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› MOUNT PRO Single Monitor Wall Mount User Manual

MOUNT PRO PR7001

MOUNT PRO Single Monitor Wall Mount User Manual

Model: PR7001

1. INTRODUCTION

This manual provides detailed instructions for the installation, operation, and maintenance of your MOUNT PRO Single Monitor Wall Mount. This gas spring monitor arm is designed to securely hold 13 to 32 inch computer screens weighing between 4.4 and 17.6 lbs, offering full motion adjustments for optimal viewing comfort and productivity. Please read this manual thoroughly before installation and use to ensure safe and correct operation.

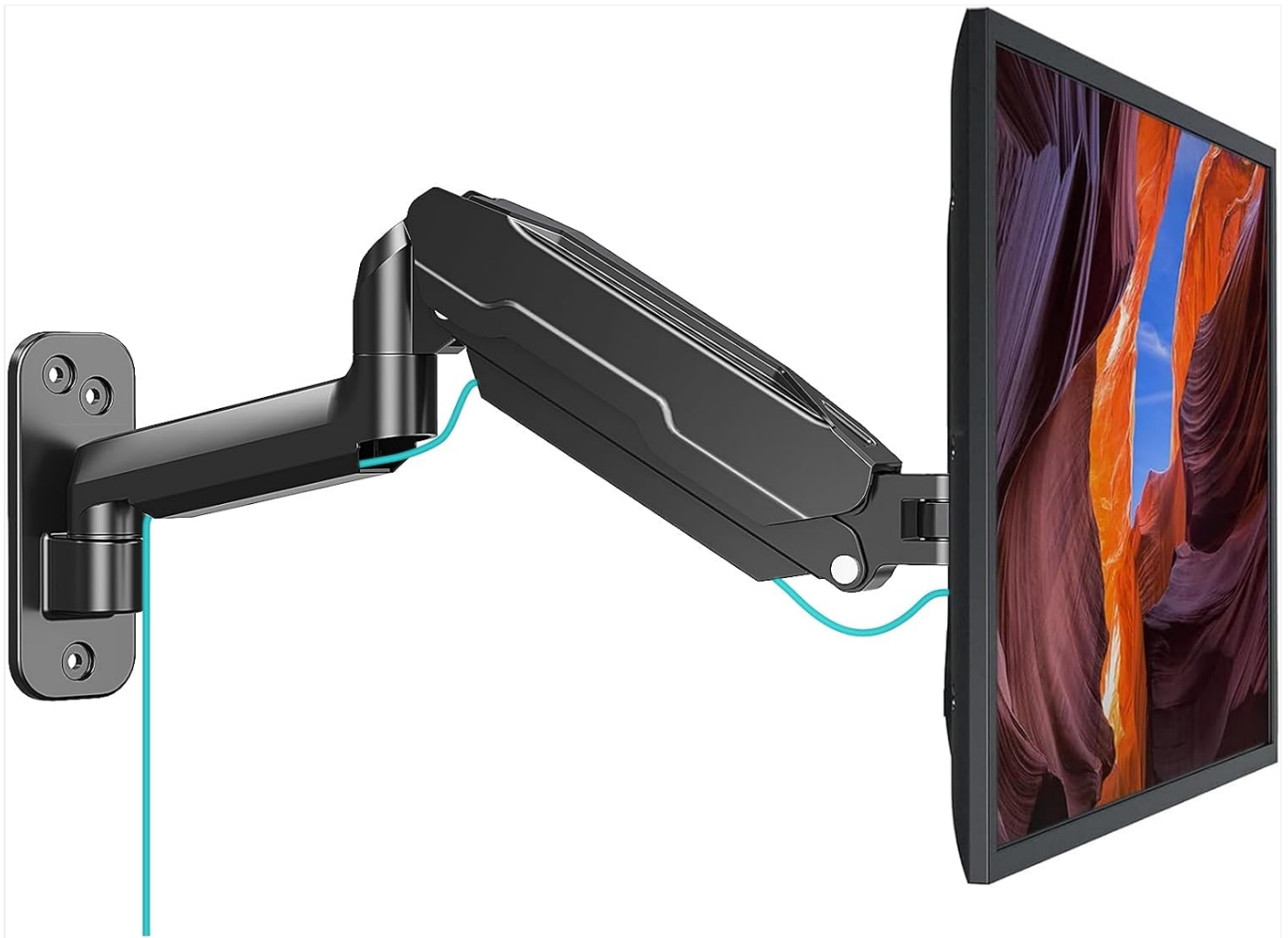


Image: The MOUNT PRO Single Monitor Wall Mount, shown with a monitor attached, demonstrating its sleek design and wall-mounted configuration.

2. SAFETY INFORMATION

Important Safety Instructions:

- Ensure the wall structure can support the combined weight of the mount and your monitor.
- **WARNING: DO NOT install on drywall alone.** This mount is designed for installation on wood studs, solid concrete walls, or brick walls.
- When installing on a wood stud wall, do not use the provided anchors.
