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› AXV Indoor Cycling Exercise Bike User Manual

AXV B08S6X1PHT

AXV Indoor Cycling Exercise Bike User Manual

Model: B08S6X1PHT

1. IMPORTANT SAFETY INFORMATION

Please read this entire manual before assembling or operating the AXV Indoor Cycling Exercise Bike. Keep this manual for future reference. Failure to follow these instructions may result in serious injury or damage to the equipment.

- Consult your physician before starting any exercise program, especially if you have pre-existing health conditions.
- Keep children and pets away from the exercise bike during operation.
- Place the exercise bike on a flat, stable surface with adequate clearance around it.
- Ensure all bolts and nuts are securely tightened before each use.
- Wear appropriate exercise attire and footwear.
- Do not exceed the maximum user weight of 330 pounds (150 kg).
- Use the emergency stop function immediately if you feel unwell or experience discomfort during your workout.

2. PACKAGE CONTENTS

Carefully unpack all components and ensure you have received all parts listed below. If any parts are missing or damaged, contact customer support immediately.

- Main Frame
- Front Stabilizer
- Rear Stabilizer
- Seat Post
- Seat

- Handlebar Post
- Handlebars
- Left and Right Pedals
- LCD Monitor
- Tool Kit (wrenches, screws, washers)
- Water Bottle and Holder

3. ASSEMBLY INSTRUCTIONS

Follow these steps to assemble your AXV Indoor Cycling Exercise Bike. It is recommended to have two people for assembly.

1. **Attach Stabilizers:** Secure the front and rear stabilizers to the main frame using the provided bolts and washers. Ensure they are firmly tightened.
2. **Install Pedals:** Identify the left (L) and right (R) pedals. The left pedal screws counter-clockwise, and the right pedal screws clockwise. Thread them into the crank arms and tighten securely with a wrench.
3. **Assemble Seat:** Attach the seat to the seat post, then insert the seat post into the main frame. Adjust to your desired height and secure with the adjustment knob.
4. **Install Handlebars:** Attach the handlebars to the handlebar post, then insert the handlebar post into the main frame. Adjust to your desired height and secure with the adjustment knob.
5. **Mount LCD Monitor:** Connect the monitor cables to the corresponding ports on the handlebars. Slide the LCD monitor onto its bracket on the handlebars.
6. **Attach Water Bottle Holder:** Secure the water bottle holder to the designated area on the frame using the provided screws.



4. OPERATING INSTRUCTIONS

Familiarize yourself with the bike's functions before beginning your workout.

4.1 Adjusting Seat and Handlebars

Proper adjustment ensures comfort and reduces the risk of injury.

- **Seat Height:** Loosen the adjustment knob on the seat post, raise or lower the seat until your leg has a slight bend at the knee when the pedal is at its lowest point. Tighten the knob securely.
- **Seat Fore/Aft:** Loosen the knob under the seat, slide the seat forward or backward to align your knee over the pedal spindle when the pedals are horizontal. Tighten the knob.
- **Handlebar Height:** Loosen the adjustment knob on the handlebar post, raise or lower the handlebars to a comfortable position. Tighten the knob securely.

CUSTOMIZED DESIGN

Different Experience With Different Height



Figure 4.1: Adjusting the seat and handlebar height for optimal riding posture.

4.2 Adjusting Magnetic Resistance

The bike features a magnetic resistance system for a smooth and quiet workout.

- **Increase Resistance:** Turn the resistance knob clockwise to increase the workout intensity.
- **Decrease Resistance:** Turn the resistance knob counter-clockwise to decrease the workout intensity.
- **Emergency Stop:** Press down firmly on the resistance knob to engage the emergency brake and stop the flywheel immediately.

Adjustable Resistance & Emergency Stop

Adjust Training Intensity According To Your Own Conditions



Figure 4.2: The resistance knob controls workout intensity and serves as an emergency stop.

4.3 Using the LCD Monitor

The LCD monitor tracks your workout data.

- **Functions:** The monitor displays Time, Speed, Distance, Calories Burned, and Odometer.
- **Operation:** The monitor typically activates automatically when you start pedaling. Use the button (if present) to cycle through display modes or reset values.

DUAL WHEELS - EASY TO MOVE



Figure 4.3: The multi-functional bracket includes the LCD monitor, device holder, and cup holders.

4.4 Moving the Exercise Bike

The integrated transport wheels allow for easy relocation of the bike.

- Grasp the handlebars firmly.
- Tilt the bike forward until it rests on its front transport wheels.
- Carefully roll the bike to its desired location.
- Gently lower the bike back onto its stabilizers.



Figure 4.4: Transport wheels located on the front stabilizer for easy movement.

5. MAINTENANCE

Regular maintenance helps ensure the longevity and safe operation of your exercise bike.

- **Cleaning:** Wipe down the bike with a damp cloth after each use to remove sweat and dust. Avoid abrasive cleaners.
- **Check Connections:** Periodically inspect all bolts, nuts, and adjustment knobs to ensure they are tight. Tighten if necessary.
- **Belt Drive:** The magnetic resistance and belt drive system are designed for low maintenance. No lubrication is typically required for the belt.
- **Storage:** Store the bike in a dry, cool place away from direct sunlight and extreme temperatures.

6. TROUBLESHOOTING

Refer to this section for solutions to common issues.

Problem	Possible Cause	Solution
Bike is unstable or wobbles	Uneven floor surface; loose stabilizers	Adjust the levelers on the bottom of the stabilizers until the bike is stable. Ensure stabilizer bolts are tight.
LCD monitor not displaying	Batteries are dead or incorrectly installed; loose cable connection	Check and replace batteries in the monitor. Ensure the monitor cable is securely connected.
Noise during operation	Loose components; foreign object	Inspect all bolts and nuts for tightness. Check for any objects caught in the flywheel or belt area.
Resistance not changing	Resistance mechanism issue	Ensure the resistance knob is properly engaged. If the issue persists, contact customer support.

7. SPECIFICATIONS

Feature	Detail
Brand	AXV
Model Number	B08S6X1PHT
Resistance Mechanism	Magnetic
Drive System	Belt
Material	Alloy Steel
Maximum Weight Recommendation	330 Pounds (150 kg)
Special Features	Water Bottle Holder, LCD Monitor, Device Holder, Transport Wheels
Recommended Use	Indoor Cardio Training

8. WARRANTY AND SUPPORT

AXV is committed to providing high-quality products and customer satisfaction. For any concerns, questions, or warranty claims regarding your exercise bike, please contact AXV customer support directly.

Please refer to your purchase documentation or the official AXV website for specific warranty terms and contact

information.