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› [Instant Pot Pro 10-in-1 Pressure Cooker, Slow Cooker, Rice/Grain Cooker, Steamer, Saut , Sous Vide, Yogurt Maker, Sterilizer, and Warmer, Includes App With Over 800 Recipes, Black, 6 Quart 6 Quarts](#)

### Instant Pot 112-0123-01

# Instant Pot Pro 10-in-1 Multi-Use Pressure Cooker User Manual

Model: 112-0123-01 | Brand: Instant Pot

## INTRODUCTION

The Instant Pot Pro is a versatile 10-in-1 kitchen appliance designed to simplify your cooking experience. It combines the functions of a pressure cooker, slow cooker, rice/grain cooker, steamer, saut pan, sous vide, yogurt maker, sterilizer, and food warmer. With 28 smart cooking programs and 5 customizable Favorite settings, it offers efficient and convenient meal preparation.

This appliance features a 20% faster pre-heating time and can cook up to 70% faster overall compared to traditional methods. Its upgraded gentle steam release mechanism ensures quieter operation and minimizes countertop mess with a diffusing cover. Thoughtful design elements include Easy Grip handles on the inner pot, a large, easy-to-read LCD display, and an auto-sealing lid for enhanced safety and ease of use.



Image: Instant Pot Pro 10-in-1 Pressure Cooker, showcasing its sleek black design and control panel.



- Pressure Cook
- Slow Cook
- Rice
- Steam
- Sauté
- Bake
- Yogurt
- Warm
- Sous Vide
- Sterilize



Image: Graphic illustrating the 10 cooking programs: Pressure Cook, Slow Cook, Rice, Steam, Saut , Bake, Yogurt, Warm, Sous Vide, Sterilize.

## PRODUCT COMPONENTS AND ACCESSORIES

The Instant Pot Pro comes with essential accessories to enhance your cooking experience:

- **Multi-Cooker Base:** The main unit housing the heating element and control panel.
- **Dishwasher-Safe Multi-Cooker Lid:** Features an auto-sealing mechanism and a gentle steam release switch with a diffusing cover.
- **Dishwasher-Safe Stainless Steel Inner Pot:** Equipped with Easy Grip handles for safe and convenient handling.
- **Extra Sealing Ring:** A spare silicone sealing ring for the lid, ensuring a tight seal for pressure cooking.
- **Stainless-Steel Steamer Rack with Handles:** Ideal for steaming vegetables, fish, or other foods above the liquid.



Image: Diagram showing the main components: multi-cooker lid, extra sealing ring, steam rack, stainless-steel inner pot, and multi-cooker base.

## SETUP

1. **Unpack:** Carefully remove all components from the packaging.
2. **Clean:** Before first use, wash the inner pot, lid, and sealing ring with warm, soapy water. Wipe the exterior of the cooker base with a damp cloth. Ensure all parts are completely dry before assembly.
3. **Install Sealing Ring:** Ensure the silicone sealing ring is properly seated in the lid's sealing ring rack.
4. **Place Inner Pot:** Insert the stainless steel inner pot into the cooker base.
5. **Connect Power:** Plug the power cord into the Instant Pot Pro and then into a grounded electrical outlet.

For detailed first-time use instructions and a water test, please refer to the official Instant Pot Pro User Manual (PDF) available online.

## OPERATING INSTRUCTIONS

The Instant Pot Pro offers a variety of cooking functions accessible via its intuitive control panel and large LCD display.

### Key Functions:

- **Pressure Cook:** For fast cooking under pressure, retaining moisture and flavor.
- **Slow Cook:** For traditional slow-cooked recipes, allowing flavors to meld over time.
- **Saut :** Allows you to brown ingredients directly in the inner pot before pressure cooking or slow cooking.
- **Rice/Grain:** Optimized programs for various types of rice and grains.
- **Steam:** For healthy steaming of vegetables, seafood, and more using the included steamer rack.
- **Sous Vide:** Precision cooking for perfectly tender results.
- **Yogurt:** For making homemade yogurt.
- **Sterilize:** Ideal for sterilizing baby bottles, jars, and utensils.
- **Keep Warm:** Automatically keeps food warm after cooking.
- **Bake:** For baking cakes and other desserts.

# EASILY MONITOR COOKING

28 One-touch cooking programs.



See each stage of the cooking program in real time on the progress bar.

