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› [TAGG Verve Smartwatch User Manual: Real-Time Heart Rate, SPO2, Sleep Tracking, and 10-Day Battery Life](#)

TAGG Verve

TAGG Verve Smartwatch User Manual

Model: Verve

INTRODUCTION

This manual provides comprehensive instructions for the setup, operation, and maintenance of your TAGG Verve Smartwatch. Please read this manual thoroughly to ensure proper use and to maximize the device's features.



Image: The TAGG Verve Smartwatch in Active Black, showcasing its sleek design and digital display.

WHAT'S IN THE BOX

- TAGG Verve Smartwatch
- Charging Cable
- User Manual

SETUP GUIDE

1. Charging the Smartwatch

Before initial use, fully charge your TAGG Verve Smartwatch. Connect the charging cable to the smartwatch's charging port and plug the other end into a USB power adapter (not included) or a computer's USB port. The watch display will indicate charging status.

Note: A full charge typically provides up to 10 days of battery life, depending on usage.

Long Lasting Battery Life

Go Above and Beyond



Image: The TAGG Verve Smartwatch screen showing battery life indication, illustrating its long-lasting battery capability.

2. App Installation

To unlock all features and synchronize data, download the companion application on your smartphone. Search for "Y Fit" or "TAGG Smartwatch" in your device's app store (Google Play Store for Android or Apple App Store for iOS).

- Download and install the application.
- Create an account or log in if you already have one.

3. Device Pairing

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the installed companion application.
3. Navigate to the "Device" or "Add Device" section within the app.
4. Select "TAGG Verve" from the list of available devices.
5. Follow the on-screen prompts to complete the pairing process. A confirmation message will appear on both your watch and phone.

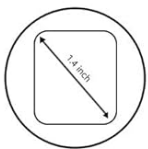
OPERATING INSTRUCTIONS

Basic Navigation

The TAGG Verve Smartwatch features a 1.4-inch touchscreen display with an ultra-narrow bezel for clear visibility. It also includes a motion sensor that activates the display with a wrist movement.

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or different data screens.
- **Tap:** Select an item or confirm an action.
- **Side Button:** Press to return to the home screen or wake the device.

The Bigger The Better



1.4 inch Display



Ultra Narrow Bezel



Motion Sensor



Image: Close-up view of the TAGG Verve Smartwatch display, highlighting its 1.4-inch screen, ultra-narrow bezel, and motion sensor capabilities.

Health Monitoring

The smartwatch is equipped with sensors to monitor various health metrics. Access these features through the watch menu or the companion app for detailed analysis.

- **Heart Rate Monitor:** Provides real-time heart rate data.
- **SPO2 (Blood Oxygen Monitoring):** Measures blood oxygen saturation levels.
- **Sleep Tracking:** Monitors sleep patterns and quality.

Important: The health data provided by this device is for reference only and should not be used for medical diagnosis or treatment.

Health Monitor

Vitals that Keeps You Ahead



Image: Underside of the TAGG Verve Smartwatch, showing the optical sensors used for heart rate and blood oxygen monitoring.

Multi-Sports Mode

Select from various sports modes to track your workouts accurately. Each mode is optimized for specific activities.

- Indoor & Outdoor Running
- Walking

- Climbing
- Skipping
- Weightlifting
- Yoga
- Basketball
- Football
- Tennis
- Badminton
- Table Tennis

Multiple Sport Mode

Practice Winning Every Day



Image: The TAGG Verve Smartwatch screen showing icons for various sport modes, including running, walking, and cycling.

Notifications & Connected GPS

Once paired with your smartphone, the smartwatch will vibrate to alert you of incoming calls, messages, and notifications from various applications like WhatsApp.

- **Call Notifications:** Displays caller ID.
- **Message Notifications:** View message content directly on the watch.
- **App Notifications:** Receive alerts from configured apps.
- **Connected GPS:** Utilize your phone's GPS through the app to track your activity routes and distance.

Stay Connected

through instant Notifications



INCOMING CALLS



MESSAGE



FACEBOOK



WHATSAPP



Image: The TAGG Verve Smartwatch displaying an incoming call notification, alongside a smartphone showing various app notification icons.

IP68 Water Resistance

The TAGG Verve Smartwatch is IP68 rated, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, including hand washing and exposure to rain. It is not recommended for swimming or diving.

