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› RENPHO 2025 Full Foot Massager Instruction Manual

RENPHO RP-FM069R

RENPHO 2025 Full Foot Massager Instruction Manual

Model: RP-FM069R

Brand: RENPHO

INTRODUCTION

The RENPHO 2025 Full Foot Massager is designed to provide a comprehensive and comfortable massage experience. It features rotation balls, rolling sticks, heating, and wireless control to target various areas of your foot, offering deep kneading and relaxation. This device is eligible for Flexible Spending Accounts (FSA) and Health Savings Accounts (HSA) purchases.



Image: The RENPHO 2025 Full Foot Massager in black, shown with its remote control. The device features two foot inserts and a control panel on top.

Safety Information

Please read all safety instructions carefully before using the foot massager. Failure to do so may result in injury or damage to the device.

- Do not use if feet are smaller than size 14.
- Be cautious when using the heat function to avoid burns.
- Start using from the lowest intensity setting and gradually increase as comfortable.
- Using with socks on is recommended for comfort and hygiene.
- Do not exceed 30 minutes of use per session to prevent excessive stimulation.
- Discontinue use immediately if you feel unwell or experience any unusual discomfort.
- Consult a doctor before use if you have any pre-existing medical conditions, including but not limited to heart conditions, pacemakers, diabetes, sensory impairment, phlebitis, thrombosis, joint dysfunction, inflammation, injuries, weak bones, osteoporosis, high fever, abnormal or curved spine, or if you are pregnant or recently gave birth.
- Never use the massager on open wounds, discolored areas, areas of poor circulation, or any areas of the body that are swollen, burned, inflamed, or where skin eruptions or sores are present.

- Do not use the machine while under the influence of alcohol, sleeping pills, or sedatives.
- It is prohibited for non-professional personnel to repair the massager. Repairs should only be performed by qualified persons approved by the manufacturer.

Your browser does not support the video tag.

Video: Official RENPHO video detailing important precautions for using the foot massager. It highlights conditions under which the device should not be used.

PRODUCT OVERVIEW

The RENPHO 2025 Full Foot Massager is designed for optimal foot relaxation and therapy. Key components and features include:

- **Deep Kneading Massage:** Equipped with rotation balls and rolling sticks that target the forefoot, middle foot, and heel.
- **Air Compression:** Inflatable air bladders provide gentle to firm compression around the feet and ankles.
- **Soothing Heat Function:** Optional heat up to 50°C (122°F) to enhance relaxation and improve circulation.
- **Adjustable Intensity:** Three adjustable knead intensity settings (Low/Medium/High) and three squeeze intensity settings (Low/Medium/High).
- **Timer Settings:** Automatic shut-off options for 15 or 30 minutes to prevent over-stimulation.
- **Wireless Remote Control:** Conveniently adjust settings without bending down.
- **Easy to Clean:** Removable foot covers with zippers for hygienic maintenance.
- **Wide Foot Compatibility:** Accommodates most foot sizes, up to men's size 14.

Full Wrap Shiatsu Massage

Provides the experience like a professional masseur



Image: A diagram illustrating the full wrap shiatsu massage, showing air compression areas and the placement of kneading rollers for the forefoot, middle foot, and heel.

SETUP

1. **Unpack:** Carefully remove the foot massager and all accessories from the packaging.
2. **Placement:** Place the massager on a flat, stable surface near a power outlet.
3. **Power Connection:** Plug the power cord directly into a standard electrical outlet.
4. **Remote Batteries:** Insert the two AAA batteries (included) into the wireless remote control.
5. **Initial Check:** Ensure the plastic film is removed from the control panel before first use.

2 Control Options | Convenient & Easy to Control



Convenient &
Easy to Control



Time:15/30 min
(Auto shut off)



Heat Function
(Up to 50°/122°F)



Knead Intensity
(Low/Medium/High)



Air Intensity
(Low/Medium/High)



01 Remote Control

02 Physical Buttons



Image: The control panel of the RENPHO 2025 Full Foot Massager, highlighting the power, heat, time, knead intensity, and air intensity buttons, along with the wireless remote control.

OPERATING INSTRUCTIONS

To begin your massage session:

1. **Insert Feet:** Sit comfortably and place your feet into the foot inserts. It is recommended to wear socks.
2. **Power On:** Press the "Power" button on the control panel or the remote control to turn on the device. The power indicator light will illuminate.

