

YUNMAI MENGMAI-SE

YUNMAI Prime Massage Gun Instruction Manual

Model: MENGMAI-SE

Brand: YUNMAI

1. INTRODUCTION & OVERVIEW

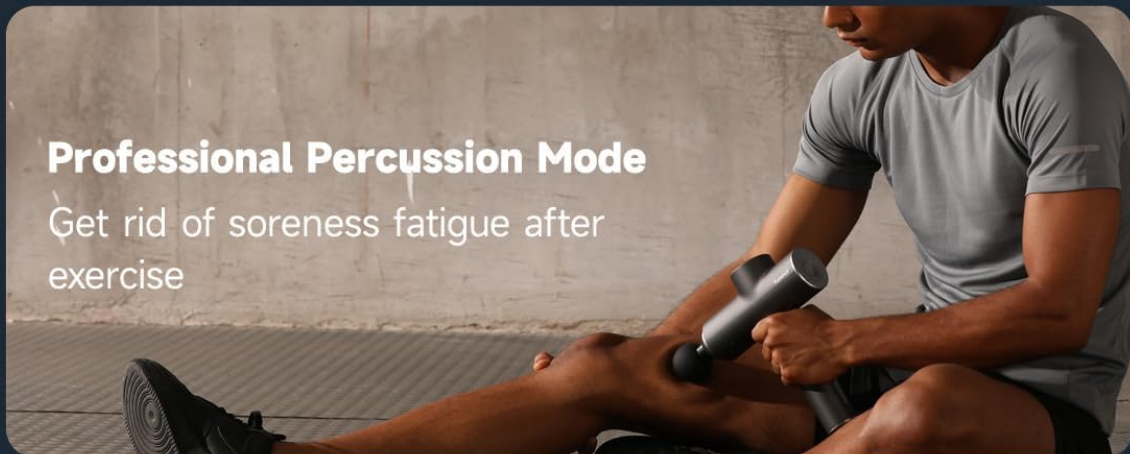
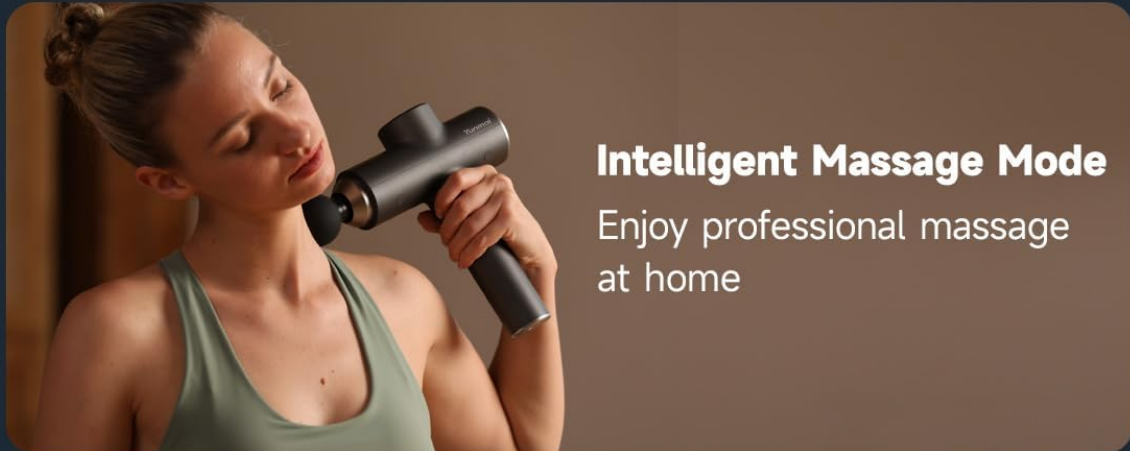
Thank you for choosing the YUNMAI Prime Massage Gun. This device is designed to provide ultimate muscle relief and massage, whether you're an athlete recovering from intense workouts or simply seeking relaxation from daily tension. With its intelligent dual modes, powerful percussion therapy, and convenient features, the YUNMAI Prime Massage Gun is your ideal companion for comprehensive body care.

2. PRODUCT FEATURES

2.1 Intelligent Dual Modes for Percussion and Massage

The YUNMAI Prime Massage Gun offers 5 speed settings with dual modes. Experience the Professional Percussion Mode to effectively ease post-exercise muscle tension, relieve soreness, and stiffness. Switch to intelligent Massage Mode for relaxation with a gentle pulse that gradually intensifies, ideal for moments of ease at home.

