

iReliev HC-2416

iReliev Far Infrared Natural Jade Heating Pad Instruction Manual

Model: HC-2416

1. INTRODUCTION

This manual provides comprehensive instructions for the safe and effective use of your iReliev Far Infrared Natural Jade and Tourmaline Heating Pad. This flexible and durable heating pad is designed to provide soothing heat therapy, aiding in relaxation and temporary relief from minor aches and pains. It features an intelligent controller for precise adjustment of treatment time and temperature.



Image 1: Full view of the iReliev Far Infrared Natural Jade Heating Pad with its attached controller. The pad features a grid pattern of jade and tourmaline stones.

2. SAFETY INFORMATION

Please read all warnings and instructions carefully before using this product. Retain this manual for future reference.

Warning: The product packaging may contain information different from that shown on our website. Always read the label, warnings, and instructions provided on the product before using or consuming it.

- Do not use while sleeping.
- Do not use on infants, children, or individuals with reduced physical, sensory, or mental capabilities without supervision.
- Avoid folding or creasing the pad excessively during use.
- Do not puncture the pad.
- Keep away from water and moisture.
- Consult a physician before use if you have any medical conditions, are pregnant, or have a pacemaker.

3. PRODUCT OVERVIEW

Key Features:

- **Far Infrared Technology:** Provides deep penetrating heat for soothing comfort.
- **Natural Jade and Tourmaline Stones:** Contains 112 natural stones designed to retain heat longer and emit negative ions for effective therapy.
- **Intelligent Controller:** Allows precise adjustment of treatment time and temperature.
- **Flexible and Durable Design:** Conforms to various body areas.

Materials:

The heating pad is constructed with natural Jade and Tourmaline stones, integrated into a flexible fabric base.

4. SETUP

1. **Unpack the Device:** Carefully remove the heating pad and controller from its packaging.
2. **Inspect for Damage:** Before each use, visually inspect the pad and controller for any signs of damage. Do not use if damaged.
3. **Position the Pad:** Place the heating pad on a flat, stable surface or directly on the desired body area. Ensure the jade and tourmaline stone side faces the skin for optimal contact.
4. **Connect to Power:** Plug the controller's power cord into a standard electrical outlet. Ensure the connection point on the pad is secure.



Image 2: A detailed view of the power cord connection point on the iReliev heating pad, showing the secure attachment.

5. OPERATING INSTRUCTIONS

The iReliev heating pad is operated using the intelligent controller. Familiarize yourself with the buttons:



Image 3: Close-up of the iReliev heating pad's intelligent controller, showing buttons for power, time adjustment (up/down), and temperature adjustment (up/down).

1. **Power On/Off:** Press the **Power button** (usually marked with a circle and vertical line) to turn the device on or off. The display will illuminate when powered on.
2. **Adjust Temperature:** Use the **TEMP Up (▲)** and **TEMP Down (▼)** buttons to set your desired heat level. The current temperature will be displayed.
3. **Set Time:** Use the **TIME Up (▲)** and **TIME Down (▼)** buttons to set the duration of your therapy session. The remaining time will be displayed.
4. **Begin Therapy:** Once temperature and time are set, the pad will begin to heat. You can adjust settings at any point during the session.
5. **End Session:** The pad will automatically shut off once the set time has elapsed. You can also manually turn it off by pressing the Power button.



Image 4: A close-up of the iReliev heating pad's controller display, showing a digital temperature reading (e.g., "096").



Image 5: A person lying down, comfortably using the iReliev heating pad, holding the controller in their hand.

6. MAINTENANCE AND CARE

Cleaning:

- Always unplug the device before cleaning.
- Wipe the surface of the pad with a soft, damp cloth. Do not immerse the pad or controller in water.
- Do not use harsh chemicals or abrasive cleaners.
- Ensure the pad is completely dry before storing or next use.

Storage:

- Store the heating pad in a cool, dry place.
- Avoid placing heavy objects on the pad during storage.
- Do not fold the pad tightly; store it loosely rolled or flat to prevent damage to internal components.



