

IRIS OHYAMA RC-ME30-W

IRIS OHYAMA RC-ME30-W 3-Cup Microcomputer Rice Cooker Instruction Manual

Model: RC-ME30-W

1. INTRODUCTION

Thank you for purchasing the IRIS OHYAMA RC-ME30-W 3-Cup Microcomputer Rice Cooker. This appliance is designed to cook rice to perfection, enhancing its natural flavor and texture. Please read this manual thoroughly before use to ensure safe and optimal operation. Keep this manual for future reference.

Key Features:

- **Thick Pot & W-Heater:** Ensures even heat distribution for fluffy rice.
- **40 Brand Cooking Function:** Automatically adjusts cooking settings based on 40 different rice brands.
- **9 Texture Settings:** Customize rice texture by combining 3 levels of softness (soft, normal, firm) and 3 levels of chewiness (chewy, normal, crisp).
- **6 Healthy Menus:** Includes specialized settings for low-carb, porridge, mixed grain, sticky rice, brown rice, and barley rice.

2. SAFETY INSTRUCTIONS

Always follow basic safety precautions when using electrical appliances to reduce the risk of fire, electric shock, and injury.

- Ensure the power supply voltage matches the rating indicated on the appliance.
- Do not immerse the main unit, power cord, or plug in water or other liquids.
- Keep the appliance out of reach of children. Close supervision is necessary when used near children.
- Unplug the appliance from the outlet when not in use and before cleaning.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- Use only accessories recommended by the manufacturer.
- Do not use outdoors. This appliance is for household indoor use only.

- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Exercise extreme caution when moving an appliance containing hot oil or other hot liquids.
- Do not touch hot surfaces. Use handles or knobs.
- Always attach the plug to the appliance first, then plug the cord into the wall outlet. To disconnect, turn any control to "off," then remove the plug from the wall outlet.

3. PRODUCT OVERVIEW AND COMPONENTS

Familiarize yourself with the parts of your rice cooker.



Image: Front view of the IRIS OHYAMA RC-ME30-W Rice Cooker, showing the control panel and handle.

使いやすい

操作パネル



くっきり見やすい
液晶画面

大きく押しやすい
ボタン

Image: Close-up of the control panel with a clear LCD screen and large, easy-to-press buttons.

Main Components:

- Main Unit
- Inner Pot (Thick Pot)
- Inner Lid
- Measuring Cup
- Rice Scoop
- Power Cord

4. SETUP

1. **Unpacking:** Carefully remove all packaging materials and accessories.
2. **Initial Cleaning:** Wash the inner pot, inner lid, measuring cup, and rice scoop with mild detergent and warm water. Rinse thoroughly and dry. Wipe the exterior of the main unit with a damp cloth.
3. **Placement:** Place the rice cooker on a stable, level, and heat-resistant surface. Ensure there is adequate ventilation around the unit. Avoid placing it near heat sources or in direct sunlight.
4. **Power Connection:** Insert the power cord into the rice cooker's power inlet, then plug it into a grounded

electrical outlet.

5. OPERATING INSTRUCTIONS

5.1 Basic Rice Cooking (White Rice)

1. **Measure Rice:** Use the provided measuring cup to measure the desired amount of rice. For white rice, the maximum capacity is 3 cups (0.54L).
2. **Wash Rice:** Wash the rice thoroughly until the water runs clear.
3. **Add Water:** Place the washed rice into the inner pot. Add water up to the corresponding water level mark inside the pot for the selected rice type and quantity.
4. **Place Inner Pot:** Ensure the inner pot is properly seated inside the main unit. Close the outer lid securely.
5. **Select Menu:** Press the "Menu" button to select "White Rice" ().
6. **Start Cooking:** Press the "Cook" () button to begin the cooking process. The cooking indicator will light up.
7. **Completion:** Once cooking is complete, the rice cooker will switch to "Keep Warm" mode. Stir the rice gently with the rice scoop to fluff it before serving.

5.2 Advanced Cooking Functions

This rice cooker offers various specialized cooking functions for different rice types and textures.

好みや料理に合わせて選べる

かたさと食感

かたさと食感を
自由に掛け合わせる
"おこのみ炊き"で
9通りの炊き分けが可能。



3通りのかたさ選択

やわらかめ

ふつう

かため

3通りの食感選択

もっちり

ふつう

しゃっきり

Image: Diagram illustrating the 9 texture settings, combining 3 levels of softness (Soft, Normal, Firm) and 3 levels of chewiness (Chewy, Normal, Crisp).

