Vitafit Style 1

Vitafit Digital Bathroom Weight Scale User Manual

Brand: Vitafit | Model: Style 1

1. INTRODUCTION

This manual provides comprehensive instructions for the Vitafit Digital Bathroom Weight Scale (Model: Style 1). Designed with over 20 years of professional weighing experience, this scale offers high accuracy, ease of use, and a clear backlit LCD display. It is intended for personal body weight measurement.
Key features include:

- High accuracy at 0.1lb/0.05kg increment.
- Auto calibration, auto step-on, and auto power-off functions.
- Extra-large blue backlit LCD display (3.15x1.57in / 80x40mm) for clear viewing.
- Durable tempered glass platform with a full size of 11"x 11" (280x280mm).
- Supports 3 unit switches: lb/kg/st.
- Maximum weight capacity of 400lb/182kg.

Figure 1: Vitafit Digital Bathroom Weight Scale. This image shows the scale from a top-down perspective, highlighting its sleek design and the digital display indicating a weight of 126.1 lbs.

2. Setup Guide

2.1 Battery Installation

The Vitafit Digital Bathroom Weight Scale requires 3 AAA batteries, which are included. To install or replace batteries:

1. Turn the scale upside down to access the battery compartment.
2. Open the battery compartment cover.
3. Insert 3 AAA batteries, ensuring correct polarity (+/-).
4. Close the battery compartment cover securely.

Details for Comfortable Size

280 mm / 11 in

280 mm / 11 in

3x AAA
Included

Unit Switch for
LB, KG, ST

Anti-Slip

Vitafit

Figure 2: Underside of the scale. This image illustrates the location of the battery compartment and the unit switch button on the back of the scale.

2.2 Initial Placement and Calibration

For accurate readings, place the scale on a hard, flat, and stable surface. Avoid carpets or uneven flooring, as this can affect precision.

1. Place the scale on the desired flat surface.
2. Step on the scale briefly until the display lights up and shows "0.0". This indicates auto-calibration is complete and the scale is ready for use.

Pecision & Consistent

To get accurate result:

1. Place the scale on the hard and even floor.
2. Step on the scale until the display lights up and shows "0.0".

Figure 3: Proper scale placement and initial step-on. This image demonstrates a user stepping onto the scale, which displays "0.0" to confirm it is ready for a precise weight measurement.

2.3 Unit Selection

The scale supports three units of measurement: pounds (lb), kilograms (kg), and stones (st).

- Locate the unit switch button on the underside of the scale, near the battery compartment.
- Press the button to cycle through the available units (lb, kg, st) until your desired unit is displayed.

3. OPERATING INSTRUCTIONS

3.1 Taking a Measurement

The Vitafit scale features "Step-On" technology for immediate readings.

1. Ensure the scale is on a hard, flat surface.
2. Step directly onto the scale with bare feet. The scale will automatically turn on and display "0.0" before showing your weight.
3. Stand still on the scale until your weight is displayed and stabilizes.
4. The reading will remain on the display for a few seconds before the scale automatically powers off.

Simply Step On To Get Numbers Quickly

Auto-off After Several Seconds Without Operation

Figure 4: Taking a weight measurement. This image demonstrates a user's feet positioned on the scale, demonstrating the simple step-on operation to obtain a weight reading.

Clear Large LCD Display
Easy to View Numbers in Any Conditions

Figure 5: Clear Large LCD Display. This image provides a close-up view of the scale's bright blue backlit LCD, making the weight reading of 129.7 lbs easily visible.

4. MAINTENANCE

4.1 Cleaning the Scale

The scale's tempered glass surface is easy to clean.

- Wipe the surface with a damp cloth and mild detergent if necessary.
- Do not use abrasive cleaners or immerse the scale in water.
- Dry thoroughly after cleaning.

4.2 Battery Care

To ensure optimal performance and battery life:

- Replace batteries when the "Lo" indicator appears on the display.
- Remove batteries if the scale will not be used for an extended period to prevent leakage.
- Dispose of used batteries responsibly according to local regulations.

5. TROUBLESHOOTING

If you encounter issues with your Vitafit scale, refer to the following common problems and solutions:

Problem	Display	Solution
No display / Scale does not turn on	Blank	Check battery installation and ensure batteries are fresh. Replace if necessary.
Low Battery	Lo	Replace all 3 AAA batteries with new ones.
Overload	Err	The weight capacity of the scale (400lb/182kg) has been exceeded. Step off the scale immediately to prevent damage.
Inconsistent readings	Varies	Ensure the scale is placed on a hard, flat, and stable surface. Avoid carpets. Re-calibrate by stepping on and off the scale until "0.0" appears.
Calibration Error	CAL	Step off the scale and allow it to reset to "0.0". If the issue persists, remove batteries for 10 seconds and reinsert.

Figure 6: Understanding display error codes. This image visually explains the meaning of "Err", "Lo", and "CAL" messages that may appear on the scale's LCD display.

6. PRODUCT SPECIFICATIONS

Feature	Detail

Feature	Detail
Product Dimensions	11.8 x 11.8 x 1.02 inches
Weight	2.84 Pounds
Item Model Number	Style 1
Batteries	3 AAA batteries required (included)
Manufacturer	Vitafit
Brand	Vitafit
Color	Black
Special Feature	Auto Shut Off, Backlit Display, Lightweight, Original Smile Design, Durable Reliability in 0.1lb Precision, Large Blue LCD Display, Comfortable Platform with Tempered Glass, Precision Balanced
Display Type	LCD
Weight Limit	400 Pounds (182 kg / 28 st)

7. WARRANTY AND SUPPORT

Vitafit products are backed by our commitment to quality and customer satisfaction. Our factory, established in 2001, adheres to first-class quality and social management systems, certified by ISO and Social Accountability standards.

All Vitafit products are supported by our US customer service center located in Missouri. For any inquiries, technical assistance, or warranty claims, please contact our customer service team.

For more information and to explore other Vitafit products, please visit the official Vitafit Store.Vitafit Store on Amazon.