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› OLsky Deep Tissue Massage Gun User Manual

OLsky M68-7

OLsky Deep Tissue Massage Gun User Manual

Model: M68-7

PRODUCT OVERVIEW

The OLsky Deep Tissue Massage Gun is a versatile handheld electric muscle massager designed to provide high-intensity percussion for pain relief and muscle recovery. It features multiple attachments and adjustable speed settings to cater to various massage needs.



Image: The OLsky Deep Tissue Massage Gun shown with its full set of 9 interchangeable massage heads.

SAFETY INFORMATION

For your safety and to ensure proper use of the device, please adhere to the following guidelines:

- Always use on skin, not directly on bones or joints.
- Avoid using on injured or inflamed areas.
- Keep out of reach of children.
- Do not use while sleeping or unconscious.
- Consult a doctor before use if you have any health conditions or are pregnant.
- Always unplug the device when not in use.

SETUP

Unboxing

The OLsky Deep Tissue Massage Gun comes in a compact carrying case for easy transport and storage. Inside, you will find the massage gun unit, 9 different massage heads, and a charging cable.

Charging the Device

Before initial use, ensure the device is fully charged. The massage gun is equipped with a rechargeable Lithium Ion battery. Connect the provided charging cable to the USB-C port located at the bottom of the handle. The smart LED display will indicate the current battery percentage, allowing you to monitor charging progress.



Image: Illustration of the massage gun's long-lasting 2500mAh battery, providing 4-6 hours of use per charge.

Attaching Massage Heads

Select the appropriate massage head for your specific muscle group or desired massage type. Firmly insert the chosen head into the front opening of the massage gun until it is securely seated. To remove a head, gently pull it

straight out from the device.

OPERATING INSTRUCTIONS

Power On/Off

To power on the device, locate the main power switch at the bottom of the handle and slide it to the "ON" position. The LCD display will illuminate. To begin percussion, press the power button on the LCD touch screen. To turn off the device, press and hold the power button on the LCD display, then slide the main power switch to "OFF".

Adjusting Speed Levels

The OLsky Massage Gun offers 30 adjustable speed levels. Use the '+' and '-' buttons on the LCD display to increase or decrease the intensity of the percussion. The display will show the current speed level. Different speed ranges are suitable for various needs:

- **1-8 Gears:** Muscle Activation
- **9-15 Gears:** Fascia Relaxation
- **16-24 Gears:** Deep Massage
- **25-30 Gears:** Professional Mode

30 PREFERRED SPEED LEVELS

LCD TOUCH SCREEN DISPLAY



Image: Close-up of the massage gun's LCD touch screen display, detailing speed and power indicators.

Application Guidelines

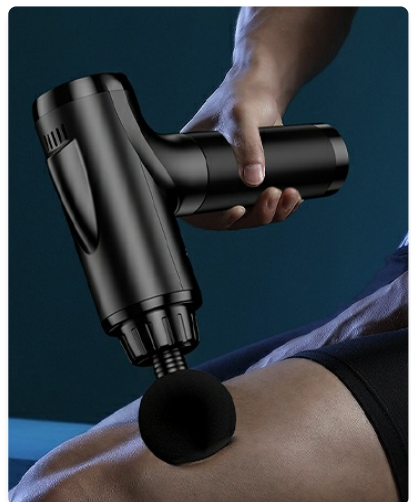
Always keep the massage gun perpendicular to your body and let it float over the muscle. Do not press too hard; the gun's own weight and mechanism provide sufficient pressure for effective massage. The ergonomic gun shape allows for a better grip and fatigue-free use.

12mm DEEP AMPLITUDE

Quickly Relieve Muscle Soreness and Relax Full Body



Image: A woman using the massage gun on her shoulder, illustrating the 12mm deep amplitude for muscle soreness relief.



Images: Examples of massage gun application on various muscle groups including arms, legs, and back.

Quiet Operation

The OLsky Massage Gun is designed for quiet operation, ensuring a relaxing experience without excessive noise. Its noise reduction technology keeps sound levels between 35-55dB, comparable to a quiet conversation.



Image: A visual representation of the massage gun's low noise level compared to other common sounds.

MAINTENANCE

Cleaning

After each use, wipe the device and all massage heads with a slightly damp cloth. Do not use harsh chemicals, abrasive cleaners, or immerse the device in water. Ensure the device is completely dry before storing.

Storage

Store the massage gun and its attachments in the provided carrying case. Keep the case in a cool, dry place, away from direct sunlight, moisture, and extreme temperatures.

TROUBLESHOOTING

- **Device Not Turning On:**

Ensure the main power switch at the bottom of the handle is in the "ON" position. Check the battery level on the LCD display; if low, fully charge the device.

- **Attachments Falling Off:**

Ensure each massage head is firmly inserted into the gun until it clicks securely. Avoid applying excessive sideways force or twisting motions during use, especially at higher speed settings.

- **Device Overheating:**

If the device feels excessively hot during operation, immediately turn it off and allow it to cool down completely before resuming use. Prolonged continuous use on a single area or at maximum intensity may contribute to heat buildup.

- **Device Turns Off Unexpectedly:**

The massage gun features an automatic shut-off function after approximately 10 minutes of continuous use to prevent overheating and conserve battery life. If the device turns off, simply restart it. If the device consistently turns off after very short periods or fails to hold a charge, this may indicate a battery issue.

If you encounter issues not listed here or if troubleshooting steps do not resolve the problem, please contact customer support for assistance.

SPECIFICATIONS

Brand	OLsky
Model Number	M68-7
Product Dimensions	9 x 7 x 3 inches
Item Weight	1.48 Pounds (670 Grams)
Power Source	Rechargeable Battery (1 Lithium Ion battery included)
Material	Plastic
Number of Attachments	9
Speed Levels	30
Country of Origin	China

WARRANTY AND SUPPORT

Warranty Information

For detailed warranty terms and conditions, please refer to the product packaging or visit the official OLSky brand store on Amazon. Warranty coverage typically includes manufacturing defects and material flaws under normal use.

Customer Support

If you have any questions, concerns, or require technical assistance with your OLSky Deep Tissue Massage Gun, please contact OLSky customer service. You can find contact information and additional resources by visiting the [OLSky Store on Amazon](#).