- When installing on a solid concrete wall, the provided anchors are necessary.
- Do not exceed the maximum weight capacity of 17.6 lbs (8 kg).
- Ensure all screws are tightened securely before use.
- Keep children and pets away during installation.

Wall Compatibility

Do not mount on drywall alone!

Wood stud

Concrete wall

Brick wall



Image: Illustration of compatible wall types for installation, including wood stud, concrete, and brick, with a clear warning against drywall-only installation.

3. PACKAGE CONTENTS

Before proceeding with installation, please verify that all components are present and undamaged. The package includes all necessary hardware for assembly.

- Monitor Wall Mount Arm Assembly
- Wall Plate

- VESA Plate
- Mounting Hardware Kit (screws, washers, anchors for concrete)
- Instruction Manual

4. SPECIFICATIONS

Feature	Detail
Model Number	PR7001
Screen Size Compatibility	13 - 32 inches
Weight Capacity	4.4 - 17.6 lbs (2 - 8 kg)
VESA Compatibility	75x75mm, 100x100mm
Tilt Range	+90° to -90°
Swivel Range	180°
Rotation Range	360° (Portrait to Landscape)
Maximum Extension	20.4 inches
Minimum Distance to Wall	3.3 inches
Material	Metal
Color	Black
Product Dimensions (folded)	15.16 x 9.13 x 2.76 inches
Item Weight	4.16 pounds

