Mira PLUS STARTER KIT

Mira Plus Fertility Monitor and Ovulation Test Kit User Manual

Model: PLUS STARTER KIT

1. Introduction

The Mira Plus Fertility Monitor and Ovulation Test Kit is designed to assist women in tracking their fertility and ovulation by precisely measuring Luteinizing Hormone (LH) and Estradiol Metabolite (E3G) levels. This digital system provides quantitative hormone data, helping users identify their fertile window and ovulation day with enhanced accuracy. The kit integrates with the Mira App for convenient data analysis and personalized cycle predictions.



Image: The Mira Plus Fertility Monitor, several test wands, and a smartphone displaying the Mira App interface with a hormone tracking chart.

2. Package Contents

Verify that all components are present in your Mira Plus Starter Kit:

- Mira Fertility Digital Analyzer (Monitor)
- 10 Mira Plus Wands (for LH and E3G testing)
- USB Charging Cable
- Quick Start Guide (refer to this manual for detailed instructions)

3. Setup

3.1 Charging the Analyzer

Before first use, fully charge the Mira Fertility Digital Analyzer using the provided USB cable. Connect the cable to the analyzer and a compatible USB power source. The device should be charged at an ambient temperature between 5°C to 40°C (41°F to 104°F).

3.2 Installing the Mira App

Download the Mira App from the Apple App Store (for iPhone 5 and iOS 10.6 and up) or Google Play Store (for Android

5.0 or higher). Follow the on-screen instructions to create an account and pair your Mira Analyzer via Bluetooth.

4. Operating Instructions

4.1 Performing a Test

Follow these steps for accurate hormone testing:

1. **Prepare:** Ensure your Mira Analyzer is charged and the Mira App is open on your smartphone.
2. **Collect Urine Sample:** Collect a urine sample in a clean, dry container.
3. **Dip Test Wand:** Dip a Mira Plus Test Wand into the urine sample for approximately **10 seconds**. **Critical:** Sampling duration is important. Too long or too short can cause errors.
4. **Remove and Position:** Remove the wand from the urine. Keep the sampling end of the test wand pointing downwards to prevent contamination.
5. **Insert into Analyzer:** Immediately insert the wand horizontally into the Mira Analyzer. Ensure the Analyzer is sitting on a horizontal surface and the wand is fully inserted.
6. **Wait for Results:** The Analyzer will process the sample. Your estradiol metabolite (estrogen) and LH levels will be meticulously analyzed, and crystal-clear, accurate results will be conveniently sent to the Mira App in approximately 21 minutes.