5 Speed Levels Intelligent Dual Modes



This image illustrates the YUNMAI Prime Massage Gun's dual modes: Intelligent Massage Mode for relaxation and Professional Percussion Mode for post-exercise muscle tension relief. It offers 5 speed settings.

This video demonstrates the YUNMAI Massage Gun's intelligent dual modes in action, showcasing its use for both relaxation and intense muscle recovery.

2.2 Convenient Charging and Storage Base Design

Equipped with a unique design base for easy charging of the massage gun and storage of massage heads, ensuring it's effortlessly maintained and ready for convenient use.

Unique Charging and Storage Base Design



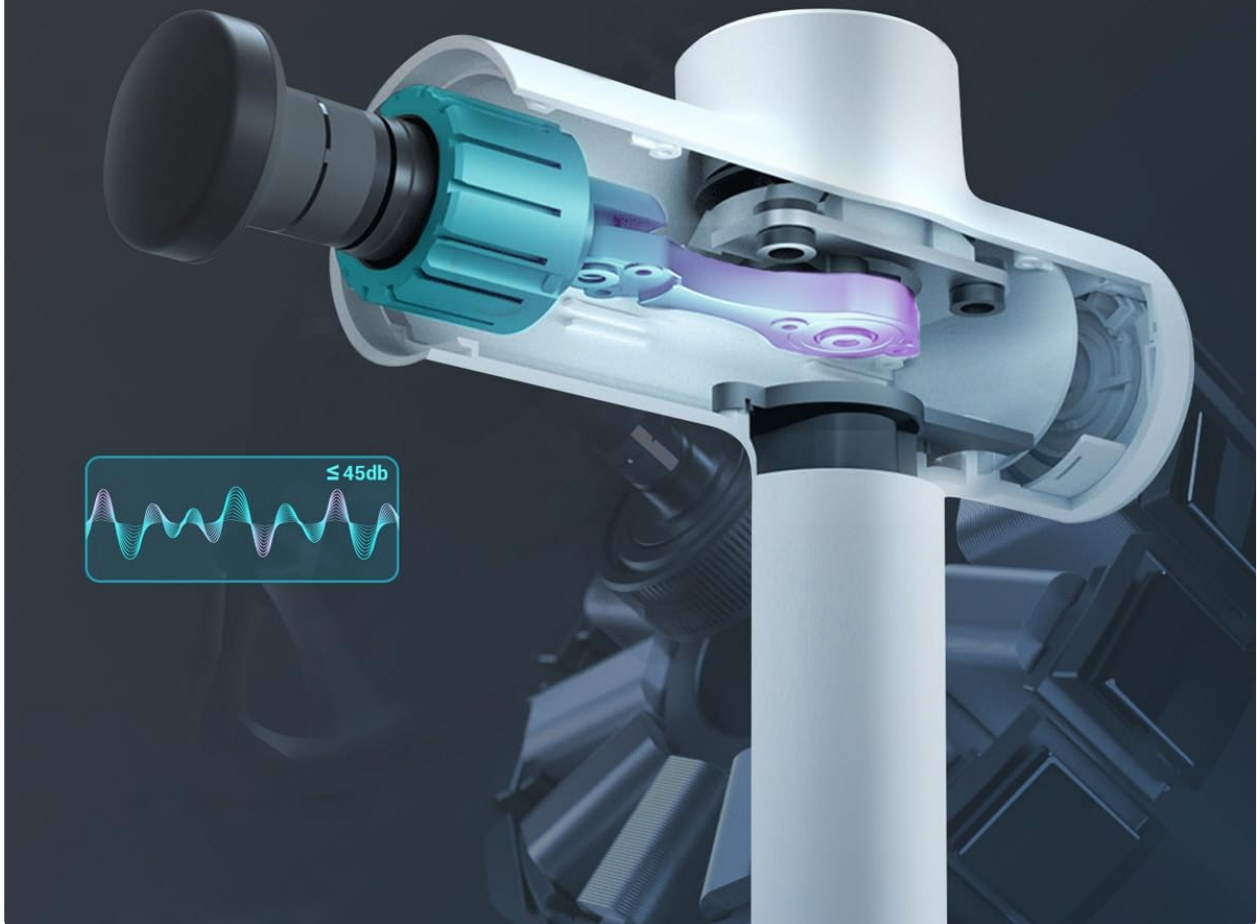
The YUNMAI Prime Massage Gun features a unique charging and storage base, designed for easy charging of the device and organized storage of all massage heads.

