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## Vivitar MS1700

# Vivitar Vivaspa Handheld Cordless & Rechargeable Massage Gun

Model: MS1700

Brand: Vivitar

## INTRODUCTION

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The Vivitar Vivaspa Handheld Massage Gun is designed to provide deep tissue massage for muscle soreness and stiffness. This cordless and rechargeable device features an LCD display, multiple speed modes, and interchangeable massage heads, offering a customizable massage experience for various body parts.

## SAFETY INFORMATION

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Always adhere to the following safety guidelines to prevent injury or damage to the device:

- Do not use the massager on injured, inflamed, or swollen areas of the body.
- Consult a healthcare professional before use if you have any medical conditions, are pregnant, or have a pacemaker.
- Keep the device away from water and high temperatures.
- Do not disassemble or attempt to repair the device yourself.
- Keep out of reach of children.
- Use only the provided charging cable.

## PACKAGE CONTENTS

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Verify that all items are present in the package:

- Vivitar Vivaspa Handheld Massage Gun
- Flat Head Attachment
- Round Head Attachment
- Fork Head Attachment
- Bullet Head Attachment
- USB Charging Cable
- User Manual (this document)



Image: The Vivitar Vivaspa massage gun shown with its four distinct interchangeable massage heads: flat, round, fork, and bullet.

## PRODUCT FEATURES

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- **Cordless and Rechargeable Design:** Offers portability and convenience for use anywhere.
- **LCD Touch Display:** Provides clear indication of speed settings and battery status.
- **6 Speed Modes:** Adjustable percussion intensity from 1800 to 3200 percussions per minute.
- **4 Interchangeable Massage Heads:** Designed for targeting various muscle groups and tissue depths.
- **Quiet Brushless Motor:** Operates within a noise range of 35dB to 55dB.
- **Ergonomic Grip:** Designed for comfortable and secure handling during use.



LCD TOUCH SCREEN



ON/OFF BUTTON



SPEED LEVELS

Image: The massage gun's LCD touch screen, power button, and speed level indicators are highlighted.



## ERGONOMIC GRIP FOR COMFORTABLE HOLDING

Image: The ergonomic design of the massager's handle is shown, emphasizing comfortable holding.

### SETUP

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1. **Charge the Device:** Before first use, fully charge the massage gun using the provided USB cable. Refer to the "Charging the Device" section for details.
2. **Select an Attachment Head:** Choose the appropriate massage head for your desired massage area and intensity.
3. **Attach the Head:** Firmly insert the stem of the chosen massage head into the opening at the front of the massage gun. Ensure it is securely seated.

# 4 ATTACHMENT HEADS

BULLET HEAD



FLAT HEAD

ROUND HEAD

FORK HEAD



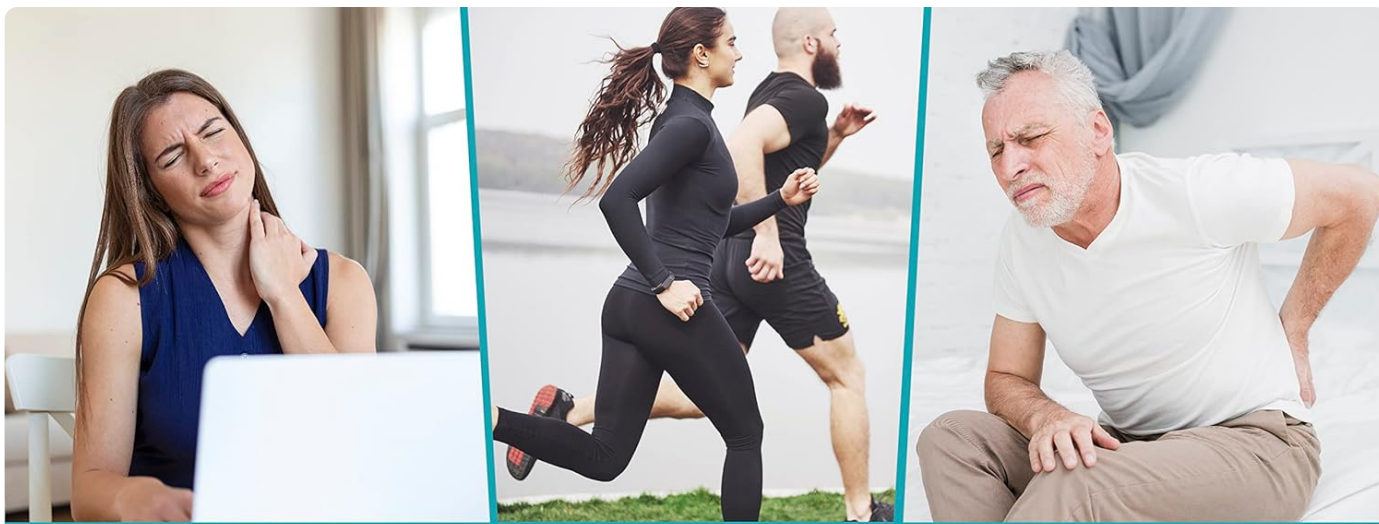
Image: The four distinct attachment heads are displayed, indicating their names and general purpose.

## OPERATING INSTRUCTIONS

1. **Power On:** Press and hold the power button on the LCD touch display to turn on the device. The display will illuminate.
2. **Adjust Speed:** Use the touch controls on the LCD display to cycle through the 6 available speed settings. Start with a lower speed and gradually increase as desired.
3. **Apply to Body:** Gently press the massage head against the desired muscle area. Move the massager slowly over the muscle, applying light to moderate pressure.
4. **Massage Duration:** For optimal results and to avoid over-stimulation, limit each massage session to 10-15 minutes per muscle group.
5. **Power Off:** Press and hold the power button again to turn off the device.