Wide Compatibility

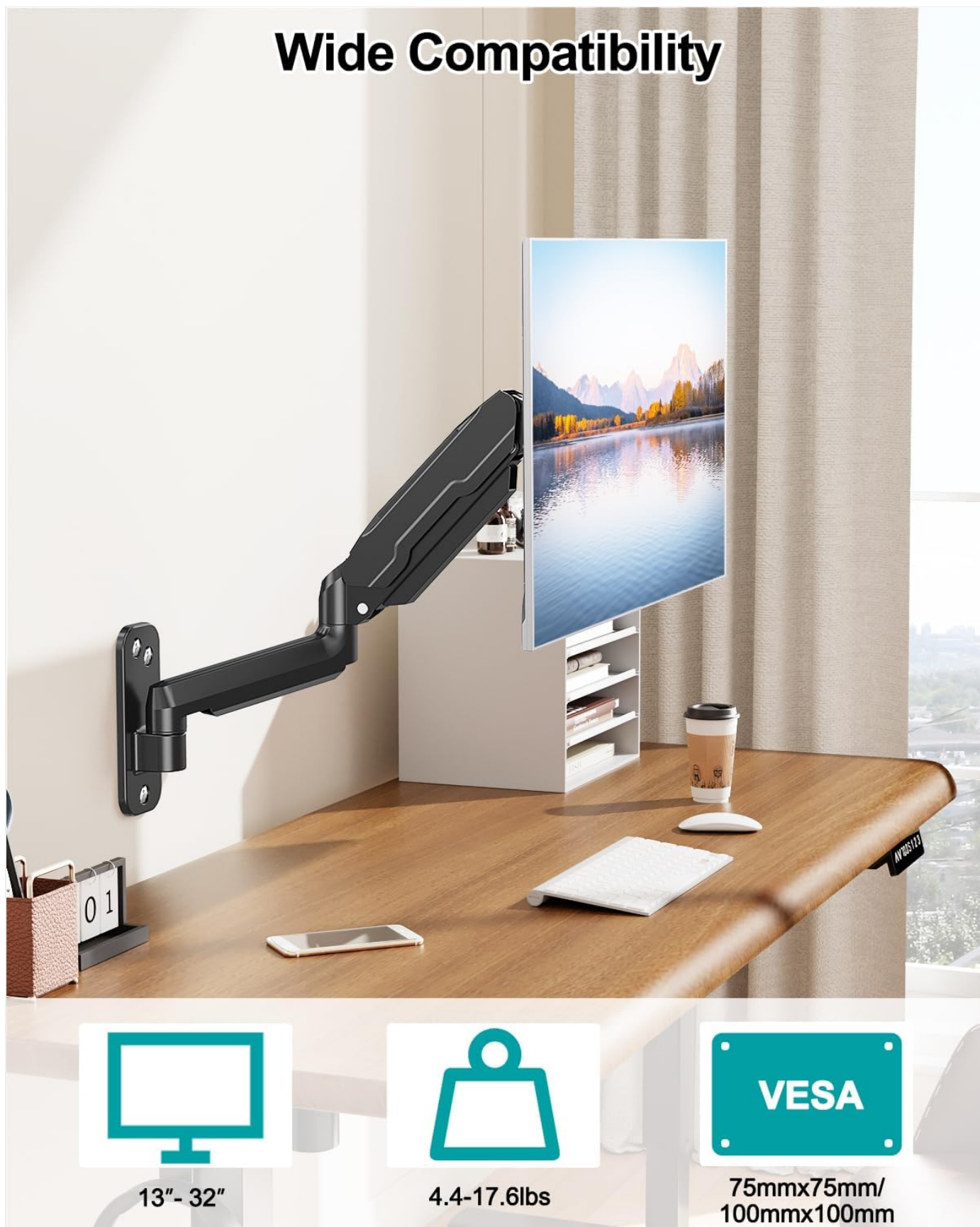


Image: Visual representation of the monitor mount's compatibility with various screen sizes, weight capacities, and VESA mounting standards.

5. SETUP AND INSTALLATION

This section outlines the steps for installing your MOUNT PRO Single Monitor Wall Mount. It is recommended to have a second person assist during certain steps for safety and ease of installation. The installation process can typically be completed within 10 minutes.

5.1 Pre-Installation Checklist

- Verify all package contents are present.
- Ensure your monitor's size (13-32 inches), weight (4.4-17.6 lbs), and VESA pattern (75x75mm or 100x100mm) are compatible with the mount.
- Identify your wall type (wood stud, solid concrete, or brick). **Do not install on drywall alone.**
- Gather necessary tools (e.g., drill, stud finder, level, screwdriver).



Image: Guide on how to check VESA compatibility for your monitor, showing the standard 75x75mm and 100x100mm patterns.

5.2 Wall Plate Installation

1. Locate the desired mounting position on your wall. Use a stud finder for wood studs.
2. Hold the wall plate against the wall at the desired height and use a level to ensure it is straight. Mark the drill holes.
3. Drill pilot holes according to your wall type:
 - **Wood Stud:** Drill pilot holes directly into the center of the stud. Do not use anchors.
 - **Solid Concrete/Brick:** Drill pilot holes and insert the provided wall anchors.
4. Attach the wall plate to the wall using the appropriate screws. Ensure it is securely fastened.