3. **Adjust Knead Intensity:** Press the "Knead Intensity" button to cycle through Low (L), Medium (M), and High (H) settings. You can also turn off kneading if desired.
4. **Adjust Air Intensity:** Press the "Air Intensity" button to cycle through Low (L), Medium (M), and High (H) compression settings. Air compression can also be turned off.
5. **Activate Heat:** Press the "Heat" button to turn the heating function on or off. The heat indicator light will show when active.
6. **Set Timer:** Press the "Time" button to select a massage duration of 15 or 30 minutes. The device will automatically shut off after the selected time.
7. **Enjoy:** Relax and enjoy your personalized foot massage.

Your browser does not support the video tag.

Video: Official RENPHO video demonstrating the operation of the foot massager, including how to adjust settings and use the heat function.

Soothing Heating

Help body relaxation and improves blood circulation



Heating function can also be used separately



Image: A person's feet are shown inside the RENPHO 2025 Full Foot Massager, with arrows indicating the upward flow of warmth from the soothing heat function.

USAGE GUIDELINES

The RENPHO 2025 Full Foot Massager is designed for a wide range of users and foot sizes.

- **Foot Size:** The enlarged foot rooms can comfortably accommodate most foot sizes, up to men's size 14.
- **Recommended Users:** Ideal for office workers, sports enthusiasts, the elderly, and individuals experiencing foot soreness, muscle

tension, poor circulation, or difficulty sleeping due to foot discomfort.

- **Optimal Use:** For best results, use the massager in a relaxed environment, such as while working, at home, or even outdoors with a power source.

Wide Range of User

Built-in large space up to **US 14/EU 48.5**

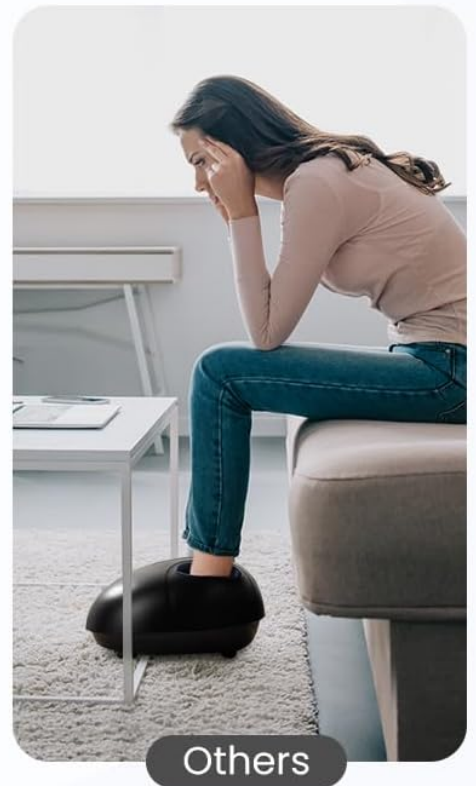


Image: A collage showing different individuals using the RENPHO 2025 Full Foot Massager in various settings, including an office, living room, and outdoors, demonstrating its wide range of user compatibility.

MAINTENANCE

To ensure the longevity and hygiene of your foot massager:

- **Cleaning Foot Covers:** The foot covers are removable for easy cleaning. Simply unzip them, pull them out, and wash them as needed.
- **Exterior Cleaning:** Wipe the exterior of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight when not in use.

Recommended Users



Image: A detailed view of the foot covers, showing the zipper mechanism for easy removal and washing, emphasizing the skin-friendly and detachable design.

TROUBLESHOOTING

If you encounter any issues with your RENPHO 2025 Full Foot Massager, please refer to the following general advice:

- **Device Not Turning On:**
 - Ensure the power cord is securely plugged into a working electrical outlet.
 - Check if the power button is fully pressed.
- **No Massage/Weak Massage:**
 - Verify that the knead and/or air intensity settings are not set to "Off" or the lowest level.
 - Adjust intensity levels to your preference.
- **Heat Not Working:**
 - Ensure the heat function is turned on.
 - Allow a few minutes for the heat to build up.
- **Unusual Noises:**
 - Some operational noise is normal. If noises are excessive or unusual, discontinue use and contact customer support.

For further assistance, please refer to the detailed troubleshooting section in the complete user manual or contact RENPHO customer support.

SPECIFICATIONS

Feature	Detail
Product Dimensions	18.5 x 16.93 x 11.81 inches
Item Model Number	RP-FM069R
Item Weight	12 Pounds
Power Source	Corded Electric
Material	Acrylonitrile Butadiene Styrene
Batteries Required (for remote)	2 AA batteries
Max Foot Size	US Men's Size 14

WARRANTY AND SUPPORT

RENPHO products typically come with a manufacturer's warranty. For specific warranty details, registration, and support, please visit the official RENPHO website or contact their customer service directly.

You can find more information and contact details at: [RENPHO Official Store on Amazon](#)

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question