5 Programmable settings for your own recipes.

Image: Close-up of the Instant Pot Pro control panel, highlighting the LCD display and various program buttons.

## Using the Control Panel:

- **Program Settings:** Select from 28 pre-set programs for common dishes.
- **Favorite Programs:** Utilize the 5 programmable settings to save your most frequently used custom recipes for quick access.
- **Time and Temperature Adjustment:** Use the central dial and +/- buttons to adjust cooking time, temperature, and pressure levels as needed.
- **Delay Start:** Program the cooker to start at a later time, allowing for meal planning.
- **Progress Bar:** Monitor the cooking progress in real-time on the LCD display.



→ Free app with 2000+ recipes (130+ for Instant Pot®)

→ Guided step-by-step cooking instructions

→ Save and organize recipes into collections

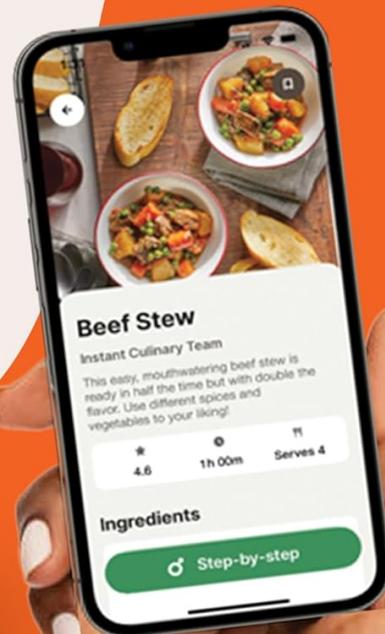


Image: Screenshot of the Instant Connect app on a smartphone, showing step-by-step cooking instructions and recipe organization.

For additional recipes and guided step-by-step cooking instructions, download the free Instant Pot Connect app (available on iOS and Android).

## MAINTENANCE AND CLEANING

Regular cleaning and maintenance will ensure the longevity and optimal performance of your Instant Pot Pro.

### Cleaning Instructions:

- **Inner Pot:** The stainless steel inner pot is dishwasher-safe. For stubborn food residue, soak with warm soapy water before cleaning.
- **Lid:** The multi-cooker lid is dishwasher-safe. Remove the sealing ring and anti-block shield before washing. Ensure all parts are dry before reassembling.
- **Sealing Ring:** Wash the silicone sealing ring with warm soapy water. It is recommended to have an extra sealing ring and replace it every 12-18 months, or when stretching or damage is noticed.
- **Cooker Base:** Wipe the exterior of the cooker base with a damp cloth. Never immerse the cooker base in water or other liquids.
- **Steam Release Valve:** Ensure the steam release valve is clear of any food debris.

The Easy Grip handles on the inner pot are designed to stay cool, allowing for safe removal and transfer of the pot, even to a stovetop for additional cooking steps.



Image: Stainless steel inner pot with silicone-covered handles, designed for easy and safe handling.

### TROUBLESHOOTING

If you encounter any issues with your Instant Pot Pro, please refer to the following general advice:

- **Error Codes:** Consult the official user manual for a list of error codes and their corresponding solutions.
- **Lid Not Sealing:** Ensure the sealing ring is correctly installed and free of debris. Check that the lid is properly aligned and locked.
- **Steam Leaking:** Verify the steam release handle is in the 'Sealing' position. Check the sealing ring for damage or improper installation.
- **Food Not Cooking:** Ensure sufficient liquid is added for pressure cooking. Verify the correct program and cooking time have been selected.

For comprehensive troubleshooting steps and detailed solutions, please refer to the complete user manual provided by Instant Pot.

### SPECIFICATIONS

Feature	Specification
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Feature	Specification
Brand	Instant Pot
Capacity	6 Quarts
Material	Stainless steel
Color	Black
Product Dimensions	13"D x 12.7"W x 12.8"H
Wattage	1200 watts
Item Weight	13.2 pounds (6 Kilograms)
Control Method	Touch
Is Dishwasher Safe	Yes (Inner Pot, Lid, Sealing Ring)
Voltage	120 Volts
Closure Type	Outer Lid, Inner Lid
UPC	810028582194
Model Number	112-0123-01
Country of Origin	China

## WARRANTY AND SUPPORT

For detailed warranty information, product registration, and further support, please refer to the official Instant Pot website or the comprehensive user manual.

You can access the official User Manual (PDF) [here](#).

For additional assistance, contact Instant Pot customer support through their official channels.