5.3 Monitor Arm and Monitor Attachment

1. Attach the VESA plate to the back of your monitor using the appropriate screws from the hardware kit. Ensure the screws are not overtightened.
2. Slide the monitor arm assembly onto the wall plate. Secure it with the provided locking mechanism or screws.
3. Carefully lift the monitor (with VESA plate attached) and hook it onto the monitor arm. Secure it with the VESA plate screws.
4. **Gas Spring Adjustment:** The gas spring needs to be adjusted to the weight of your monitor. Use the provided Allen key to turn the adjustment screw on the arm. Turn clockwise to increase tension for heavier monitors, and counter-clockwise to decrease tension for lighter monitors. Adjust until the monitor can be moved freely and stays in position when released.

6. OPERATING INSTRUCTIONS

Your MOUNT PRO Single Monitor Wall Mount offers a range of adjustments to customize your viewing experience and promote ergonomic posture.

6.1 Adjusting Monitor Position

- **Height Adjustment:** Gently push or pull the monitor up or down to achieve your desired height. The gas spring mechanism allows for smooth, effortless movement. This feature supports both sitting and standing positions.
- **Tilt Adjustment:** The monitor can be tilted +90° upwards and -90° downwards. Loosen the tilt screw slightly, adjust the angle, and then re-tighten to secure the position.
- **Swivel Adjustment:** The arm allows for 180° swivel, enabling you to turn your monitor left or right to share your screen or adjust your viewing angle.
- **Rotation Adjustment:** Rotate your monitor 360° to switch between landscape and portrait viewing modes.
- **Extension and Retraction:** The arm can extend up to 20.4 inches from the wall and retract to a minimum of 3.3 inches, providing flexibility for various desk setups and viewing distances.