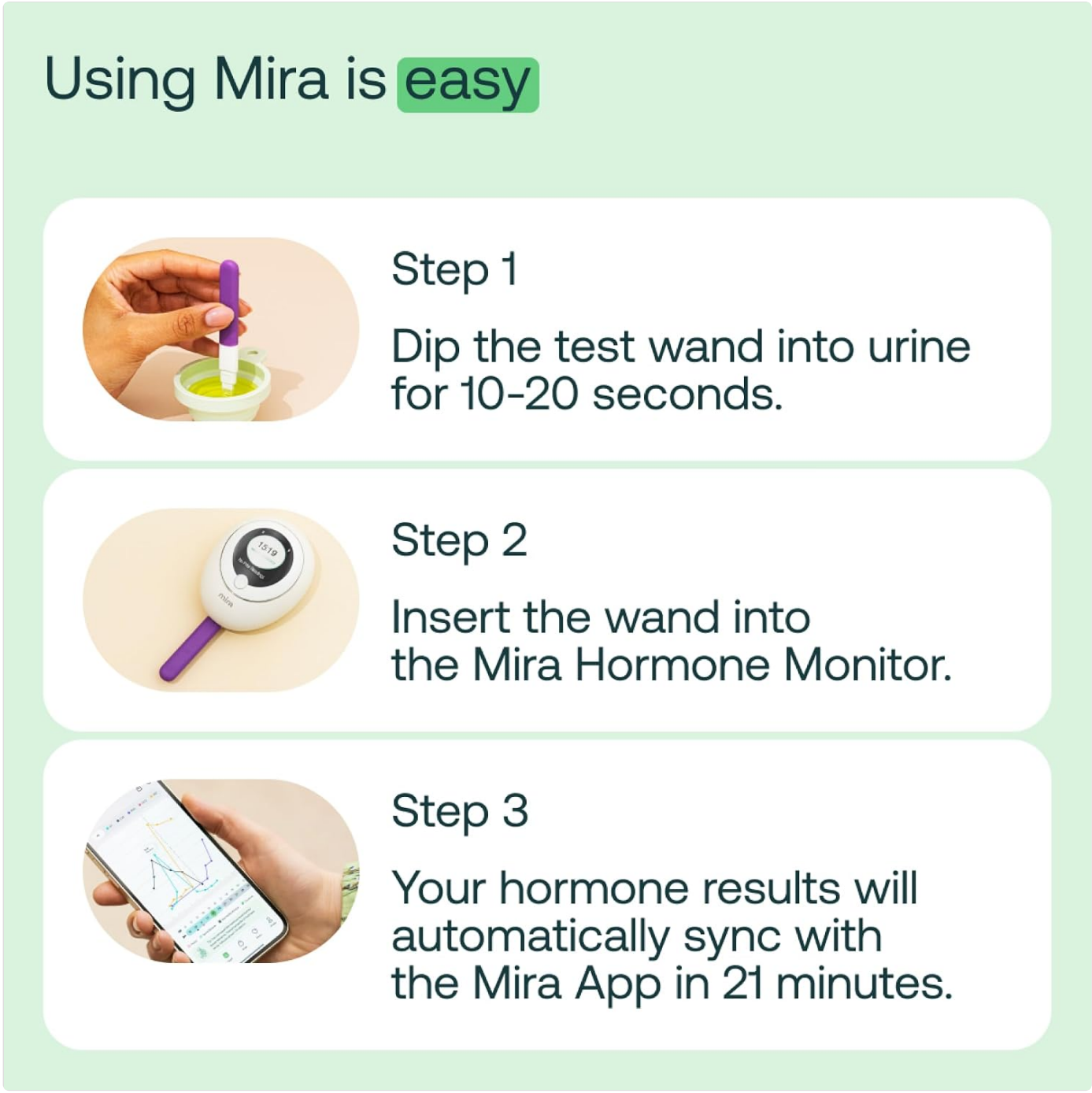


Image: Visual guide for using the Mira system, illustrating dipping the test wand, inserting it into the monitor, and viewing results on the app.

4.2 Understanding Your Results

The Mira App provides a detailed view of your hormone levels and cycle predictions. It uses advanced AI technology to learn your unique hormone patterns, offering personalized ovulation predictions and fertility guidance.

