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› HFGH Q88 Smartwatch User Manual - Bluetooth Call, Heart Rate Monitor, Fitness Tracker

## HFGH Q88

# HFGH Q88 Smartwatch User Manual

Model: Q88

## 1. INTRODUCTION

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Thank you for choosing the HFGH Q88 Smartwatch. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully to ensure proper use and to maximize the features of your smartwatch.



Image 1.1: HFGH Q88 Smartwatch with a black mesh strap. The watch face shows a world map background with the time 10:10, battery status, and step count.

## 2. IMPORTANT SAFETY INFORMATION

- **App Support System:** The companion application for this smartwatch requires Android 4.4 or later, or iOS 9.0 or later (iPhone 5S or newer).
- **Charging:** Do not use a charger exceeding 5V/2A. Using an incompatible charger may damage the device or pose a safety risk.
- **Health Data:** The data collected by this device (e.g., heart rate, blood pressure, sleep monitoring) is for

reference only and cannot be used for medical diagnosis or treatment. Consult a medical professional for health-related concerns.

- **Water Resistance:** The device has an IP67 waterproof rating. This means it is resistant to splashes and brief immersion. It is not suitable for swimming, diving, or hot showers. Avoid contact with hot water or steam.

### 3. PACKAGE CONTENTS

Please check the box for the following items:

- 1 x HFGH Q88 Smartwatch
- 1 x User Manual (this document)
- 1 x Charging Cable

### 4. TECHNICAL SPECIFICATIONS

Feature	Specification
Model	Q88
Display	1.28-inch Full Round TFT HD Screen, 240*240 pixels
Processor (CPU)	Realtek8762C
Operation	Full Touch Screen, Dial (Knob)
Bluetooth Version	BLE5.0 & BLE4.0
Heart Rate Sensor	HX3880
G-Sensor	Triaxial Sensor
Battery	200 mAh Polymer Battery
Speaker	AAC 0916
Memory (RAM/ROM)	128MB RAM / 128MB ROM
System Compatibility	Android 4.4+ / iOS 9.0+ (iPhone 5S+)
Device Dimensions	46.5 * 11.3 mm
Strap Size	248 mm
Device Weight	60 g
Waterproof Level	IP67
Supported Languages	English, French, German, Italian, Spanish, Russian, Portuguese, Malay, Japanese, Korean

# Large screen tempered glass

Brilliant HD screen , 240\*240 pixels ,

Clear picture quality and rich colors.

High transmittance of tempered glass , Feel smooth ,

Exquisite CNC highlight bevel , Dazzling



1.3 inch



CNC Highlight bevel



G+F Touch



Image 4.1: The smartwatch features a large, tempered glass screen with 240x240 pixel resolution, offering clear picture quality and rich colors. It highlights 1.3-inch display, CNC highlight bevel, and G+F Touch.

## 5. SETUP GUIDE

### 5.1 Charging the Smartwatch

1. Connect the provided charging cable to the charging port on the back of your Q88 Smartwatch.
2. Plug the USB end of the cable into a standard USB power adapter (5V/1A recommended, do not exceed 5V/2A) or a computer's USB port.
3. The watch display will indicate charging status. A full charge typically takes 2-3 hours.

### 5.2 App Installation and Pairing

1. **Download the App:** Search for the companion app (name not specified in product data, typically found in the manual or on the watch itself) in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS). Alternatively, scan the QR code provided in the watch's interface or physical manual.
2. **Install and Open:** Install the app and grant necessary permissions (e.g., Bluetooth, notifications, location).

3. **Register/Log In:** Create an account or log in if prompted.
4. **Pair the Device:** In the app, navigate to the device management or 'Add Device' section. Ensure Bluetooth is enabled on your smartphone. The app will search for available devices. Select 'Q88' or the corresponding device name to pair.
5. **Confirm Pairing:** Follow any on-screen prompts on both your phone and the smartwatch to confirm the pairing. Once paired, the watch will synchronize time and data with your phone.

## 6. OPERATING INSTRUCTIONS

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### 6.1 Basic Navigation

- **Wake Screen:** Raise your wrist or press the side button to wake the screen.
- **Touch Screen:** Swipe left/right, up/down, and tap to navigate through menus and select options.
- **Side Button:** Typically used to return to the home screen, turn the screen on/off, or access the main menu.

### 6.2 Bluetooth Calling

The Q88 Smartwatch supports making and receiving calls directly from the watch.

1. Ensure the watch is connected to your smartphone via Bluetooth.
2. To make a call, access the dialer on the watch and enter the number, or select a contact from your synchronized phonebook.
3. When a call comes in, the watch will display the caller ID. You can answer or reject the call directly from the watch.

