

**maxtop T6**



# MAXTOP Smart Watch User Manual

Model: T6  
Brand: MAXTOP

## INTRODUCTION

This manual provides comprehensive instructions for the setup, operation, and maintenance of your MAXTOP T6 Smart Watch. Please read this manual carefully before using the device to ensure proper functionality and to maximize your user experience.

## PACKAGE CONTENTS

Verify that all items listed below are included in your package:

- MAXTOP T6 Smart Watch (1)
- TPU Strap (1)
- Leather Strap (1)
- Charging Cable (2)
- Charging Stand (1)
- User Manual (1)



Image: The MAXTOP T6 Smart Watch, featuring a square display and a gray silicone strap, shown from a slight angle.

SPECIFICATIONS

Feature	Detail
Brand	MAXTOP

Model	T6
Product Dimensions	24 x 3.8 x 1 cm
Item Weight	265 g
Display Technology	LCD
Screen Size	1.4 Inches
Resolution	320 x 320
Control Method	Touch Screen
Battery Type	Lithium Polymer
Charging Time	1-2 hours
Working Time	3-5 days
Connectivity	Bluetooth, USB
Compatible Devices	Smartphones (iOS 9.0 & Android 6.0 and above)
Special Features	Alarm Clock, Distance Tracker, GPS, Heart Rate Monitor, Sleep Monitor, Blood Oxygen Monitor, Blood Pressure Monitor

## SETUP GUIDE

### 1. Initial Charging

Before first use, fully charge your MAXTOP T6 Smart Watch. Connect the charging cable to the charging stand and then to a USB power source. Place the watch onto the charging stand, ensuring the charging pins align correctly. A full charge typically takes 1-2 hours.

### 2. App Installation

The MAXTOP T6 Smart Watch requires the "MAXTOP" application for full functionality and data synchronization. Download the app from your device's app store:

- For iOS devices: Search "MAXTOP" in the Apple App Store.
- For Android devices: Search "MAXTOP" in the Google Play Store.

The app requires iOS 9.0 & Android 6.0 and above. It is designed for smartphones only and is not compatible with PCs, iPads, or Tablets.

### 3. Device Pairing

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the MAXTOP app on your smartphone.
3. Follow the in-app instructions to search for and connect to your MAXTOP T6 Smart Watch. The watch will typically appear as "T6" or "MAXTOP T6" in the device list.
4. Confirm the pairing request on both your watch and smartphone if prompted.

### Power On/Off

To power on the watch, long press the side button for approximately 5 seconds. To power off, navigate to the power off option in the watch settings and confirm.

## Full Touch Screen Smart Watch

long press 5 seconds to power on



Image: A hand interacting with the MAXTOP T6 Smart Watch, demonstrating its full touch screen capabilities and various display modes, including activity tracking, health monitoring, and time display.

## Navigation

The MAXTOP T6 Smart Watch features a full touch screen for navigation. Swipe left, right, up, or down to access different functions and menus. Tap to select an option.

## Key Features

- **Activity Tracking:** The watch tracks various fitness metrics including pace, heart rate, calories burned, steps taken, and distance covered. Data can be synced to the MAXTOP app for detailed analysis.



Image: The MAXTOP T6 Smart Watch screen showing steps, distance, and calorie count, with a person jogging in the background, illustrating its activity tracking function.



- **Health Monitoring:** Monitor your heart rate (HR), blood pressure (BP), blood oxygen (O2), and sleep patterns. The watch also provides ECG and Heart Rate Variability (HRV) data.



**EXCLUSIVE HEALTH BUTLER**

Know your blood pressure and measure heart rate at once feel the desire to control this fitness bracelet helps you keep track of your blood pressure and encourage you to make a difference.



Blood Oxygen



ECG Heart Rate



Heart Rate Variability



blood pressure



Sleep monitoring

Image: The MAXTOP T6 Smart Watch screen showing icons for Sport, ECG, HR, and BP, with a woman exercising, highlighting its health monitoring capabilities.

*Note: All health data provided by the MAXTOP T6 Smart Watch is for reference only and cannot replace medical treatment or professional medical advice.*

- **Message Notifications:** Receive notifications for incoming calls, text messages, and alerts from various social media applications directly on your watch.

# Message Notification



Image: The MAXTOP T6 Smart Watch on a wrist displaying a message notification, with a smartphone in the background showing a message list and various app icons for notifications.

- Message alert
  - Incoming call vibration
  - Incoming call rejection
- **Multifunctional Display:** Access features such as Sedentary Reminder, Alarm Clock, Find Phone, and Stopwatch.

# Multifunctional Display

Sedentary  
Reminder



1

2



Alarm clock

3

Find phone



4



Stopwatch

Image: A collage showing the MAXTOP T6 Smart Watch displaying different functions: sedentary reminder, alarm clock, find phone, and stopwatch, each with an illustrative background.