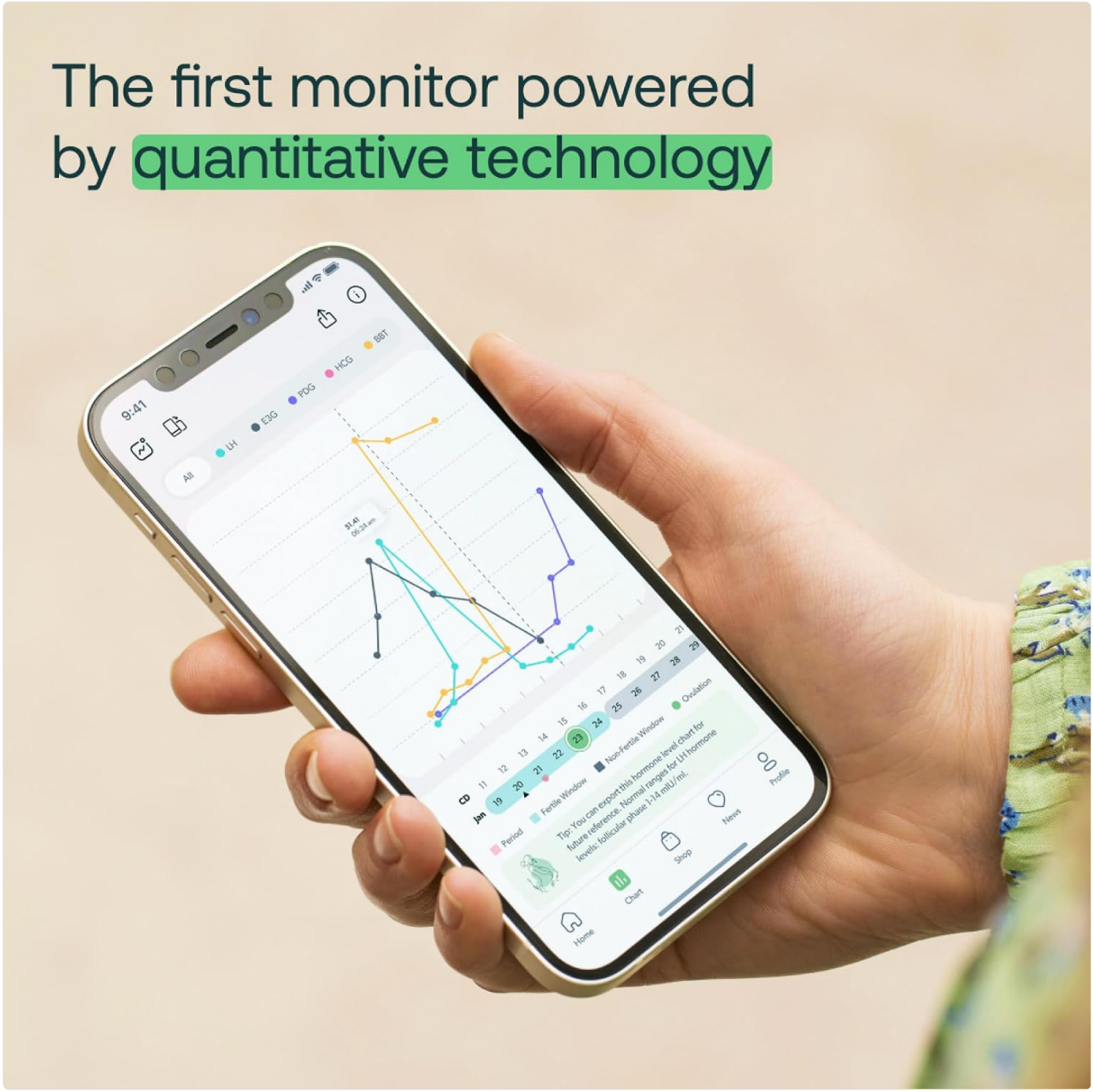


Image: A smartphone screen showing the Mira App's hormone chart, illustrating the quantitative tracking of LH and E3G levels over a menstrual cycle.

The app will display numerical values for LH and E3G, along with a graphical representation of your hormone trends. This allows for a more precise understanding of your fertile window compared to traditional qualitative tests.