2.3 Powerful Percussion Massage Therapy

Built-in a super quiet brushless motor, it delivers 12KG stall force, massaging muscle tissue at 10mm depth and max. 3200 rpm, better relieving muscle fatigue and pain, and efficiently relaxing your body for faster recovery.

Powerful Deep Massage

With **45W superior brushless motor** and a maximum **stall force of 12KG** for various deep massage experiences.



An internal view of the YUNMAI Prime Massage Gun highlighting its 45W superior brushless motor, delivering a maximum stall force of 12KG for effective deep tissue massage.

Superior Battery Life

Equipped with a 2900mAh long-life lithium battery that supports 84 days of daily 10 minute use on a full charge.



This image visually explains the 10mm amplitude of the massage gun, indicating its ability to stimulate muscle groups at a significant depth for efficient lactic acid neutralization.

2.4 Superior Battery Life

Equipped with a 2900mAh large-capacity lithium battery, it supports 84 days of daily 10-minute use on a full charge, providing sustained relief whenever you need it.

For Different Muscle Groups Relieve Soreness Relax Body



Shoulder muscle
group
15S~20S * 3



Chest muscle
group
30s



Back muscle
group
30S~1min *



Gluteus muscle
group
30S~1min *



Lower limb
muscle group
20S~30S * 3

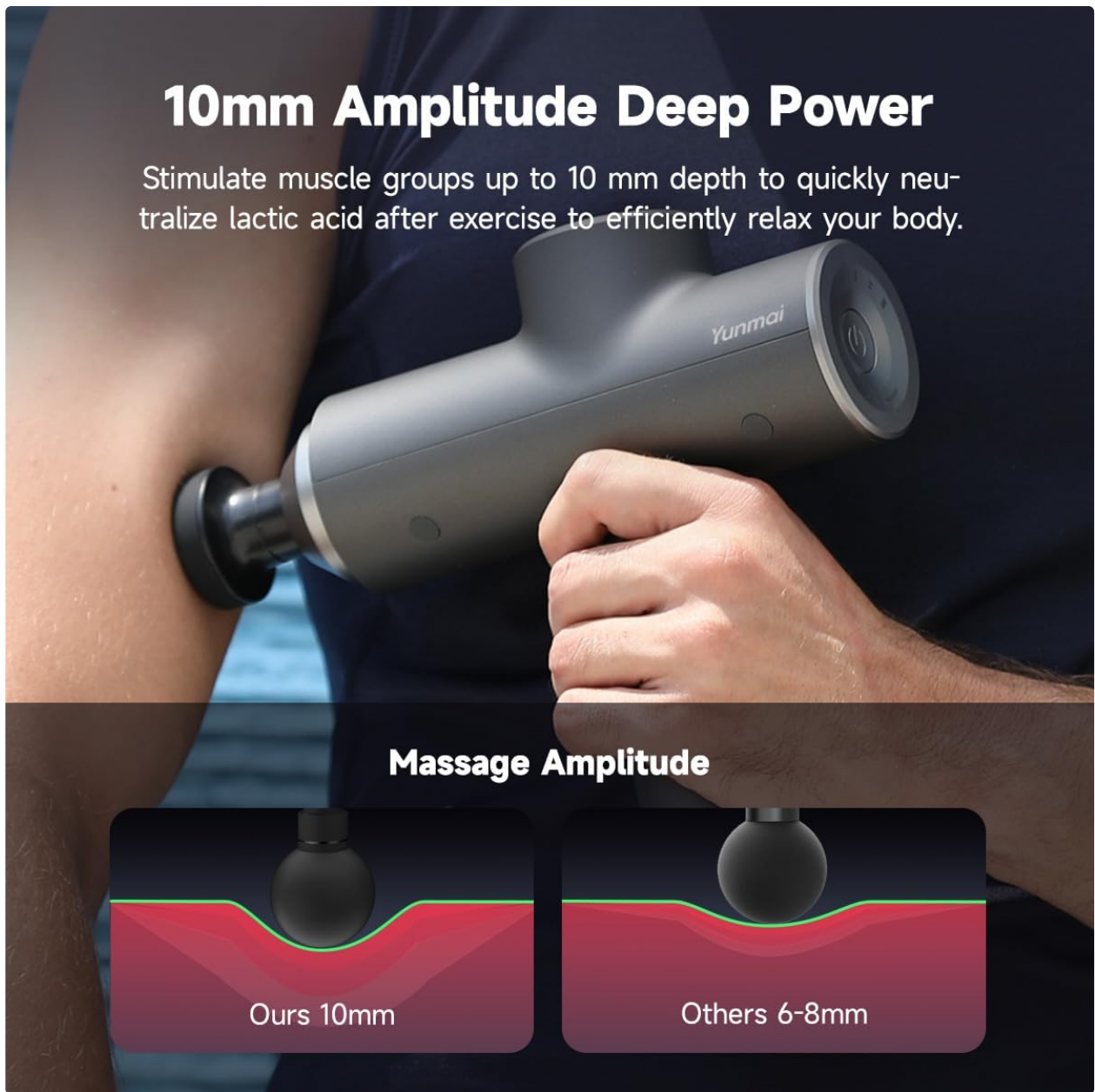
The YUNMAI Prime Massage Gun is equipped with a 2900mAh large-capacity lithium battery, providing up to 84 days of daily 10-minute use on a single full charge.

