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› **Zler Senior 3 Wheel Foldable Rollator Walker Instruction Manual**

**Zler Grey**

# Zler Senior 3 Wheel Foldable Rollator Walker Instruction Manual

Model: Grey

## INTRODUCTION

Thank you for choosing the Zler Senior 3 Wheel Foldable Rollator Walker. This manual provides essential information for the safe assembly, operation, maintenance, and care of your new mobility aid. Please read these instructions thoroughly before use to ensure proper function and safety.



Image: Front view of the Zler Senior 3 Wheel Foldable Rollator Walker, showcasing its three-wheel design, adjustable handles, and storage bag.

## SAFETY INFORMATION

Your safety is paramount. Always adhere to the following guidelines:

- **Weight Capacity:** Do not exceed the maximum weight capacity of 300 lbs (136 kg). Exceeding this limit can compromise the rollator's stability and lead to injury.
- **Brakes:** Always engage the brakes when standing still or attempting to sit. Ensure brakes are functioning correctly before each use.
- **Stability:** Use the rollator on flat, stable surfaces. Avoid uneven terrain, loose gravel, or steep inclines.

- **Adjustments:** Ensure all adjustment mechanisms (e.g., handle height) are securely locked in place before use.
- **Supervision:** Individuals with cognitive impairments should use the rollator under supervision.
- **Maintenance:** Regularly inspect all components for wear, damage, or loose parts. Do not use if any part is damaged.



## Trapezoidal design

Stable structure

Image: A close-up view of the rollator's frame, emphasizing its robust trapezoidal design and indicating a 300-pound weight capacity.

## PACKAGE CONTENTS

Upon opening the package, verify that all components are present and undamaged:

- Zler 3 Wheel Foldable Rollator Walker Frame
- Adjustable Handles with Brake Levers (pre-attached)
- Storage Bag
- Instruction Manual (this document)

## ASSEMBLY AND SETUP

## 1. Unfolding the Rollator

1. Place the folded rollator on a flat surface.
2. Gently pull the handles outwards until the frame locks into its open position. Ensure all locking mechanisms are engaged.
3. Verify that the wheels are firmly on the ground and the rollator is stable.

## 2. Adjusting Handle Height

1. Locate the height adjustment pins or buttons on the handle tubes.
2. Press the pin/button and slide the handle up or down to the desired height. The handles should be at wrist level when standing upright with arms relaxed.
3. Release the pin/button and ensure it fully engages in one of the adjustment holes. Wiggle the handles to confirm they are securely locked.

## 3. Brake System Check

1. Squeeze both brake levers to ensure they engage smoothly and effectively.
2. To engage the parking brake, push the brake levers down until they lock into place. The wheels should not move.
3. To release the parking brake, pull the levers upwards.
4. If brakes do not function correctly, refer to the Troubleshooting section.



Image: A hand demonstrating the operation of the brake lever located on the rollator handle.

## OPERATING INSTRUCTIONS

### 1. Walking with the Rollator

- Stand upright behind the rollator, holding both handles firmly.
- Push the rollator slightly forward, then step forward with one foot.
- Follow with the other foot, maintaining a comfortable and stable gait.
- Keep your body close to the rollator for optimal balance.

### 2. Using the Brakes

- **To Slow Down or Stop:** Gently squeeze both brake levers simultaneously.

- **To Engage Parking Brake:** Push both brake levers down until they click into the locked position. This prevents the rollator from moving when stationary.
- **To Release Parking Brake:** Pull both brake levers upwards until they release from the locked position.

### 3. Folding for Storage and Transport

1. Ensure the rollator is on a flat surface and the parking brakes are engaged.
2. Locate the folding mechanism, typically a strap or lever in the center of the frame or under the storage bag.
3. Pull the strap/lever upwards to release the locking mechanism and allow the sides of the rollator to fold inwards.
4. Continue folding until the rollator is compact.

## Easy to maneuver

Folds easily and fits behind seat



Image: The Zler rollator shown in both its open and folded configurations, illustrating its compact design for easy storage and transport.

# Fit Most of Car Trunks



Image: The folded Zler rollator neatly stored in the trunk of a car, demonstrating its portability.

## MAINTENANCE AND CARE

- **Cleaning:** Wipe the frame with a damp cloth and mild soap. Avoid abrasive cleaners.
- **Wheel Inspection:** Regularly check wheels for debris, wear, and smooth rotation. Clean any accumulated dirt or hair.
- **Brake Cables:** Inspect brake cables for fraying or damage. Ensure they are properly tensioned.
- **Fasteners:** Periodically check all screws, bolts, and pins to ensure they are tight and secure.
- **Storage:** Store the rollator in a dry place, away from extreme temperatures.



Image: A close-up of one of the rollator's wheels, indicating its 360-degree swivel capability for easy maneuverability.

## TROUBLESHOOTING

- **Rollator is unstable:** Ensure all frame components are fully extended and locked. Check that handle height adjustment pins are securely engaged.
- **Brakes are not engaging or too loose:** Inspect brake cables for damage. If cables are intact, they may need adjustment by a qualified technician. Do not use if brakes are faulty.
- **Wheels are not rolling smoothly:** Check for debris (hair, lint) wrapped around the wheel axles. Clean as necessary. Ensure wheels are not damaged.
- **Difficulty folding:** Ensure no items are obstructing the folding mechanism. Check that the central folding strap/lever is fully pulled.

## SPECIFICATIONS

|                                       |                   |
|---------------------------------------|-------------------|
| <b>Brand</b>                          | Zler              |
| <b>Model Number</b>                   | Grey              |
| <b>Product Dimensions (D x W x H)</b> | 26" x 21" x 38.5" |
| <b>Weight Capacity</b>                | Up to 300 lbs     |
| <b>Material</b>                       | Aluminum, Rubber  |
| <b>Item Weight</b>                    | 19.6 Pounds       |

**21 inch**



**38.5 inch**

**31 inch**

Image: A diagram illustrating the key dimensions of the Zler rollator, including its width, depth, and adjustable height range.

#### **WARRANTY AND SUPPORT**

For warranty information or technical support, please refer to the contact details provided with your purchase documentation or visit the official Zler website. Keep your purchase receipt for warranty claims.