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Marea B60002/3

Marea Smart Watch B60002/3 User Manual

Model: B60002/3 | Brand: Marea

1. PRODUCT OVERVIEW

The Marea Smart Watch B60002/3 is designed to help you monitor your health and activity, stay connected, and manage daily tasks. Its features include:

- **Health Monitoring:** Records heart rate, blood pressure, blood oxygen, and sleep patterns.
- **Activity Tracking:** Logs calories consumed, distance traveled, and steps taken throughout the day.
- **Training Mode:** Dedicated mode for tracking workouts.
- **Reminders:** Includes water drinking reminders and sedentary reminders.
- **Notifications:** Displays the last 3 messages or news alerts from your connected smartphone.
- **Additional Functions:** Phone finder, alarm clock, smart watch finder, remote camera control, raise wrist to light up the screen, do not disturb mode, and vibration alerts.

2. SETUP GUIDE

2.1 Initial Charging

Before first use, fully charge your Marea Smart Watch. Connect the charging cable to the charging port on the watch and plug the USB end into a standard USB power adapter (not included) or a computer's USB port. The watch display will indicate charging status.

2.2 App Installation and Pairing

To unlock the full potential of your smart watch, download the companion application on your smartphone. Search for "Marea Smart" or a similar app name in your device's app store (Google Play Store for Android, Apple App Store for iOS).

1. Download and install the app.
2. Enable Bluetooth on your smartphone.
3. Open the app and follow the on-screen instructions to create an account or log in.
4. Select "Add Device" or "Pair Device" within the app.
5. The app will search for your Marea Smart Watch (B60002/3). Select it from the list of found devices.
6. Confirm the pairing request on both your watch and smartphone if prompted.

Once paired, the watch will synchronize data with your smartphone and display the correct time and date.

3. OPERATING INSTRUCTIONS

3.1 Basic Navigation

The Marea Smart Watch B60002/3 features a touch-sensitive screen and side buttons for navigation.

- **Touch Screen:** Swipe left/right or up/down to navigate through menus and functions. Tap to select an option.
- **"MENU" Button:** Typically used to access the main menu or return to the previous screen.
- **"ON/OFF" Button:** Press and hold to power the watch on or off. A short press may turn the screen on/off or act as a back button.

3.2 Health Monitoring

Access health features directly from the watch or through the app.



Image: The Marea Smart Watch displaying the heart rate measurement screen, indicated by "Frecuencia cardiaca" (Heart Rate) and a heart icon.

- **Heart Rate:** Navigate to the Heart Rate section (often labeled "HEART" or with a heart icon). Tap to start a measurement.
- **Blood Pressure & Blood Oxygen:** Similar to heart rate, find these options in the health menu and tap to initiate a reading.
- **Sleep Monitoring:** The watch automatically tracks your sleep when worn during the night. View detailed sleep data in the companion app.

3.3 Activity Tracking

Your watch continuously tracks your daily activity.

- **Steps, Distance, Calories:** Swipe through the watch faces or menus to view your daily steps,

distance covered, and calories burned.

- **Training Mode:** Select "Training Mode" from the menu to choose specific activities (e.g., running, walking) and track your performance during workouts.

3.4 Notifications and Reminders

- **Notifications:** Ensure notifications are enabled in your smartphone app. Incoming calls, messages, and app alerts will be displayed on your watch.
- **Water Reminder:** Set intervals in the app to receive reminders to drink water.
- **Sedentary Reminder:** The watch will vibrate to remind you to move if you have been inactive for too long. Configure this in the app.

3.5 Other Functions

- **Phone Finder:** Use this function on your watch to make your paired smartphone ring (if within Bluetooth range).
- **Alarm Clock:** Set alarms via the app, and your watch will vibrate at the set time.
- **Remote Camera:** Control your smartphone's camera remotely by tapping the camera icon on your watch.
- **Raise Wrist to Light Screen:** Enable this feature in the app to automatically turn on the watch screen when you raise your wrist.
- **Do Not Disturb Mode:** Activate this mode on the watch or via the app to silence notifications and vibrations.

4. MAINTENANCE

4.1 Cleaning Your Watch

Regularly clean your watch and strap to prevent skin irritation and maintain its appearance. Use a soft, damp cloth to wipe the screen and strap. For stubborn dirt, a mild soap solution can be used, but ensure no liquid enters the watch. Dry thoroughly after cleaning.

4.2 Water Resistance (IP68)

The Marea Smart Watch B60002/3 has an IP68 water protection rating. This means it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, hand washing, and light rain. *Do not use it for swimming, diving, or in hot water/steam environments (e.g., showers, saunas) as this can compromise the seal.*

4.3 Battery Care

To prolong battery life:

- Avoid extreme temperatures.
- Charge the watch before the battery is completely depleted.
- If storing for a long period, charge it to about 50% and recharge every few months.

5. TROUBLESHOOTING

5.1 Watch Not Turning On/Charging

- Ensure the charging cable is securely connected to both the watch and the power source.

- Try a different USB port or power adapter.
- Clean the charging contacts on the watch and cable.

5.2 Unable to Pair with Smartphone

- Make sure Bluetooth is enabled on your smartphone and the watch is within range.
- Restart both your smartphone and the watch.
- Forget the device in your smartphone's Bluetooth settings and try pairing again through the app.
- Ensure the app is up to date.

5.3 Inaccurate Health Readings

- Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.
- Keep the sensor clean and free from debris.
- Avoid excessive movement during measurements.
- *Note: This device is not a medical device. Readings are for reference only and should not be used for medical diagnosis or treatment.*

5.4 Watch Screen Unresponsive

- Try pressing the side buttons to wake the screen.
- If unresponsive, perform a force restart (refer to "Powering On/Off" in section 3.1, usually by holding the power button for an extended period).

6. SPECIFICATIONS

Feature	Detail
Brand	Marea
Model Number	B60002/3
Screen Size	0.96 inches
Display Type	Digital
Battery Capacity	200 mAh (up to 10 days normal use)
Water Protection	IP68
Dimensions	43 x 47 x 12 cm
Wireless Communication	Bluetooth
Compatible Devices	Smartphone
Special Features	Alarm Clock, Training Mode, Health Monitoring
Shape	Rectangular
Target Audience	Women, Adult

7. WARRANTY AND SUPPORT

For warranty information and technical support, please refer to the documentation included with your purchase or contact the retailer/manufacturer directly. Keep your proof of purchase for warranty claims.