2.5 Versatile Application & Massage Heads

The YUNMAI Prime Massage Gun is suitable for various scenarios and comes with multiple professional massage heads to relax your full body muscles. It's easy to carry and use – whether at home, the gym, outdoors, or even in the office.

10mm Amplitude Deep Power

Stimulate muscle groups up to 10 mm depth to quickly neutralize lactic acid after exercise to efficiently relax your body.



Massage Amplitude

Ours 10mm

Others 6-8mm

This diagram illustrates recommended massage durations for various muscle groups, including shoulder, chest, back, gluteus, and lower limb, to effectively relieve soreness and relax the body.

4 Professional Massage Heads Relax Your Full Body Muscle



The YUNMAI Prime Massage Gun comes with four professional massage heads: Round head for large muscle groups, U-shaped head for neck and spine, Bullet head for deep tissues, and Flat head for relaxation and shaping.



The YUNMAI Prime Massage Gun is suitable for various scenarios, including use at the gym, home, office, or outdoors, making it a versatile tool for muscle relief and recovery.

This video provides an overview of the YUNMAI Massage Gun SE, highlighting its intelligent dual-mode functionality and various applications for muscle relaxation and recovery.

3. SETUP

3.1 Unpacking

Upon opening the product packaging, you will find the YUNMAI Prime Massage Gun securely stored within a durable hard-shell zippered carry case. This case is designed for both protection and portability, allowing you to safely transport your device and its accessories.

3.2 Charging the Device

Before first use, fully charge the massage gun. Connect the proprietary charger to the charging port located at the bottom of the device. The battery indicator lights will show the charging progress. A full charge can provide up to 14 hours of use on the lowest setting.

3.3 Attaching Massage Heads

To attach a massage head, simply align the base of the desired head with the opening on the front of the massage gun and push it firmly into place. To remove, pull the head straight out. Ensure the device is off before attaching or detaching heads to prevent accidental activation.

4. OPERATING INSTRUCTIONS

4.1 Power On/Off & Speed Adjustment

To power on the device, press and hold the power button for 2-3 seconds. The device will start in the lowest speed setting. Press the power button repeatedly to cycle through the 5 available speed settings. To power off, press and hold the power button again for 2-3 seconds. Note that the motor may take a few seconds to completely stop after powering off.

4.2 Using Massage Heads

Each of the four professional massage heads is designed for specific muscle groups and massage types:

- **Round Head:** Ideal for massaging large muscle groups such as the back, arms, thighs, calves, and glutes.
- **U-shaped Head:** Best for massaging the neck and both sides of the spine, as well as around the Achilles tendon.
- **Bullet Head:** Used for impacting deep tissues, joints, palms, and soles, targeting specific trigger points.
- **Flat Head:** Suitable for relaxation and shaping of various muscle parts across the body.

Refer to the included user manual for detailed diagrams and recommended usage times for each muscle group.

4.3 Safety Feature: 10-Minute Auto-Cutoff

For your safety and to prevent overheating, the YUNMAI Prime Massage Gun is equipped with a 10-minute auto-cutoff feature. If the device is used continuously for 10 minutes, it will automatically shut off. You can simply turn it back on to continue your massage session.

5. MAINTENANCE

5.1 Cleaning

To clean the massage gun, wipe the surface with a slightly damp cloth. Do not immerse the device in water or use harsh chemicals. The massage heads can be cleaned with a damp cloth and allowed to air dry before storage.

