

## JayTech BT36G

# JayTech BT36G Fitness Tracker User Manual

Model: BT36G

## 1. INTRODUCTION

---

Thank you for choosing the JayTech BT36G Fitness Tracker. This manual provides essential information for setting up, operating, and maintaining your device. Please read it thoroughly before use to ensure proper function and to maximize your experience.

## 2. SAFETY INFORMATION

---

- Do not attempt to disassemble or modify the device.
- Keep the device away from extreme temperatures, direct sunlight, and moisture.
- Avoid strong impacts or dropping the device.
- Consult a medical professional before starting any new exercise regimen, especially if you have pre-existing health conditions.
- This device is not a medical instrument and should not be used for diagnostic or treatment purposes.
- Keep out of reach of children.

## 3. PACKAGE CONTENTS

---

Please check the package for the following items:

- JayTech BT36G Fitness Tracker (1 unit)
- Charging Cable (USB)

- User Manual (this document)

## 4. PRODUCT OVERVIEW

---

The JayTech BT36G Fitness Tracker features a rectangular color display and a comfortable strap, designed for daily wear. It includes sensors for activity and health monitoring.



Image showing the front view of the JayTech BT36G Fitness Tracker, featuring its rectangular color display and black strap.

### Key Components:

- **Display:** 1.3-inch color touchscreen for interaction and information display.
- **Sensor Module:** Located on the back, for heart rate and other health metrics.
- **Charging Port:** Integrated into the device, typically accessible by removing one side of the strap.
- **Strap:** Adjustable and durable for secure wearing.

## 5. SETUP

---

### 5.1 Charging the Device

1. Locate the charging port on your fitness tracker. This is often revealed by gently pulling off one side of the strap.
2. Connect the charging cable to the tracker's charging port.
3. Plug the USB end of the cable into a standard USB power adapter (5V/1A recommended) or a computer's USB port.
4. The display will show a charging indicator. Charge the device fully before first use, which typically takes 1-2 hours.

### 5.2 App Installation

To unlock the full functionality of your JayTech BT36G, you need to install the companion application on your smartphone.

- Search for the "**WearFit**" app in your smartphone's app store (Google Play Store for Android or Apple App Store for iOS).
- Download and install the app.
- Ensure your smartphone meets the minimum operating system requirements: Android 4.4 or later / iOS 8.4 or later.

### 5.3 Pairing with Your Smartphone

1. Ensure your fitness tracker is charged and powered on.
2. Enable Bluetooth on your smartphone.
3. Open the "WearFit" app on your smartphone.
4. Follow the in-app instructions to create an account or log in.
5. Navigate to the device pairing section within the app (usually labeled "Device," "My Device," or a similar option).
6. The app will search for available devices. Select "BT36G" or a similar identifier when it appears.
7. Confirm the pairing request on both your smartphone and the fitness tracker if prompted.
8. Once paired, the app will synchronize data with your tracker, and you can customize settings.

## 6. OPERATING INSTRUCTIONS

---

### 6.1 Power On/Off

- **Power On:** If the device is off, press and hold the touch button (or designated area) on the display for a few seconds until the screen lights up.

- **Power Off:** Navigate to the 'Settings' or 'More' menu on the tracker, then select 'Power Off' or 'Shutdown'. Confirm the action.

## 6.2 Basic Navigation

The BT36G features a touchscreen interface:

- **Swipe Up/Down:** To scroll through different menus and features.
- **Swipe Left/Right:** To access quick views or specific functions.
- **Tap:** To select an item or confirm an action.
- **Press and Hold:** May be used for certain functions like changing watch faces or confirming settings.

## 6.3 Key Features

- **Activity Tracking:** Monitors steps taken, distance covered, and calories burned throughout the day. View daily summaries on the tracker or detailed reports in the WearFit app.
- **Heart Rate Monitor:** Provides real-time heart rate readings. Access this feature from the main menu. For best results, ensure the tracker is snug on your wrist.
- **Sleep Monitor:** Automatically tracks your sleep patterns, including deep sleep, light sleep, and awake times. Review your sleep data in the WearFit app.
- **Notifications:** Displays incoming calls, SMS messages, and app notifications from your paired smartphone. Enable and customize notification settings in the WearFit app.
- **Alarm Function:** Set silent alarms through the WearFit app to vibrate on your wrist at specified times.
- **Activity Alarm (Sedentary Reminder):** Reminds you to move if you have been inactive for a prolonged period. Configure this in the app.
- **Multi-Sport Modes:** Select specific exercise modes (e.g., running, walking) to track your workouts more accurately.

# 7. MAINTENANCE

---

## 7.1 Cleaning

- Regularly clean your tracker and strap to prevent skin irritation and maintain device hygiene.
- Wipe the device with a soft, damp, lint-free cloth. Do not use harsh chemicals or abrasive cleaners.
- Ensure the device is completely dry before charging or wearing.

## 7.2 Storage

- Store the device in a cool, dry place when not in use.
- Avoid storing it in direct sunlight or in environments with high humidity.

## 7.3 Battery Care

- To prolong battery life, avoid fully discharging the battery frequently.
- If storing for an extended period, charge the device to about 50% before storage.

## 8. TROUBLESHOOTING

---

### Device Not Powering On:

- Ensure the device is fully charged. Connect it to a charger for at least 30 minutes.
- Try pressing and holding the touch button for an extended period (10-15 seconds).

### Unable to Pair with Smartphone:

- Make sure Bluetooth is enabled on your smartphone.
- Ensure the tracker is within Bluetooth range (typically 10 meters or 33 feet).
- Restart both your smartphone and the fitness tracker.
- Check if the WearFit app is updated to the latest version.
- If previously paired, try unpairing the device from your phone's Bluetooth settings and then re-pairing through the app.

### Inaccurate Readings (Heart Rate, Steps):

- Ensure the tracker is worn snugly on your wrist, about one finger's width above your wrist bone.
- Clean the sensor on the back of the tracker.
- Ensure your personal information (height, weight, age) is accurately entered in the WearFit app.

### Notifications Not Appearing:

- Verify that notification permissions are granted to the WearFit app in your smartphone's settings.
- Ensure notifications are enabled for specific apps within the WearFit app settings.
- Check that your phone's Bluetooth connection is active and stable.

## 9. SPECIFICATIONS

---

<b>Brand:</b>	JayTech
<b>Model:</b>	BT36G
<b>Model Name:</b>	7700 1470
<b>Operating System:</b>	Android, iOS
<b>Compatible Devices:</b>	Smartphone (Android 4.4+ / iOS 8.4+)
<b>Display Size:</b>	1.3 inches (3.3 cm)
<b>Display Type:</b>	Digital Color Display
<b>Display Resolution:</b>	240 x 240 pixels

<b>Human Interface Input:</b>	Touchscreen
<b>Connectivity Technology:</b>	Bluetooth 4.0
<b>Battery:</b>	150 mAh Lithium Battery (Built-in)
<b>Special Features:</b>	Heart Rate Monitor, Sleep Monitor, Push Notifications, Call Display, Alarm Function, Activity Alarm, G-sensor
<b>Weight:</b>	Approx. 36 g
<b>Shape:</b>	Rectangular

## 10. WARRANTY AND SUPPORT

---

For warranty information and customer support, please refer to the documentation provided at the time of purchase or contact your retailer. You may also visit the official JayTech website for further assistance.

Please retain your proof of purchase for warranty claims.