

Nike Shox BB4 QS

Nike Shox BB4 QS (Raptors) Instruction Manual

Model: Shox BB4 QS

1. PRODUCT OVERVIEW

The Nike Shox BB4 QS (Raptors) is a performance basketball shoe known for its distinctive Shox cushioning technology. Originally released in 2000, this model features a responsive four-column Shox system in the heel, designed to provide exceptional impact absorption and energy return. The shoe's design incorporates a durable upper, secure lacing, and a robust rubber sole for traction, making it suitable for dynamic movements on the court and comfortable for casual wear.



Figure 1: Side profile of the Nike Shox BB4 QS (Raptors) shoe, showcasing the black upper, silver accents, and purple Shox columns in the heel.

2. FITTING AND INITIAL USE

2.1 Selecting the Correct Size

Ensure optimal comfort and performance by selecting the correct shoe size. Refer to the size chart provided in Section 5.2 to match your foot measurements with the appropriate Nike size. A proper fit should allow for a small amount of space between your longest toe and the end of the shoe, without your heel slipping.

2.2 Lacing

Lace your shoes securely to provide adequate foot support. Adjust the laces to achieve a snug fit across the midfoot without excessive tightness that could restrict circulation. Experiment with different lacing patterns to find what feels most comfortable for your foot shape and activity.

2.3 First Wear

During the first few wears, gradually break in your new shoes. Wear them for shorter periods initially to allow the materials to conform to your foot. This helps prevent discomfort and ensures the shoe's longevity.

3. WEARING AND PERFORMANCE

3.1 Intended Use

The Nike Shox BB4 QS is designed for basketball performance, offering support and cushioning for dynamic movements on the court. It is also suitable for casual wear, providing comfort and a distinctive style.

3.2 Shox Cushioning Technology

The visible Nike Shox columns in the heel provide responsive cushioning, absorbing impact during landings and propelling you forward. This technology is engineered to enhance athletic performance and comfort.

4. CARE AND MAINTENANCE

4.1 Cleaning Instructions

- **Upper:** Gently wipe the synthetic leather and textile upper with a soft, damp cloth and mild soap. Avoid harsh chemicals or abrasive cleaners.
- **Sole:** Clean the rubber sole with a brush to remove dirt and debris. For stubborn marks, use a damp cloth with mild soap.
- **Laces:** Remove laces and wash them separately by hand with mild soap, then air dry.
- **Drying:** Always air dry your shoes at room temperature. Avoid direct sunlight or heat sources, as these can damage materials. Do not machine wash or machine dry.

4.2 Storage

Store your shoes in a cool, dry place away from direct sunlight and extreme temperatures. Using shoe trees can help maintain their shape and absorb moisture.

5. SPECIFICATIONS

5.1 Product Details

- **Brand:** Nike
- **Model:** Shox BB4 QS
- **Sole Material:** Rubber
- **Package Dimensions:** 14.17 x 9.57 x 4.96 inches
- **Item Weight:** 2.93 Pounds

- **ASIN:** B08L5KRQ71
- **Date First Available:** November 22, 2019

5.2 Size Guide (US Regular)

Brand Size	UK Size	EU Size	Heel to toe (in)
3.5	3	35.5	8.5
4	3.5	36	8.7
4.5	4	36.5	8.8
5	4.5	37.5	9
5.5	5	38	9.2
6	5.5	38.5	9.3
6.5	6	39	9.5
7	6	40	9.7
7.5	6.5	40.5	9.8
8	7	41	10
8.5	7.5	42	10.2
9	8	42.5	10.3
9.5	8.5	43	10.5
10	9	44	10.7
10.5	9.5	44.5	10.8
11	10	45	11
11.5	10.5	45.5	11.2
12	11	46	11.3
12.5	11.5	47	11.5
13	12	47.5	11.7
13.5	12.5	48	11.8
14	13	48.5	12
14.5	13.5	49	12.2
15	14	49.5	12.3
15.5	14.5	50	12.5
16	15	50.5	12.7
16.5	15.5	51	12.8

17 Brand Size	16 UK Size	51.5 EU Size	13 Heel to toe (in)
17.5	16.5	52	13.2
18	17	52.5	13.3
18.5	17.5	53	13.5
19	18	53.5	13.7
19.5	18.5	54	13.8
20	19	54.5	14
20.5	19.5	55	14.2
21	20	55.5	14.3
21.5	20.5	56	14.5
22	21	56.5	14.7

6. TROUBLESHOOTING

6.1 Common Fit Issues

- **Too Tight/Loose:** Re-adjust lacing. Consider trying a different size if discomfort persists.
- **Heel Slippage:** Ensure laces are snug around the ankle collar. Try different lacing techniques to secure the heel.

6.2 Material Wear

Minor scuffs or marks on the upper can often be cleaned as per Section 4.1. For significant damage, professional repair may be necessary. Regular cleaning and proper storage help minimize wear.

7. WARRANTY AND SUPPORT

For information regarding product warranty, returns, or additional support, please refer to the official Nike website or contact Nike customer service directly. Keep your proof of purchase for any warranty claims.

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