

Essy YC-303D

Essy Neck and Shoulder Massager with Heat

Model: YC-303D

1. INTRODUCTION

Thank you for choosing the Essy Neck and Shoulder Massager with Heat. This device is designed to provide deep tissue massage and soothing heat therapy to various parts of your body, including the neck, shoulders, back, waist, abdomen, arms, thighs, calves, and feet. Please read this manual thoroughly before use to ensure safe and effective operation.



Image 1.1: Essy Neck and Shoulder Massager providing shiatsu massage with heat.

2. IMPORTANT SAFETY INSTRUCTIONS

To reduce the risk of electric shock, burns, fire, or injury, always follow these basic safety precautions:

- Read all instructions before using this appliance.
- Do not use while sleeping or drowsy.
- Always unplug the appliance from the electrical outlet immediately after using and before cleaning.
- Do not use in a wet or damp environment. Keep away from water.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been dropped or damaged.
- Do not use on sensitive skin areas or in the presence of poor circulation.
- Consult your doctor before using if you are pregnant, have a pacemaker, suffer from diabetes, phlebitis, thrombosis, or are at an increased risk of developing blood clots.
- This appliance is not intended for medical use. It is intended only to provide a luxurious massage.
- Keep out of reach of children.
- Do not use for more than 15 minutes at a time. Allow the device to cool down before reuse.

3. PRODUCT COMPONENTS

The Essy Neck and Shoulder Massager typically includes the following items:

- Essy Neck and Shoulder Massager Unit
- AC Power Adapter
- Car Adapter (may be included or sold separately)
- User Manual (this document)

4. SETUP

1. **Unpack:** Carefully remove the massager and all accessories from the packaging.
2. **Connect Power:** Insert the AC power adapter into the power port on the massager. Plug the other end into a standard electrical outlet. If using in a car, connect the car adapter to the massager and then to your vehicle's 12V power socket.
3. **Position Massager:** Place the massager on the desired body area (neck, shoulders, back, etc.). Use the arm straps to adjust the position and apply gentle pressure for optimal massage intensity.

5. OPERATING INSTRUCTIONS

The Essy Neck and Shoulder Massager features a simple control panel for easy operation.



Image 5.1: Control panel for Essy Neck and Shoulder Massager.

- **Power Button (⏻):** Press once to turn the massager ON. The device will start a 15-minute massage session with default settings. Press again to turn OFF.
- **Heating Function Button (SSS):** Press to activate or deactivate the soothing heat function. The heat indicator light will illuminate when active.
- **Rotation Button (↻):** Press to change the direction of the massage nodes' rotation. This allows for varied massage sensations.
- **Speed/Intensity Button (|||):** Press to cycle through 3 different massage intensity levels (low, medium, high). Adjust according to your preference.

5.1 Versatile Placement

The massager's flexible design allows for use on various body parts:



Image 5.2: Examples of massager placement on different body areas.

- **Neck and Shoulders:** Position the massager around your neck and shoulders, using the arm straps to hold it in place.
- **Upper/Lower Back:** Place the massager against a chair or sofa and lean into it to target specific back areas.

- **Waist and Abdomen:** Wrap the massager around your waist or abdomen for targeted relief.
- **Legs and Feet:** Position the massager on your thighs, calves, or feet as needed.

6. MAINTENANCE

- **Cleaning:** Always unplug the massager before cleaning. Wipe the surface with a soft, slightly damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place, away from direct sunlight and moisture. Avoid placing heavy objects on top of the massager.
- **Washable Mesh:** The mesh fabric covering the massage nodes is designed to be washable. Refer to specific care instructions if provided with the product for detailed cleaning of the mesh.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Massager does not turn on.	Power adapter not connected properly or no power from outlet.	Ensure the power adapter is securely plugged into both the massager and a working electrical outlet. Try a different outlet.
Heat function is not working.	Heat function is not activated.	Press the Heat button (SSS) on the control panel to activate the heating function. Allow a few minutes for the heat to become noticeable.
Massage feels too weak or too strong.	Intensity level is not set to your preference.	Press the Speed/Intensity button () to adjust between the 3 available intensity levels. Adjust pressure using the arm straps.
Massager stops unexpectedly.	Automatic shut-off after 15 minutes or overheat protection activated.	The device has a built-in 15-minute timer. If it stops before 15 minutes, it may have overheated. Unplug the device and allow it to cool down for at least 30 minutes before resuming use.

8. SPECIFICATIONS

- **Model Number:** YC-303D
- **Product Dimensions:** 14.57 x 7.87 x 6.69 inches
- **Item Weight:** 1.7 Kilograms (3.75 Pounds)
- **Brand:** Essy
- **Special Feature:** Heat Therapy
- **Massager Form:** Wrap Around Neck Massager
- **Specific Uses:** Neck, Shoulder, Back, Waist, Abdomen, Arms, Thighs, Calves, Feet, Travel
- **Manufacturer:** Wenzhou Huifan Electric Appliances Co., Ltd.

9. WARRANTY AND SUPPORT

For warranty information or customer support, please refer to the contact details provided with your purchase or visit the official Essy website. Keep your purchase receipt as proof of purchase.