Image 6: A person carrying the iReliev heating pad in its clear, branded carrying bag, highlighting its portability.

7. TROUBLESHOOTING

If you encounter issues with your iReliev heating pad, please refer to the following common solutions:

- **Pad not heating:** Ensure the power cord is securely plugged into both the pad and the electrical outlet. Check if the power button on the controller has been pressed.
- **Controller display not working:** Verify power connection. If the issue persists, try a different outlet.
- **Uneven heating:** Ensure the pad is laid flat and not folded or bunched during use.
- **Pad feels too hot/cold:** Adjust the temperature settings using the TEMP buttons on the controller.

If problems persist after attempting these steps, discontinue use and contact customer support.

8. SPECIFICATIONS

Feature	Detail
Brand	iReliev
Model Name	Far Infrared Heating Pad
Model Number	HC-2416
Material	Jade, Tourmaline
Color	Natural



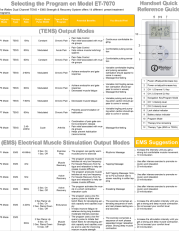
Number of Settings	2 (Time, Temperature)
Package Dimensions	43.28 x 30.61 x 10.01 cm
Item Weight	2.31 kg
UPC	860005045334




9. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the contact details provided with your product packaging or visit the official iReliev website. Keep your purchase receipt as proof of purchase.

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Related Documents - HC-2416

 <p>Model # HC-2412</p>	<p>iReliev Premium Heating Pad HC-2412 Instruction Manual</p> <p>Official instruction manual for the iReliev Premium Heating Pad, Model HC-2412. Includes indications for use, contraindications, warnings, setup procedures, care instructions, technical specifications, and warranty information.</p>
 <p>The Complete ELECTRODE PAD CARE GUIDE</p> <p>Pad Care & Use Tips & Tricks Pad Placement by Andrew's Condition's Muscle Group</p> <p>DOLLAR ELECTRODE CLUB</p>	<p>iReliev Electrode Pad Care and Placement Guide</p> <p>A comprehensive guide to electrode pad care, maintenance, and placement for iReliev TENS and EMS therapy devices. Learn how to maximize pad lifespan and effectiveness for optimal pain relief.</p>
 <p>Selecting the Program on Model ET-7070</p> <p>Handbook Quick Reference Guide</p> <p>ET-7070 Output Modes</p> <p>ET-7070 Electrical Muscle Stimulation Output Modes</p> <p>Quick Reference</p>	<p>iReliev ET-7070 TENS + EMS System: Program Selection Guide</p> <p>Quick reference guide for selecting TENS and EMS programs on the iReliev ET-7070 Dual Channel Strength & Recovery System. Learn about program modes, benefits, and usage.</p>

 <p>iReliev™ Conductive Back Wrap</p> <p>Instruction Manual Read Before Using</p>	<p>iReliev Conductive Back Wrap Instruction Manual</p> <p>Instruction manual for the iReliev Conductive Back Wrap, detailing its features, safety information, usage instructions, troubleshooting, care, and warranty.</p>
 <p>iReliev® Leg & Foot Air Compression System</p> <p>Model # CO-2000</p>	<p>iReliev Leg & Foot Air Compression System User Manual</p> <p>User manual for the iReliev Leg & Foot Air Compression System (Model CO-2000), detailing instructions for use, safety warnings, troubleshooting, care, and specifications. Learn how to operate the air compression therapy device for leg and foot relief.</p>
 <p>iReliev® Therapeutic Wearable System TENS + EMS Wireless Muscle Stimulator</p> <p>Model # ET-5050</p> <p>Instruction Manual Read Before Using</p>	<p>iReliev ET-5050 Therapeutic Wearable System: TENS + EMS Muscle Stimulator Instruction Manual</p> <p>This instruction manual provides detailed guidance for the iReliev ET-5050 Therapeutic Wearable System, a wireless TENS and EMS muscle stimulator. Learn about its indications for pain relief, muscle strengthening, device features, operation, care, and safety precautions.</p>