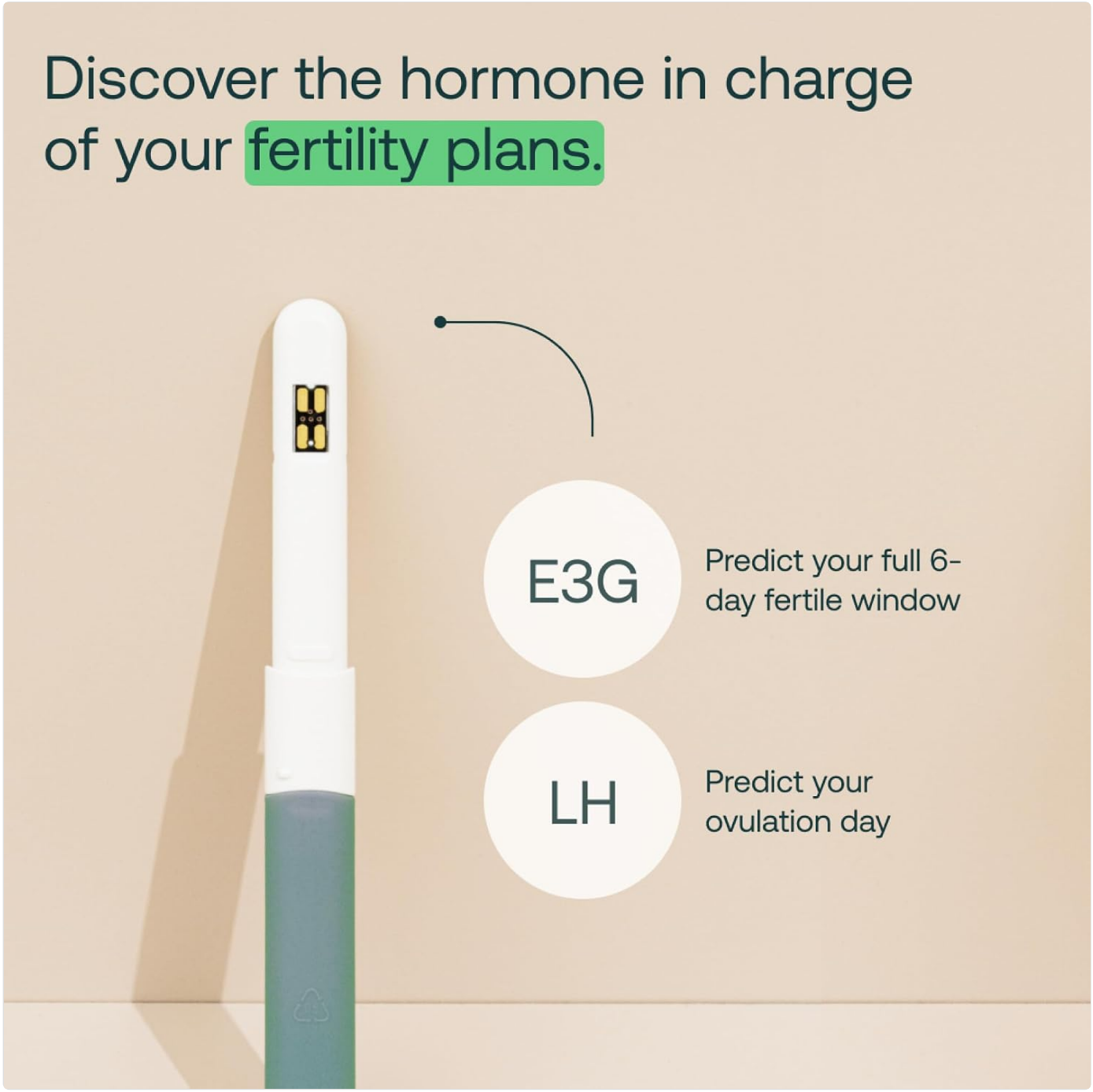


Image: A graphic explaining that E3G helps predict the 6-day fertile window, and LH helps predict the ovulation day.

5. Maintenance

5.1 Cleaning the Analyzer

Wipe the exterior of the Mira Analyzer with a soft, damp cloth. Do not submerge the device in water or use harsh chemical cleaners. Ensure the test wand slot remains clean and free of debris.

5.2 Storage

Store the Mira Analyzer and unused test wands in a cool, dry place, away from direct sunlight and extreme temperatures. Keep out of reach of children.

6. Troubleshooting

Problem	Possible Cause	Solution
Test Error / Invalid Result	Incorrect urine sampling duration (too long or too short). Wand not fully inserted. Analyzer not on a horizontal surface.	Ensure wand is dipped for exactly 10 seconds. Verify the wand is fully inserted into the Analyzer. Place the Analyzer on a flat, stable surface during testing.
No Sync to App	Bluetooth is off on phone or Analyzer. App not open or updated. Low Analyzer battery.	Ensure Bluetooth is enabled on both devices. Open the Mira App and ensure it's the latest version. Charge the Analyzer fully.
Analyzer Not Turning On	Low or depleted battery.	Connect the Analyzer to a power source using the USB cable and charge it for at least 2 hours.

If you encounter issues not listed here, please refer to the official Mira support resources or contact customer service.

7. Specifications

- **Product Dimensions:** 3.54 x 2.83 x 2.2 inches
- **Weight:** 13.44 ounces
- **Batteries:** 1 AA battery required (included)
- **Compatibility:** iPhone devices (iPhone 5 and iOS 10.6 and up), Android devices (Android 5.0 or higher)
- **Connectivity:** Bluetooth
- **Manufacturer:** Quanovate Tech
- **ASIN:** B08XMWZJ1S

8. Important Safety Information and Legal Disclaimer

This device is intended for in-vitro diagnostic use. Do not ingest any components. Keep out of reach of children. Store in a dry place at room temperature.
Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. The Mira Fertility Monitor is a tool to aid in fertility tracking and should not be used as a form of contraception. Consult with a healthcare professional for any medical concerns or before making any health-related decisions.

9. Warranty and Support

For detailed warranty information, product support, or to contact customer service, please visit the official Mira website or refer to the documentation included with your product. Ensure you register your product to receive updates and support.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question