Height Adjustment

Provide comfortable height for both sitting and standing

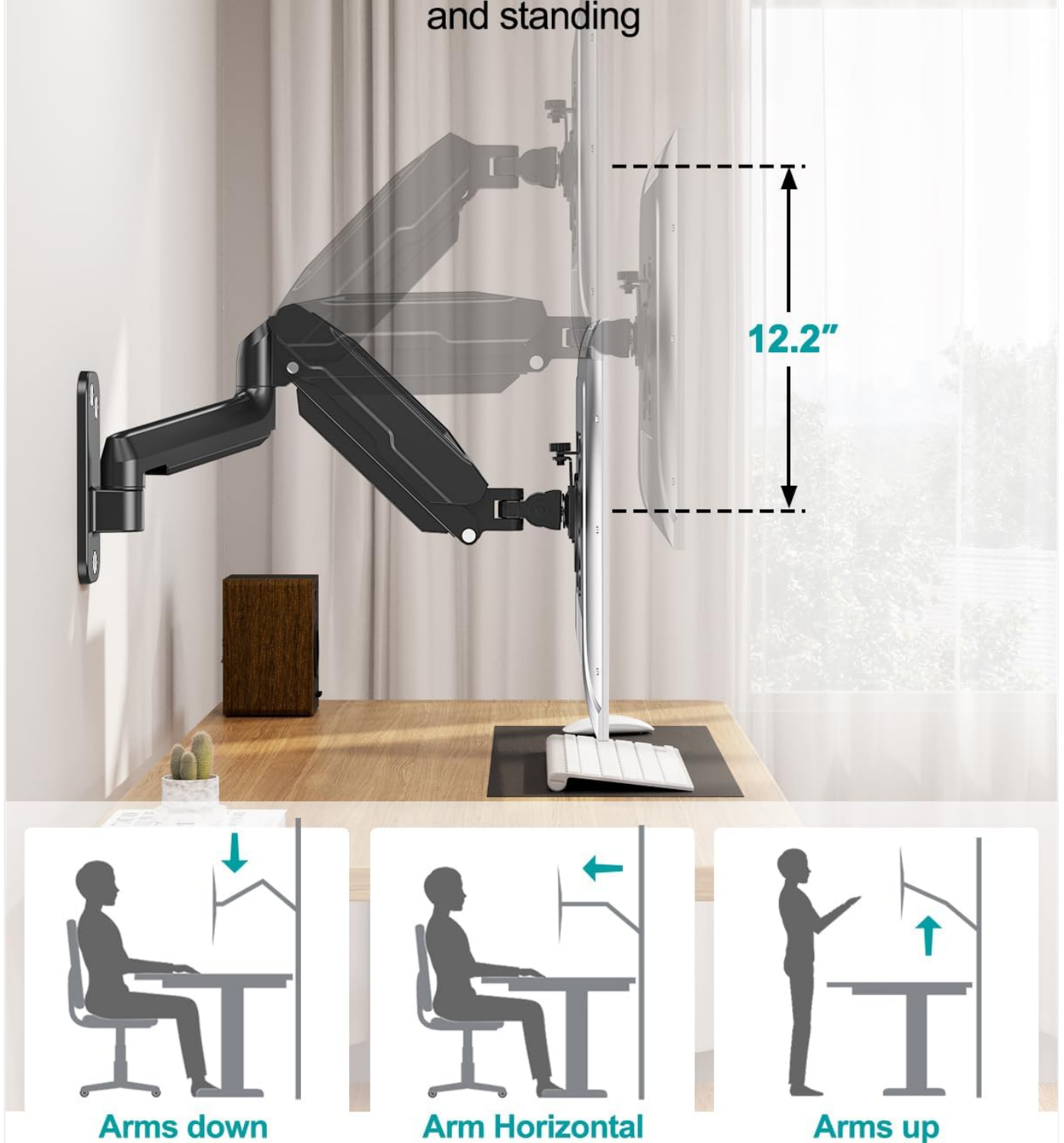


Image: Illustration demonstrating the height adjustment capability of the monitor arm, allowing for comfortable viewing whether sitting or standing.

Portrait or Landscape Viewing

Adjust your monitors to your preferences
with 360° rotation



Image: The monitor arm's 360-degree rotation feature, enabling seamless switching between portrait and landscape orientations.

Arm Extension and Retraction



Image: Visual representation of the monitor arm's extension and retraction capabilities, showing its range of motion from the wall.

6.2 Cable Management

The integrated cable management system helps keep your workspace tidy. Route your monitor's power and video cables along the arm and through the designated clips or channels to keep them organized and out of sight.

