

## Fossil FTW7029

# Fossil Neutra Hybrid HR Smartwatch FTW7029 User Manual

Model: FTW7029

## 1. INTRODUCTION

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The Fossil Neutra Hybrid HR Smartwatch FTW7029 combines the classic aesthetics of an analog watch with the advanced functionalities of a smartwatch. This 45mm timepiece features a durable silver-tone stainless steel bracelet and an always-on readout display. It provides essential information such as heart rate, message previews, and weather updates directly on your wrist. Designed for seamless integration with your digital life, it offers extended battery life and broad compatibility with modern smartphones.

This manual provides detailed instructions for setting up, operating, maintaining, and troubleshooting your Fossil Neutra Hybrid HR Smartwatch FTW7029.



Image: Front view of the Fossil Neutra Hybrid HR Smartwatch FTW7029, showcasing its analog dial and digital display.

## 2. SETUP GUIDE

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### 2.1 Unboxing and Initial Charge

Upon unboxing your Fossil Neutra Hybrid HR Smartwatch, ensure all components are present: the smartwatch, a magnetic USB charger, and this user manual. Before first use, fully charge the device using the provided magnetic USB charger. Connect the charger to a USB power source and align the magnetic pins with the charging contacts on the back of the watch. A full charge typically provides over 2 weeks of battery life, depending on usage.



Image: Rear view of the Fossil Neutra Hybrid HR Smartwatch, highlighting the charging contacts and heart rate sensor.

## 2.2 App Installation and Pairing

1. **Download the App:** Search for the official Fossil Smartwatches app on your smartphone's app store (Google Play Store for Android or Apple App Store for iOS).
2. **Install and Open:** Install the app and open it on your smartphone.
3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
4. **Pair Device:** Follow the on-screen instructions within the Fossil app to pair your smartwatch. The watch is compatible with Android OS 5.0+ and iOS 10.0+ (iPhone 5 and newer).
5. **Complete Setup:** The app will guide you through initial settings, including profile creation, notification preferences, and watch face customization.

## 3. OPERATING INSTRUCTIONS

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### 3.1 Basic Functions

- **Time Display:** The watch features traditional analog hands for timekeeping.
- **Digital Readout Display:** The always-on digital display shows dynamic information such as heart rate,

message previews, weather, and activity statistics.

- **Buttons:** The watch includes physical buttons for navigation and quick access to features. Customize these 'pushers' via the Fossil app for your most used functions.

### 3.2 Smart Features

- **Heart Rate Tracking:** Equipped with a heart rate sensor for continuous heart rate monitoring and in-depth wellness tracking.
- **Activity Tracking:** Tracks steps, distance, calories burned, and sleep patterns. You can compete with friends or start workouts directly from the watch.
- **Notifications:** Receive alerts for calls, messages, calendar events, and app notifications directly on your wrist.
- **Weather Updates:** Get current weather conditions and forecasts.
- **Music Control:** Control music playback on your smartphone, including volume, track skipping, and play/pause functions.
- **Customizable Dials:** Swap your digital dial design anytime through the app to personalize your watch's appearance.
- **Smart Battery Modes:** Utilize various smart battery modes to extend battery life for multiple days.



Image: The Fossil Neutra Hybrid HR Smartwatch worn on a wrist, displaying its elegant design and digital readout.



Image: Visual representation of key smartwatch features including music control, activity tracking, heart rate monitoring, and customizable watch faces.

## 4. MAINTENANCE

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### 4.1 Cleaning Your Smartwatch

To maintain the appearance and functionality of your smartwatch, regularly wipe the case and strap with a soft, damp cloth. For stainless steel components, a mild soap solution can be used, followed by thorough rinsing and drying. Avoid using harsh chemicals or abrasive materials.

### 4.2 Water Resistance

Your Fossil Neutra Hybrid HR Smartwatch is water resistant up to 30 meters (100 feet) and has an IPX7 rating. This means it is suitable for splashes, rain, and brief immersion in water. It is not recommended for swimming, diving, or high-pressure water activities. Avoid operating the buttons while the watch is submerged in water.

### 4.3 Battery Care

The watch uses a rechargeable Lithium Ion battery. To prolong battery life, avoid exposing the watch to extreme temperatures. Charge the watch using only the provided magnetic USB charger. If the watch will not be used for an extended period, ensure it is charged to at least 50% before storage.

### 4.4 Strap Replacement

The Fossil Neutra Hybrid HR Smartwatch is designed with interchangeable 24mm straps. To replace the strap, locate the quick-release pins on the underside of the strap near the lugs. Slide the pin to detach the strap and attach a new 24mm compatible strap by reversing the process.

## 5. TROUBLESHOOTING

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- **Watch Not Turning On:** Ensure the watch is fully charged. Connect it to the magnetic USB charger and allow it to charge for at least 30 minutes before attempting to power it on.
- **Connectivity Issues (Bluetooth):**
  - Ensure Bluetooth is enabled on your smartphone.
  - Make sure the watch is within range of your smartphone.
  - Restart both your smartphone and the smartwatch.
  - If issues persist, unpair the watch from your phone's Bluetooth settings and re-pair it through the Fossil app.
- **Inaccurate Heart Rate Readings:** Ensure the watch is worn snugly on your wrist, with the sensor making good contact with your skin. Avoid wearing it too loosely or too tightly.
- **Notifications Not Appearing:**
  - Check notification settings within the Fossil app to ensure they are enabled for desired applications.
  - Verify that your smartphone's notification settings allow the Fossil app to display alerts.
  - Ensure the watch is connected to your smartphone via Bluetooth.
- **Short Battery Life:**
  - Frequent use of features like continuous heart rate monitoring or numerous notifications can reduce battery life.
  - Adjust settings in the Fossil app to optimize battery usage, such as enabling smart battery modes.
  - Ensure the watch is fully charged each time.

## 6. SPECIFICATIONS



Image: Technical diagram illustrating the dimensions and key features of the Fossil Neutra Hybrid HR Smartwatch.

Feature	Detail
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Feature	Detail
Model Number	FTW7029
Case Size	45 mm
Band Size	24 mm
Case Material	Stainless Steel
Band Material	Stainless Steel
Water Resistance	30 Metres (100ft), IPX7
Battery Type	Lithium Ion (Rechargeable)
Battery Life	2+ Weeks (based on usage)
Connectivity	Bluetooth 5.0 LE
Compatibility	Android 5.0+, iOS 10.0+
Sensors	Heart Rate Monitor
Display Type	Analog-Digital
Human Interface Input	Buttons
Item Weight	200 g
Item Dimensions (LxWxH)	45 x 24 x 14 Millimeters
UPC	796483512375

## 7. WARRANTY AND SUPPORT

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### 7.1 Warranty Information

Your Fossil Neutra Hybrid HR Smartwatch FTW7029 comes with a 1-year manufacturer warranty from the date of purchase. To avail of warranty services, please follow these steps:

- **Product Registration:** Register your product online at <https://www.fossilcare.com/registration/>.
- **Warranty Claim:** To claim your warranty, present the original bill copy or invoice at any authorized Fossil service center. A warranty card and stamp are not mandatory for online purchases.

### 7.2 Customer Support

For any service-related inquiries or feedback, please contact Fossil India customer support:

- **Toll-Free Number:** 1860-4253-747 (Available Monday to Sunday, 10:00 AM to 7:00 PM)
- **Email:** [service.in@fossil.com](mailto:service.in@fossil.com)