Image: A user demonstrates holding the massage gun, illustrating its comfortable grip and how it can be applied to the back.



**VIVASPA**<sup>TM</sup>  
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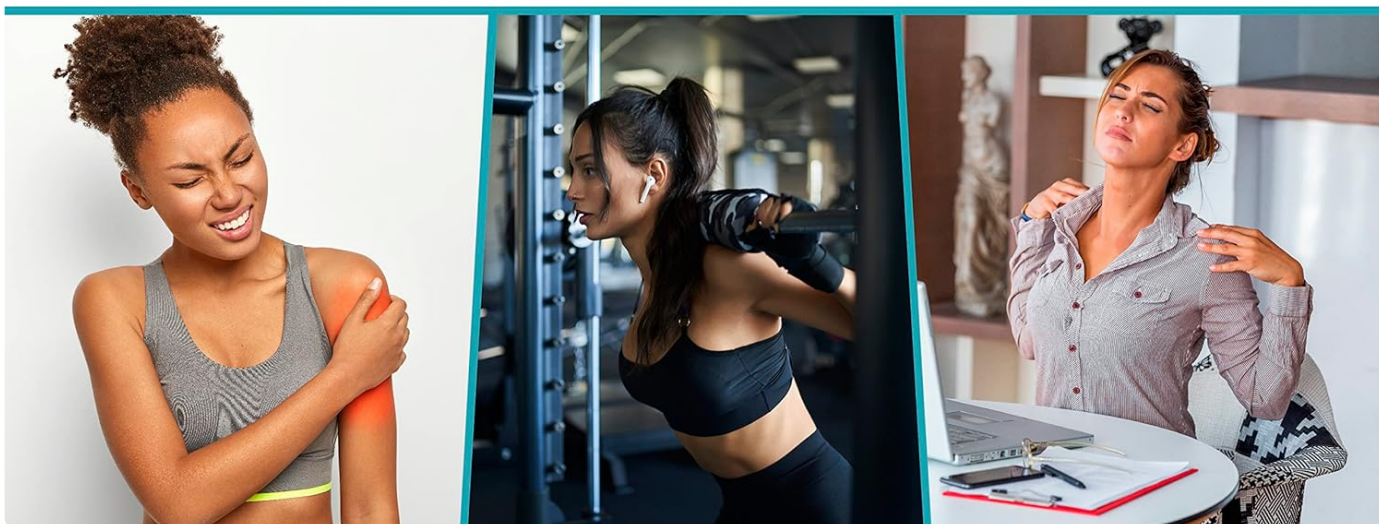


Image: Various scenarios depict individuals using the massage gun to alleviate muscle discomfort in different body areas, including post-workout recovery.

## INTERCHANGEABLE HEADS

The Vivitar Vivaspa massage gun comes with four specialized massage heads:

**Flat Head:** Suitable for general full-body massage, ideal for larger muscle groups.

**Round Head:** Designed for large muscle areas such as arms, back, hips, and thighs.

**Fork Head:** Best for targeting the neck, spine, and Achilles tendon.

**Bullet Head:** Used for pinpoint treatment of joints, deep tissue, and trigger points.



**FLAT HEAD**  
for the whole body



**BULLET HEAD**  
for joints,  
deep tissue massage  
& trigger points



**ROUND HEAD**  
for large muscle  
area



**FORK HEAD**  
for neck and spine

Image: A visual guide illustrating each massage head and its specific application area.

## CHARGING THE DEVICE

The massage gun is equipped with a rechargeable Lithium Ion battery. To charge:

1. Connect the provided USB charging cable to the charging port on the massager.
2. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a USB outlet.
3. The LCD display will indicate the charging status. A full charge typically takes several hours.
4. Disconnect the charger once the battery is fully charged.

## MAINTENANCE AND CARE

- **Cleaning:** Wipe the device with a soft, damp cloth after each use. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massage gun and its attachments in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid completely draining the battery before recharging. If storing for an extended period, charge the device every few months.

## TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Battery is low or depleted.	Charge the device fully. Ensure the charging cable is securely connected.
Device stops during use.	Battery is low; Overheating protection activated.	Recharge the device. Allow the device to cool down before resuming use. Avoid continuous use for extended periods.
Weak percussion/vibration.	Low battery; Incorrect speed setting.	Charge the device. Increase the speed setting using the LCD display.
Attachment head is loose.	Head not fully inserted.	Ensure the attachment head is firmly pushed into the device until it clicks into place.

## SPECIFICATIONS

**Model:** MS1700

**Brand:** Vivitar

**Power Source:** Battery Powered (1 Lithium Ion battery, included)

**Percussion Range:** 1800-3200 percussions per minute

**Speed Modes:** 6

**Number of Heads:** 4 (Flat, Round, Fork, Bullet)

**Material:** Silicone (for heads)

**Item Weight:** 2.7 Pounds

**Package Dimensions:** 12 x 11.1 x 3.6 inches

**Manufacturer:** Vivitar

**Country of Origin:** China

## WARRANTY AND SUPPORT

For warranty information, technical support, or service inquiries, please contact Vivitar customer service. Refer to the product packaging or the official Vivitar website for the most current contact details.

**Vivitar Official Website:** [www.vivitar.com](http://www.vivitar.com)