5.2 Storage

When not in use, store the massage gun and all its accessories in the provided hard-shell carry case. This protects the device from dust and damage, and keeps all components organized.

5.3 Gasket Replacement

The massage heads feature replaceable gaskets to ensure optimal performance and longevity. If a gasket wears out or gets damaged over time, you can replace it with the spare gaskets provided in the package. Refer to the user manual for instructions on how to replace the gaskets.

6. TROUBLESHOOTING

If you encounter any issues with your YUNMAI Prime Massage Gun, please refer to the following common troubleshooting tips:

- **Device not turning on:** Ensure the device is fully charged. Connect it to the power adapter and allow it to charge for the recommended time.
- **Low power or weak percussion:** This usually indicates a low battery. Recharge the device fully.
- **Device stops unexpectedly:** The 10-minute auto-cutoff safety feature may have activated. Simply turn the device back on.
- **Unusual noise or vibration:** Ensure the massage head is securely attached. Check if any debris is obstructing the attachment mechanism.

For more detailed troubleshooting or persistent issues, please consult the comprehensive user manual or contact YUNMAI customer support.


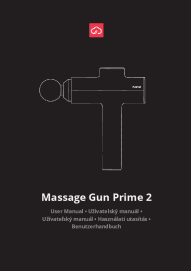

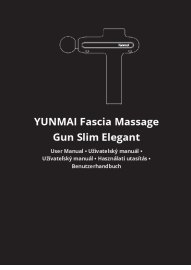
7. SPECIFICATIONS

Feature	Detail
Product Dimensions	8.07 x 6.37 x 2.5 inches
Item Model Number	MENGMAI-SE
Batteries	1 Lithium Ion batteries required. (included)
Date First Available	December 19, 2020
Manufacturer	YUNMAI
ASIN	B08R193YHM
Use for	Whole Body
Power Source	Battery Powered
Material	Silicone, Polycarbonate
Item Weight	5.07 Pounds

8. WARRANTY & SUPPORT

Your YUNMAI Prime Massage Gun comes with a Service Guarantee Card. Please retain this card and your proof of purchase for any warranty claims. For product support, technical assistance, or warranty inquiries, please refer to the contact information provided on your Service Guarantee Card or visit the official YUNMAI website.

Related Documents - MENGMAI-SE

	<p>YUNMAI Message Gun Prime User Manual - YMFG-B453</p> <p>Comprehensive user manual for the YUNMAI Message Gun Prime (YMFG-B453), covering features, operation, safety guidelines, troubleshooting, and maintenance.</p>
	<p>Yunmai Message Gun Prime 2: Official User Manual & Operation Guide</p> <p>Official user manual for the Yunmai Message Gun Prime 2 (YMFG-M418). Get detailed instructions on usage, safety, charging, maintenance, and troubleshooting for optimal muscle recovery.</p>
	<p>YUNMAI X Smart Scale YMBS-M268 User Manual - Setup and Operation Guide</p> <p>Comprehensive user manual for the YUNMAI X Smart Scale (Model YMBS-M268). Learn how to set up, connect via Bluetooth, use the YUNMAI App, and understand product features and specifications for a healthier lifestyle.</p>
	<p>YUNMAI Fascia Massage Gun Slim Elegant - Uživatelská příručka</p> <p>Uživatelská příručka pro masážní pistoli YUNMAI Fascia Massage Gun Slim Elegant. Obsahuje podrobné pokyny k použití, bezpečnostní opatření, údržbu, řešení problémů a technické specifikace produktu.</p>



YUNMAI Pro

User Manual • Uživatelský manuál •
Uživatelský manuál • Használati utasítás •
Benutzerhandbuch

[YUNMAI Pro Smart Scale User Manual and Guide](#)

Comprehensive user manual for the YUNMAI Pro Smart Scale, covering setup, usage, maintenance, specifications, and warranty information. Includes BMI tracking and app connectivity.



INSTRUKCJA OBSŁUGI

Instrukcja Obsługi Pistoletu do Masażu Mięśni YUNMAI Slim Elegant

Szczegółowa instrukcja obsługi pistoletu do masażu mięśni YUNMAI Slim Elegant, zawierająca informacje o użytkowaniu, ładowaniu, konserwacji, rozwiązywaniu problemów, specyfikacjach technicznych i gwarancji.