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Briosa Gourmet B08KRG1RG2

Briosa Gourmet Sardines in Olive Oil User Manual

Model: B08KRG1RG2

1. Introduction

Welcome to the Briosa Gourmet Sardines in Olive Oil instruction manual. This document provides essential information regarding the product, including its features, proper handling, storage, and nutritional details. Briosa Gourmet is committed to delivering high-quality, traditionally prepared Portuguese canned fish.



Briosa Gourmet Sardines in Olive Oil, showing an open tin and a beautifully wrapped tin.

2. Setup and Preparation

Briosa Gourmet Sardines are ready to eat directly from the tin. No complex setup is required.

2.1 Opening the Tin

1. Locate the pull-tab on the lid of the sardine tin.
2. Gently lift the tab upwards until it breaks the seal.
3. Carefully pull the tab back and around the edge of the tin to open the lid completely. Exercise caution to avoid sharp edges.
4. Once opened, the sardines are ready for consumption.

3. Operating and Serving Suggestions

These sardines are versatile and can be enjoyed in various ways.

3.1 Direct Consumption

Enjoy the sardines straight from the tin as a quick snack or light meal. The olive oil enhances their natural flavor.

3.2 Serving Ideas

- **On Toast or Crackers:** Serve on crusty bread, toast, or crackers, optionally with a squeeze of lemon or fresh herbs.
- **Salads:** Add to green salads, pasta salads, or grain bowls for a protein boost and rich flavor.
- **Canapés:** Create elegant appetizers by placing sardines on small toasts with toppings like roasted peppers or fresh cilantro.
- **Pasta Dishes:** Incorporate into simple pasta dishes with garlic, chili flakes, and parsley.



Serving suggestion: Briosa Gourmet Sardines prepared as canapés.



Serving suggestion: Briosa Gourmet Sardines on toast with fresh ingredients.

4. Storage and Maintenance

4.1 Before Opening

Store unopened tins in a cool, dry place away from direct sunlight. The product has a long shelf life, indicated by the expiration date printed on the packaging.

4.2 After Opening

Once opened, transfer any unused sardines and their oil to a non-metallic, airtight container. Refrigerate promptly and consume within 2-3 days for optimal freshness and safety.

5. Troubleshooting and Safety

5.1 Quality Check

Before consumption, always check the tin for any signs of damage, such as bulging, leaks, or rust. Do not consume if the tin appears compromised. Verify the expiration date.

5.2 Spoilage Indicators

Discard the product if it exhibits an unusual odor, color, or texture. Any signs of mold or an off-taste indicate spoilage.

5.3 General Food Safety

Always practice good hygiene when handling food. Wash hands thoroughly before and after preparing food. This product contains fish; individuals with fish allergies should avoid consumption.

6. Product Specifications

Attribute	Detail
Brand	Briosa Gourmet
Model Number (ASIN)	B08KRG1RG2
UPC / GTIN	764137368616
Units	5.00 Count (5 tins x 120g)
Item Weight (per tin)	120 Grams
Total Package Weight	1.32 Pounds (approx. 600 Grams)
Package Dimensions	8 x 6 x 3 inches
Item Form	Whole Sardines
Specialty	Low Carb, Preservative Free
Manufacturer	Conservas de Pescado, Lda.

6.1 Ingredients

Sardines, olive oil, and salt.

6.2 Nutritional Information (per 100g serving)

- **Energy value:** 215 kcal / 897 kJ
- **Fat:** 12.6 g
- *of which saturated Fat:* 2.8 g

- **Carbohydrate:** 1.3 g
- *of which Sugar:* <0.4 g
- **Protein:** 23.8 g
- **Salt:** 1.0 g
- **Omega 3:** 1.7 g



Illustration of the traditional hand-packaging process for Briosa Gourmet Sardines.

7. Manufacturer Information

Manufacturer: Conservas de Pescado, Lda.
Address: Porto de pesca - Cabedelo, 3090-661 Figueira da Foz - Portugal
Briosa - Conservas de Pescado has adopted the highest quality standards since its inception, combining modern technologies with traditional Portuguese canned fish production expertise.

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For further inquiries, please refer to the product packaging or contact your retailer.

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