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### Belmint BEL-CHM

# Belmint Hand Massager Instruction Manual

Model: BEL-CHM

## INTRODUCTION

Thank you for choosing the Belmint Hand Massager. This device is designed to provide relief for various hand discomforts, including carpal tunnel, arthritis, cramping, wrist, and general hand pain, through a combination of compression, heat, and vibration. Please read this manual thoroughly before use to ensure safe and effective operation.



*The Belmint Hand Massager, a sleek black device with an intuitive control panel.*

## SAFETY INFORMATION

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- Do not use while sleeping or bathing.
- Keep away from water to prevent electrical shock.
- Always ensure hand is properly positioned within the device.
- Do not use if there are any open wounds or infections on the hand.

## PRODUCT FEATURES OVERVIEW

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The Belmint Hand Massager utilizes airbag compression, mild heat, and gentle vibration to target pressure points from the wrist to the fingertips.

# ACUPRESSURE

**Airbag compression may soothe arthritis, carpal tunnel, cramping, wrist and hand pain.**



*Internal diagram illustrating the acupressure points targeted by airbag compression.*

# HEAT

Reaches up to 102F  
Extra warmth may increase muscle relaxation and relieve pain.

# MODE

6 modes - each covering a different area from the wrist down to your fingertips.

# INTENSITY

6 intensity levels

# VIBRATION

Mode 1  
pulse vibrations  
Mode 2  
continuous vibration

*Key features: Heat, multiple modes, intensity levels, and vibration options.*

# WARMTH



# 102F

*The device provides gentle warmth, reaching up to 102°F, to enhance muscle relaxation.*



For maximum  
pain relief,  
compression  
is powerful.

You'll see these  
indentations  
afterwards.



*Temporary indentations on the palm indicate effective compression and acupressure.*



*Detailed view of the control panel with clearly labeled buttons for easy operation.*



*Dimensions and design details, including non-slip feet, soft interior, and USB-C charging.*

*Official product video demonstrating the benefits and features of the Belmint Hand Massager. A woman showcases the device's acupressure, heat, vibration, and portability, emphasizing its quiet operation and effectiveness for various hand pains.*

## SETUP AND FIRST USE

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1. Ensure the device is fully charged using the provided USB-C cable. The indicator lights will show charging status.
2. Place the massager on a stable, flat surface.
3. Gently place your hand inside the massager, ensuring it is comfortably positioned.

## OPERATING INSTRUCTIONS

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### Power On/Off

- Press the **Power Button** to turn the device on or off.
- The device features a 15-minute auto shut-off for safety and to prevent overuse.

## Selecting Mode

- Press the **Mode Button** to cycle through 6 different massage modes. Each mode targets a specific area of the hand, from wrist to fingertips.
- Experiment with different modes to find the one that best suits your needs.

## Adjusting Intensity

- Press the **Intensity Button** to select from 6 intensity levels.
- Start with Level 1 and gradually increase the intensity as desired. The compression is powerful even at lower settings.

## Heat Function

- Press the **Heat Button** to activate or deactivate the mild heat function.
- The heat helps to increase muscle relaxation and relieve pain.

## Vibration Function

- Press the **Vibration Button** to activate or deactivate the vibration function.
- The vibration is mild and can be used independently or in conjunction with compression and heat.

## MAINTENANCE AND CARE

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- Clean the exterior of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Store the device in a cool, dry place away from direct sunlight and extreme temperatures.
- Ensure the device is fully charged before long-term storage to preserve battery life.

## TROUBLESHOOTING

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Problem	Possible Cause	Solution
Device does not turn on.	Low battery.	Charge the device fully.
Weak compression.	Intensity level is too low.	Increase the intensity level using the Intensity Button.
No heat.	Heat function is off.	Press the Heat Button to activate. Note that heat is mild.
Device stops unexpectedly.	15-minute auto shut-off activated.	This is normal operation. Restart if desired.

## TECHNICAL SPECIFICATIONS

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- **Product Dimensions:** 12 x 6 x 4.5 inches
- **Item Weight:** 2.77 Pounds



- **Item Model Number:** BEL-CHM
- **Batteries:** 1 Lithium Ion batteries required (included)
- **Power Source:** Battery Powered
- **Material:** Rubber
- **Manufacturer:** Belmint

## WARRANTY AND SUPPORT

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For warranty information or technical support, please refer to the product packaging or contact Belmint customer service directly. Keep your purchase receipt for warranty claims.