- **Brightness Control:** Adjust the screen brightness directly from the watch settings to suit your environment.





## LOCK SCREEN



## BRIGHTNESS CONTROL



Image: The MAXTOP T6 Smart Watch showing its brightness control interface, where a finger adjusts the brightness slider, and a separate illustration of the auto-lock screen feature with a 6-second timer.

- **Lock Screen:** Configure the auto-lock duration for the screen to turn off after a set period (e.g., 6 seconds) to conserve battery.

## MAINTENANCE

- **Cleaning:** Regularly wipe the watch screen and strap with a soft, dry cloth. If necessary, use a slightly damp cloth with mild soap, then dry thoroughly. Avoid harsh chemicals or abrasive materials.

- **Water Resistance:** While the watch is designed for daily use, avoid prolonged submersion in water or exposure to hot water/steam (e.g., showers, saunas) unless explicitly stated as waterproof for such conditions. Refer to product specifications for water resistance ratings.
- **Storage:** Store the watch in a cool, dry place when not in use. Avoid extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the watch when the battery level is low.

## TROUBLESHOOTING

---

### Watch does not power on:

Ensure the watch is fully charged. Connect it to the charging cable and stand for at least 30 minutes before attempting to power on again.

### Cannot connect to the MAXTOP app:

- Ensure Bluetooth is enabled on your smartphone.
- Make sure the MAXTOP app is updated to the latest version.
- Restart both your smartphone and the smart watch.
- Try unpairing and re-pairing the device through the app.
- Ensure the watch is within Bluetooth range of your phone.

### Inaccurate health data readings:

- Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.
- Clean the sensor on the back of the watch.
- Avoid excessive movement during readings.
- Remember that these readings are for reference and not for medical diagnosis.

### Notifications not appearing:

- Check notification settings within the MAXTOP app to ensure they are enabled for desired applications.
- Verify that your phone's notification settings allow the MAXTOP app to send notifications.
- Ensure the watch is connected to your phone via Bluetooth.

## IMPORTANT INFORMATION

---

All data provided by the MAXTOP T6 Smart Watch, including health metrics, are for reference only and cannot replace medical treatment or professional medical advice. Consult a healthcare professional for any health concerns.

## WARRANTY AND SUPPORT

---

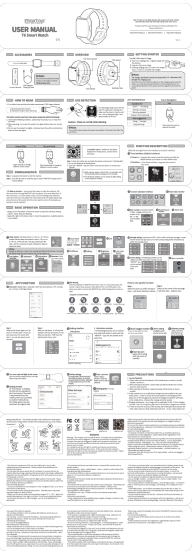
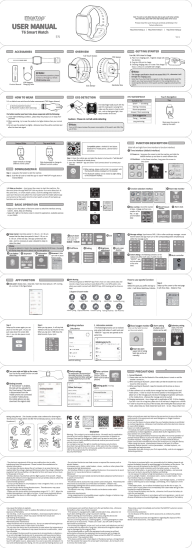


For warranty information and technical support, please refer to the warranty card included in your product package or visit the official MAXTOP website. Keep your purchase receipt as proof of purchase for warranty claims.

For further assistance, you may contact MAXTOP customer service through the contact information provided on their official website or within the MAXTOP application.



© 2023 MAXTOP. All rights reserved.

### Related Documents

	<p><a href="#">maxtop T6 Smartwatch User Manual</a></p> <p>Comprehensive user manual for the maxtop T6 Smartwatch, covering setup, features, operations, app pairing, sports tracking, health monitoring (ECG, heart rate, blood pressure, blood oxygen), and precautions.</p>
	<p><a href="#">MaxTop Smartwatch User Manual</a></p> <p>User manual for the MaxTop Smartwatch, detailing its features, functions, and operation. Includes setup, app connection, and usage instructions for health monitoring and activity tracking.</p>
	<p><a href="#">MAXTOP Smartwatch Buyer FAQs: Features, Usage, and Troubleshooting</a></p> <p>Comprehensive Buyer FAQs for the MAXTOP Smartwatch, covering features like ECG, blood pressure, heart rate, and blood oxygen monitoring, along with usage instructions, charging, connectivity, and troubleshooting tips.</p>
	<p><a href="#">Maxtop Smart Bracelets and Watches Product Specifications</a></p> <p>Detailed specifications for Maxtop smart bracelets and watches, including models MTB004, MTB012, MTB018, MTB018T, MTB020T, MTB023, MTB024, MTB027, MTB028T, MTB030, MTB032T, MTB033T, M1, M2, M12, and MTB036. Features include heart rate monitoring, blood pressure, blood oxygen, thermometer, ECG, pedometer, sleep monitoring, and various connectivity options.</p>