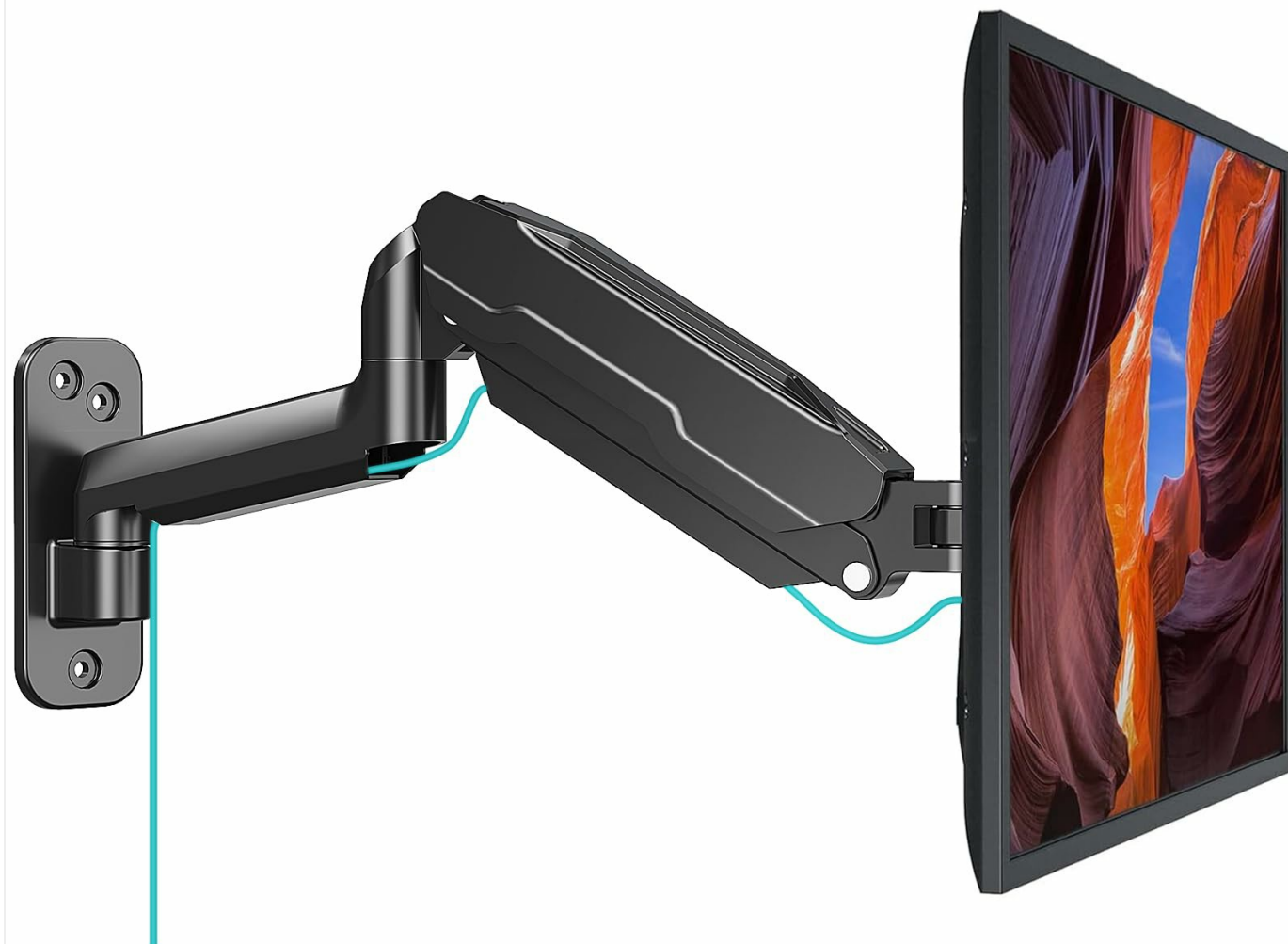


Image: The monitor arm with a monitor, illustrating how cables can be managed for a clean setup.

7. MAINTENANCE

To ensure the longevity and optimal performance of your MOUNT PRO Single Monitor Wall Mount, follow these simple maintenance guidelines:

- **Cleaning:** Wipe the mount with a soft, damp cloth. Avoid using abrasive cleaners or solvents that could damage the finish.
- **Periodic Checks:** Periodically check all screws and connections to ensure they remain tight. Re-tighten if necessary.
- **Gas Spring Adjustment:** If the monitor does not hold its position or moves too freely/stiffly, re-adjust the gas spring tension as described in the "Setup and Installation" section.

8. TROUBLESHOOTING

If you encounter any issues with your monitor mount, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Monitor sags or does not stay in position.	Gas spring tension is too low for monitor weight.	Increase gas spring tension by turning the adjustment screw clockwise.
Monitor is difficult to move or too stiff.	Gas spring tension is too high for monitor weight.	Decrease gas spring tension by turning the adjustment screw counter-clockwise.
Monitor wobbles after installation.	Mounting screws or VESA plate screws are loose.	Check and re-tighten all mounting screws on the wall plate and VESA plate.
Monitor is not compatible.	Incorrect size, weight, or VESA pattern.	Verify your monitor meets the specifications (13-32 inches, 4.4-17.6 lbs, VESA 75x75/100x100mm). Note: Not compatible with 1000R/1500R/1800R curved screens.

If you continue to experience issues, please contact MOUNT PRO customer support for assistance.

9. WARRANTY AND SUPPORT

MOUNT PRO monitor stands come with a lifetime of technical support. If you have any questions, require assistance with installation, or encounter any problems with your product, please do not hesitate to contact our customer support team. Refer to the product packaging or the MOUNT PRO official website for contact information.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question