- **40 Brand Cooking Function ():**

This function optimizes cooking for 40 specific rice brands. Select the "Brand Cooking" () menu and use the arrow buttons to choose your rice brand. The rice cooker will automatically adjust heat and time for optimal results.

- **9 Texture Settings ():**

After selecting a rice type (e.g., White Rice), you can customize the texture. Use the dedicated buttons to choose your preferred softness (- Soft, - Normal, - Firm) and chewiness (- Chewy, - Normal, - Crisp). This allows for 9 unique texture combinations.

- **6 Healthy Menus ():**

Select the "Healthy Menu" () button to access specialized cooking modes. These include:

- Low-Carb ()
- Porridge ()
- Mixed Grain Rice ()
- Sticky Rice ()
- Brown Rice ()
- Barley Rice ()

毎日の食事を

ヘルシーに美味しく

6種のヘルシーメニュー搭載で、健康をサポート。
健康ごはんを手軽に美味しく食べられます。



糖質

約10%
抑制

低糖質

おかゆ

雑穀米

おこわ

玄米

麦飯

※米銘柄・おこのみ炊き分けはできません。

Image: Display of the 6 healthy menu options, showing various types of rice balls.

5.3 Timer/Reservation Function ()

To set a delayed cooking start time:

1. Prepare rice and water in the inner pot as usual.
2. Press the "Reservation" () button.
3. Use the "Hour" () and "Minute" () buttons to set the desired completion time.
4. Press the "Cook" () button to confirm. The timer indicator will light up.

5.4 Keep Warm Function ()

After cooking, the rice cooker automatically switches to "Keep Warm" mode. To manually activate or deactivate this function, press the "Keep Warm/Cancel" (/) button.

6. MAINTENANCE

Regular cleaning ensures optimal performance and extends the life of your rice cooker.

- **Inner Pot:** Wash the inner pot with a soft sponge and mild dish soap. Do not use abrasive cleaners or metal scrubbers, as this can damage the non-stick coating. Rinse thoroughly and dry completely.
- **Inner Lid:** The inner lid is detachable for easy cleaning. Remove it and wash with mild dish soap. Rinse and dry. Ensure it is properly reattached before next use.
- **Main Unit Exterior:** Wipe the exterior of the rice cooker with a soft, damp cloth. Do not use harsh chemicals or immerse the unit in water.
- **Steam Vent:** Periodically check and clean the steam vent to prevent blockages.
- **Storage:** Store the rice cooker in a dry, clean place when not in use.

7. TROUBLESHOOTING

If you encounter issues, refer to the following common problems and solutions. If the problem persists, contact customer support.

Problem	Possible Cause	Solution
Rice is undercooked or overcooked.	Incorrect rice-to-water ratio; incorrect cooking mode selected.	Ensure correct water levels for the rice type. Select the appropriate cooking menu.
Rice cooker does not turn on.	Power cord not properly connected; power outage.	Check power cord connection to both the unit and the wall outlet. Verify power supply.
Buttons are unresponsive.	Temporary electronic glitch.	Unplug the unit for a few minutes, then plug it back in.
Timer setting changes unexpectedly.	Time adjustment buttons pressed too briefly.	When setting the time, ensure you press and hold the hour/minute buttons for at least 1 second to enter adjustment mode. A brief touch may inadvertently change the time.
Steam leaks from lid.	Lid not closed properly; inner lid not installed correctly; steam vent blocked.	Ensure the lid is securely closed. Check if the inner lid is correctly attached. Clean the steam vent.

8. SPECIFICATIONS

Specification	Detail
Brand	IRIS OHYAMA
Model Number	RC-ME30-W
Cooking Method	Microcomputer Rice Cooker
Power Source	AC100V (50/60Hz common)

Specification	Detail
Rated Power Consumption (Cooking)	475W
Maximum Cooking Capacity	White Rice, Wash-free Rice, New Rice, Quick Cook, Eco-mode: 0.54L (3 cups) Brown Rice, Barley Rice, Mixed Grain Rice, Sticky Rice, Seasoned Rice: 0.36L (2 cups) Low-carb: 0.27L (1.5 cups) Porridge: Full porridge 0.18L (1 cup), 5-part porridge 0.09L (0.5 cup)
Power Cord Length	Approx. 1.0m
Material	Aluminum (Inner Pot)
Color	White
Product Dimensions (W x D x H)	27.4 x 23.2 x 20.1 cm
Product Weight	2.8 kg
Package Dimensions	37.4 x 26.4 x 24.4 cm
Package Weight	3.4 kg
Battery Use	No


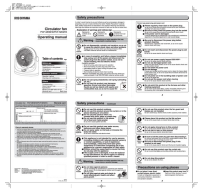
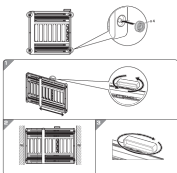


9. WARRANTY AND SUPPORT

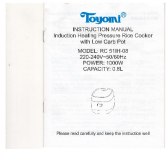
This IRIS OHYAMA RC-ME30-W Rice Cooker comes with a **1-year manufacturer warranty** from the date of purchase. Please retain your proof of purchase for warranty claims.