# Bluetooth music is often accompanied

Adopt the best quality AAC-BOX sound cavity speaker in the industry ,  
The sound quality is solid and pure.

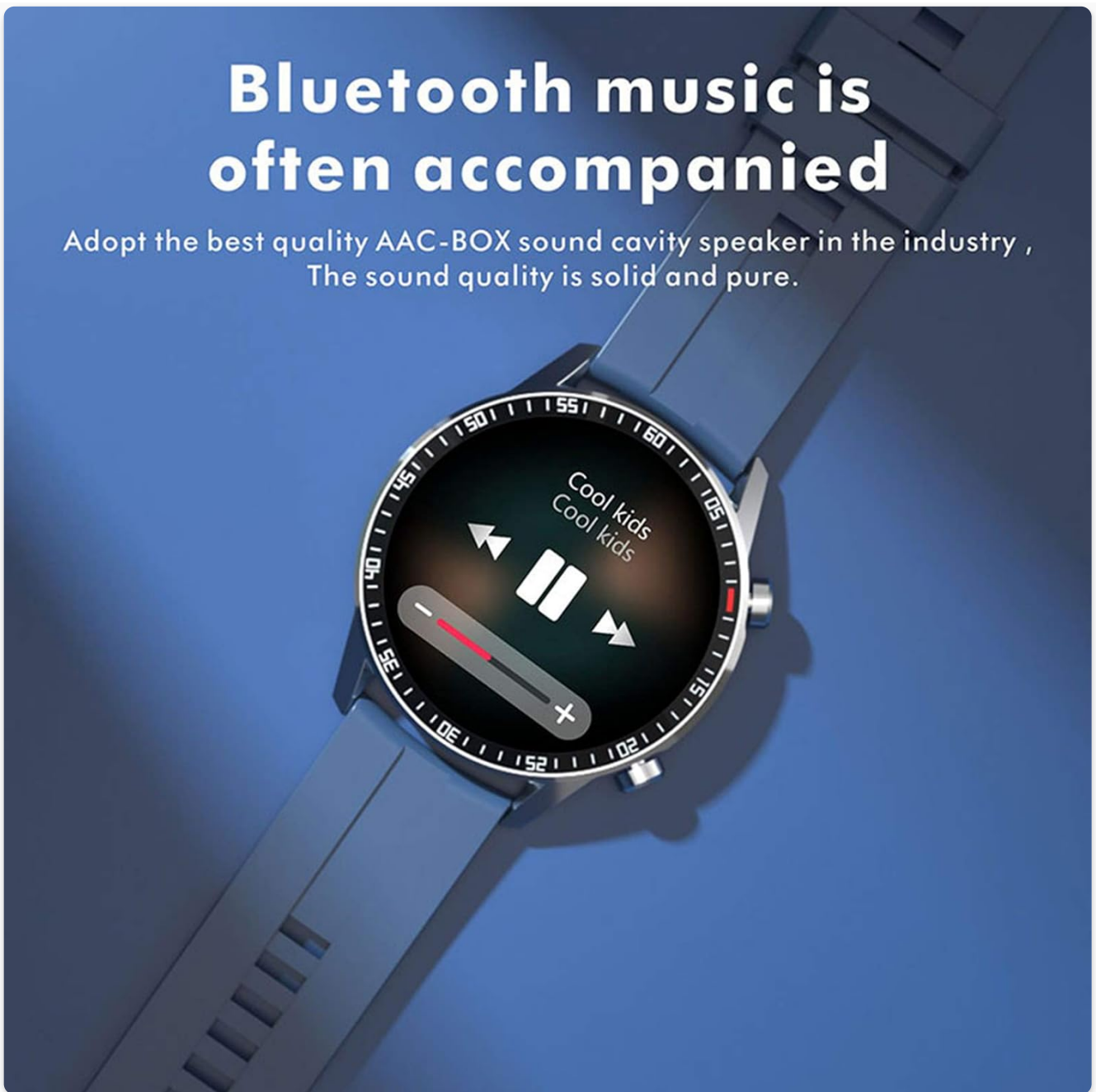


Image 6.1: The smartwatch screen shows a music player interface, indicating its capability for Bluetooth music playback. The text 'Bluetooth music is often accompanied' is visible.

## 6.3 Music Playback

The smartwatch features a built-in AAC-BOX speaker for HD music playback.

- Control music playing on your smartphone directly from the watch (play, pause, skip tracks, adjust volume).
- Some models may support storing music directly on the watch; refer to the app for specific functionality.

