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Timex Ironman Classic 30 Oversized

Timex Ironman Classic 30 Oversized Watch Instruction Manual

Model: TW5M461009J | Brand: Timex

1. INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Timex Ironman Classic 30 Oversized Digital Watch. Please read this guide thoroughly to ensure proper use and to maximize the lifespan of your timepiece.

2. KEY FEATURES

- Digital Display
- Quartz Movement
- 100-Meter Water Resistance
- INDIGLO® Night-Light with Night-Mode
- 30-Lap Memory Chronograph (Stopwatch)
- Countdown Timer
- Daily Alarm
- Durable Resin Case and Strap

3. WATCH OVERVIEW

Familiarize yourself with the watch's components and button functions.



Figure 1: Front view of the watch, highlighting the digital display and button layout.



Figure 2: Side view of the watch, illustrating its slim design and integrated buttons.



Figure 3: Rear view of the watch, displaying the stainless steel case back and resin strap.



Figure 4: Detailed view of the watch's underside, including the buckle and engraved information.

4. SETUP

4.1. Initial Power On

Your watch comes with a pre-installed lithium metal battery. It should be ready for immediate use. If the display is blank, press any button to activate it. If it remains blank, the battery may need replacement (refer to Section 6.2).

4.2. Setting Time and Date

1. From the Time-of-Day mode, press and hold the **SET/RECALL** button until the display flashes.
2. Press the **MODE** button to cycle through the settings: seconds, hour, minute, 12/24-hour format, year, month, day.
3. Use the **START/SPLIT** button to increase the flashing value or the **INDIGLO** button to decrease it.
4. Once all settings are adjusted, press **SET/RECALL** to exit the setting mode.

5. OPERATING INSTRUCTIONS

5.1. Mode Selection

Press the **MODE** button repeatedly to cycle through the following functions:

- Time-of-Day
- Chronograph (Stopwatch)
- Timer
- Alarm

5.2. Chronograph (Stopwatch)

The chronograph measures elapsed time, lap times, and split times.

1. Navigate to Chronograph mode using the **MODE** button.
2. Press **START/SPLIT** to begin timing.
3. Press **START/SPLIT** again to record a lap/split time. The display will show the split time for a few seconds before returning to the running total.
4. Press **STOP/RESET** to pause the chronograph.
5. Press **STOP/RESET** again to reset the chronograph to zero.

6. To recall stored laps, press **SET/RECALL** in Chronograph mode when the chronograph is stopped.

5.3. Countdown Timer

The timer can be set for any duration up to 24 hours.

1. Navigate to Timer mode using the **MODE** button.
2. Press and hold **SET/RECALL** until the display flashes.
3. Use **MODE** to select hours, minutes, or seconds. Use **START/SPLIT** to increase the value or **INDIGLO** to decrease it.
4. Press **SET/RECALL** to save the setting.
5. Press **START/SPLIT** to start the countdown.
6. The timer will beep when it reaches zero. Press any button to stop the alarm.

5.4. Daily Alarm

Set an alarm to sound at a specific time.

1. Navigate to Alarm mode using the **MODE** button.
2. Press and hold **SET/RECALL** until the hour flashes.
3. Use **START/SPLIT** to adjust the hour and **MODE** to switch to minutes.
4. Use **START/SPLIT** to adjust the minutes.
5. Press **SET/RECALL** to save the alarm time.
6. To activate/deactivate the alarm, press **START/SPLIT** in Alarm mode. An alarm icon will appear/disappear on the display.

5.5. INDIGLO® Night-Light

The INDIGLO® night-light illuminates the watch display for low-light conditions.

- Press the **INDIGLO** button to activate the backlight for a few seconds.
- **Night-Mode:** To activate Night-Mode, press and hold the **INDIGLO** button for 3 seconds. The night-light will stay on for 8 seconds with any button press. Repeat to deactivate.

6. WATER RESISTANCE GUIDELINES

Your Timex Ironman Classic 30 Oversized watch is water-resistant to 100 meters (328 feet). This makes it suitable for showering, swimming, and snorkeling. However, it is crucial to follow these guidelines:

- **Do not press any buttons underwater.** Pressing buttons underwater can compromise the watch's water resistance.
- Avoid exposing the watch to extreme temperature changes (e.g., hot showers followed by cold water).
- After exposure to saltwater, rinse the watch with fresh water and dry it thoroughly.

DEGREE OF WATER RESISTANCE OF TIMEX® WATCHES

	 Rain Resistant	 Light Swimming	 Snorkeling	 Poolside Diving	 Surfing	 Recreational Scuba Diving
30 METERS 98 FEET 60 ATMS						
50 METERS 164 FEET 86 ATMS						
100 METERS 328 FEET 160 ATMS						
200 METERS 656 FEET 284 ATMS						

Watches labeled water-resistant without a depth indicated can withstand splashes and rain, but should not be submerged. To maintain water resistance, do not press any buttons under water unless your watch is indicated as 200 meter water resistant.

TIMEX

Figure 5: Timex Water Resistance Chart. This watch is rated for 100 meters, suitable for light swimming and snorkeling.

7. MAINTENANCE

7.1. Cleaning

Regularly clean your watch with a soft, damp cloth. For resin straps, mild soap and water can be used. Ensure the watch is completely dry before storage.

7.2. Battery Replacement

The watch uses a Lithium Metal battery. When the display dims or functions become erratic, it may be time for a battery replacement. It is recommended to have the battery replaced by a qualified watch technician to ensure proper sealing and maintain water resistance.

8. TROUBLESHOOTING

If you encounter issues with your watch, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Display is blank or dim	Low battery	Replace battery (see Section 7.2)
Buttons are unresponsive	Watch may be in a locked mode or internal issue	Try a soft reset by pressing all buttons simultaneously for a few seconds. If issue persists, contact support.

Problem	Possible Cause	Solution
Water inside the watch	Water resistance compromised	Immediately take the watch to a qualified service center. Do not attempt to dry it yourself.

9. SPECIFICATIONS

Feature	Detail
Model Name	Ironman Classic 30 Oversized
Model Number	TW5M461009J
Display Type	Digital
Movement Type	Quartz
Case Material	Resin
Case Diameter	43 Millimeters
Case Thickness	10 Millimeters
Band Material	Resin
Band Width	20 Millimeters
Band Length	8 Inches
Crystal Material	Acrylic
Water Resistance Depth	100 Meters (328 Feet)
Power Source	Battery Powered (1 Lithium Metal battery included)
Item Weight	0.1 Pounds

10. OFFICIAL PRODUCT VIDEO

Watch this official video from Timex for an overview of the Ironman Classic series, highlighting key features and durability.

Your browser does not support the video tag.

Video 1: Timex Ironman Classic and Rugged Men's Watch Overview. This video showcases the design, features, and robust nature of the Ironman Classic series.

11. WARRANTY AND SUPPORT

Your Timex Ironman Classic 30 Oversized Watch is covered by a manufacturer's warranty. For specific warranty details, claims, or further support, please refer to the warranty information provided with your purchase or visit the official Timex website.

For additional assistance, you may contact Timex customer service directly.