The warranty covers defects in materials and workmanship under normal use. It does not cover damage caused by misuse, accident, unauthorized modification, or failure to follow the instructions in this manual.

For warranty service, technical support, or any questions not addressed in this manual, please contact IRIS OHYAMA customer service. Contact information can typically be found on the official IRIS OHYAMA website or on the product packaging.

Related Documents - RC-ME30-W

<p>Monitor Stand Drawer Base para Monitor con Cajón Support pour Moniteur avec Tiroir Monitorständer mit Schublade Supporto Monitor con Cassetto Monitorstandard met Lade</p>  <p>MS-590D Monitor Stand Base para Monitor Support pour Moniteur Monitorständer Supporto Monitor Monitorstandard</p>	<p>Iris Ohyama MS-590D Storage Unit User Manual</p> <p>User manual for the Iris Ohyama MS-590D storage unit, detailing safety, parts, assembly, and care instructions for optimal use.</p>																		
	<p>IRIS OHYAMA Circulator Fan PCF-MKM18/PCF-MKM15 Safety and Operation Manual</p> <p>Comprehensive safety precautions, operating instructions, troubleshooting guide, and warranty information for the IRIS OHYAMA Circulator Fan models PCF-MKM18 and PCF-MKM15.</p>																		
<p>PET BARRIER PBR-600</p>  <p>Iris Ohyama Europe B.V. Postbus 1000, 3720 BA Zierikzee, The Netherlands Tel: +31 (0)374 300000 Fax: +31 (0)374 300001 E-mail: info@irisohyama.com www.irisohyama.com</p>	<p>Iris Ohyama PBR-600 Pet Barrier: Installation and Product Information</p> <p>Concise guide to installing and using the Iris Ohyama PBR-600 Pet Barrier, featuring step-by-step instructions and company contact details.</p>																		
<p>アイリスオーヤマ 40インチフルHD液晶モニター 40FB10P</p>  <table border="1"> <thead> <tr> <th colspan="2">仕様</th> </tr> </thead> <tbody> <tr> <td>型番</td> <td>40FB10P</td> </tr> <tr> <td>サイズ</td> <td>40.1" (101.6cm) 横置き</td> </tr> <tr> <td>重量</td> <td>約 12.5kg (VESA)</td> </tr> <tr> <td>消費電力</td> <td>約 65W (最大)</td> </tr> <tr> <td>入力端子</td> <td>HDMI, DVI-D, VGA, Component, Composite</td> </tr> <tr> <td>スピーカー</td> <td>内蔵 (2ch)</td> </tr> <tr> <td>リモコン</td> <td>付属</td> </tr> <tr> <td>保証</td> <td>3年無償保証</td> </tr> </tbody> </table>	仕様		型番	40FB10P	サイズ	40.1" (101.6cm) 横置き	重量	約 12.5kg (VESA)	消費電力	約 65W (最大)	入力端子	HDMI, DVI-D, VGA, Component, Composite	スピーカー	内蔵 (2ch)	リモコン	付属	保証	3年無償保証	<p>Iris Ohyama 40-inch FHD LCD Monitor (40FB10P) - Technical Specifications</p> <p>Detailed technical specifications and dimensional diagrams for the Iris Ohyama 40-inch Full HD LCD Monitor, model 40FB10P. Includes screen size, resolution, connectivity, power, and physical dimensions for mounting.</p>
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<p>USER MANUAL</p> <p>ELECTRIC RICE COOKER RC-10IX1TMY(N)</p>  <p>TOSHIBA</p>	<p>Toshiba RC-10IX1TMY(N) Electric Rice Cooker User Manual</p> <p>Comprehensive user manual for the Toshiba RC-10IX1TMY(N) Electric Rice Cooker, covering safety instructions, parts, basic procedures, cooking modes, and maintenance.</p>																		



[Toyomi RC 51IH-08 Induction Heating Pressure Rice Cooker with Low Carb Pot - User Manual](#)

Official instruction manual for the Toyomi RC 51IH-08 Induction Heating Pressure Rice Cooker with Low Carb Pot. Learn about its features, parts, operation, safety precautions, cleaning, and troubleshooting.