## 6.4 Health Monitoring

- **Heart Rate Monitor:** The HX3880 sensor provides 24/7 heart rate monitoring. Access the heart rate function on the watch or through the app to view your current and historical data.
- **Blood Pressure Monitor:** Measure your blood pressure directly from the watch. For accurate readings, remain still and follow on-screen instructions.
- **Sleep Monitor:** The watch automatically tracks your sleep patterns, including deep sleep, light sleep, and wake times. View detailed analysis in the companion app.
- **Sedentary Reminder:** Set reminders in the app to prompt you to move after periods of inactivity.

# 24-hour Smart heart rate detection

Hx3880 Heart rate monitoring technology  
24/7 accurate heart rate monitoring  
Give you intimate care every moment



Image 6.2: The rear view of the Q88 Smartwatch highlights the HX3880 heart rate sensor, which provides 24-hour smart heart rate detection for continuous monitoring.

## 6.5 Fitness Tracking

- **Multiple Sport Modes:** The watch supports various sport modes (e.g., walking, running, cycling). Select your activity to track specific metrics like steps, distance, calories burned, and duration.
- **Motion Track with App:** For outdoor activities, the app can use your phone's GPS to record your exercise route.

## 6.6 Notifications and Other Features

- **Message Notifications:** Receive alerts for incoming calls, SMS, and messages from social media apps (SNS, QQ, WeChat, Facebook, WhatsApp, Twitter, Line, KakaoTalk) directly on your watch. Configure these in the companion app.
- **DIY Watch Faces:** Customize your watch face by uploading your favorite photos through the app.
- **Alarm Clock:** Set alarms via the app to vibrate on your wrist.
- **Do Not Disturb Mode:** Activate this mode to silence notifications during specific times.
- **Find Watch/Find Phone:** Use the app to locate your watch, or use the watch to make your phone ring.

- **Remote Photo Capture:** Use your watch as a remote shutter button for your smartphone camera.
- **Stopwatch:** Access the stopwatch function for timing activities.
- **Brightness Adjustment:** Adjust screen brightness for optimal visibility.

# Trend on the wrist, massive dial Insight into the world

Download the dial that comes with the watch  
and the rich dial market in the APP.  
There are many changes in the wrist,  
and the world is loaded into your wrist.



Image 6.3: The smartwatch showcases multiple customizable watch faces, emphasizing the variety available through the app to match personal style.

# DIY Wallpaper dial

## Record the most beautiful moments on your wrist

Upload any wallpaper you like to the watch through the APP as the dial wallpaper.



Image 6.4: This image demonstrates the DIY Wallpaper dial feature, where users can upload any preferred image from their phone to be used as the smartwatch's background.

## 7. MAINTENANCE

### 7.1 Cleaning

- Wipe the watch screen and body with a soft, dry, lint-free cloth.
- For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.
- Clean the charging contacts regularly to ensure good connection.

### 7.2 Water Resistance (IP67)

- The Q88 Smartwatch is IP67 rated, meaning it is protected against dust and can withstand immersion in water up to 1 meter for 30 minutes.
- It is suitable for daily use like hand washing or rain exposure.
- **Do not use it for swimming, diving, showering with hot water, or in saunas.** Water damage due to improper use is not covered by warranty.

### 7.3 Strap Care

The Q88 Smartwatch supports various strap materials, including silicone, Milanese magnetic, and leather. Clean straps according to their material type.



Image 7.1: The image displays the Q88 Smartwatch with three different strap options: a black Milanese magnetic strap, a black silicone strap, and a brown leather strap, highlighting its universal strap compatibility.

## 8. TROUBLESHOOTING

### 8.1 Watch Not Turning On

- Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- Press and hold the side button for several seconds.

### 8.2 Unable to Pair with Smartphone

- Make sure Bluetooth is enabled on your smartphone.

- Ensure the watch is within Bluetooth range of your phone (typically 10 meters).
- Restart both your smartphone and the smartwatch.
- Check if the companion app is updated to the latest version.
- If previously paired, try unpairing the device from your phone's Bluetooth settings and then re-pairing through the app.

### 8.3 Inaccurate Health Data

- Ensure the watch is worn snugly on your wrist, not too tight or too loose.
- Clean the sensor on the back of the watch.
- Remember that health data is for reference only and not for medical purposes.

### 8.4 Notifications Not Appearing

- Verify that the watch is properly connected to the app.
- Check notification permissions for the app in your smartphone's settings.
- Ensure 'Do Not Disturb' mode is not active on either the watch or your phone.
- Confirm that the specific app notifications are enabled within the companion app settings.

## 9. WARRANTY AND SUPPORT

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For warranty information, please refer to the documentation provided at the time of purchase or contact your retailer. If you encounter issues not covered in this manual, please contact HFGH customer support through the contact information provided with your product or on the official brand website.