid

Some users have reported that the lid can be very tight. If you encounter difficulty, try using a sturdy utensil (like a spoon or butter knife) to gently pry up the edge of the lid in several spots around the circumference until it loosens.

### 5.2. Gritty Texture

Pea protein powders can sometimes have a slightly gritty texture. To minimize this, ensure thorough mixing. Using a

blender with ice or frozen fruit, or mixing with thicker liquids like plant-based milk, can help achieve a smoother consistency.

## 6. Product Specifications

- **Product Dimensions:** 5.75 x 5.79 x 10.12 inches
- **Item Weight:** 2.1 Pounds (930 g)
- **Servings per Container:** 30
- **Flavor:** Strawberry Banana
- **Manufacturer:** NAKED nutrition
- **ASIN:** B08XY94XCZ

## 7. Safety and Legal Information

**Proposition 65 Warning: This product may contain chemicals known to the State of California to cause cancer and birth defects or other reproductive harm.**

*Statements regarding dietary supplements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease or health condition.*

## 8. Support

For further assistance or inquiries regarding your NAKED Shake Vegan Protein Powder, please contact the manufacturer directly through their official website or customer service channels.