IP68

Waterproof

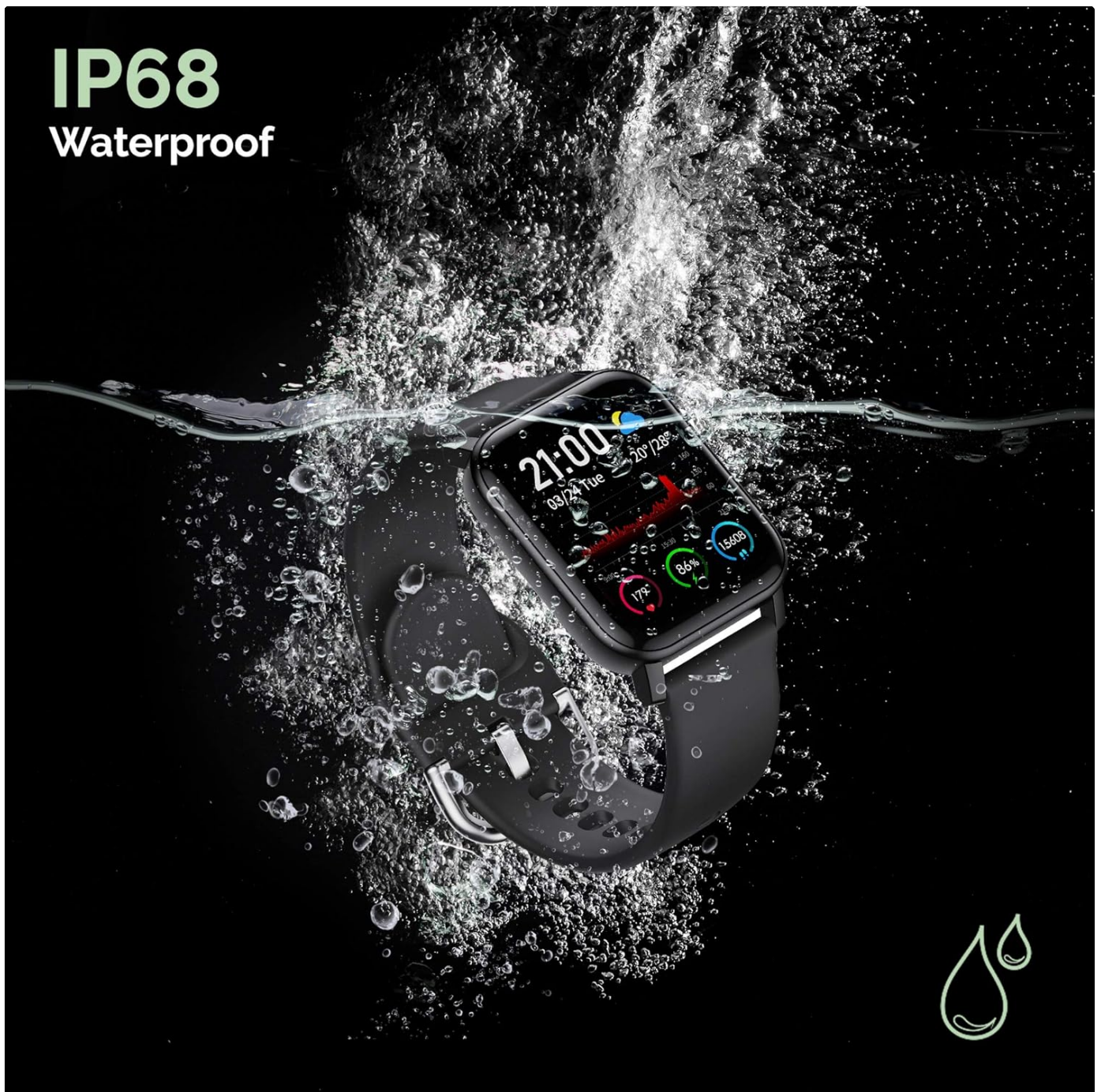


Image: The TAGG Verve Smartwatch partially submerged in water, demonstrating its IP68 water resistance rating.

MAINTENANCE

Cleaning

- Wipe the watch and strap regularly with a soft, dry cloth.
- If necessary, use a slightly damp cloth with mild soap, then rinse and dry thoroughly.
- Avoid using harsh chemicals or abrasive materials, as these can damage the device.

Battery Care

- Avoid fully discharging the battery frequently.
- Charge the device using the provided charging cable.
- Store the smartwatch in a cool, dry place when not in use for extended periods.

TROUBLESHOOTING

Issue	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Connect to the charger for at least 30 minutes.
Unable to pair with smartphone	Ensure Bluetooth is enabled on your phone. Restart both the watch and your phone. Make sure the watch is within Bluetooth range. Check if the app is updated to the latest version.
Inaccurate health readings	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch. Avoid excessive movement during readings.
Notifications not received	Verify Bluetooth connection. Check app notification settings on your phone and within the companion app. Ensure the app is running in the background.

SPECIFICATIONS

Feature	Detail
Brand	TAGG
Model Name	Verve
Display Size	1.4 Inches
Display Resolution	240 x 184
Battery Life	Up to 10 Days
Battery Type	Lithium Ion (170 mAh)
Water Resistance	IP68
Connectivity	Bluetooth
Special Features	Heart Rate Monitor, SPO2, Sleep Monitor, Multi-Sport Modes, Notifications
Product Dimensions	4.2 x 3.5 x 1.2 cm
Item Weight	50 g
Compatible Devices	Smartphone

WARRANTY AND SUPPORT

The TAGG Verve Smartwatch comes with a **1-Year Limited Warranty** from the date of purchase. This warranty covers manufacturing defects under normal use conditions.

For warranty claims, technical support, or any inquiries, please refer to the contact information provided on the official TAGG website or your purchase documentation. Please retain your proof of purchase for warranty validation.

IMPORTANT NOTES

- Do not attempt to disassemble or modify the smartwatch.
- Keep the device away from extreme temperatures and direct sunlight.
- Dispose of the device and its battery responsibly according to local regulations.

