Bathology Kayla

Bathology Kayla Sauna and Steam Shower Light Instruction Manual

Model: Kayla

1. Introduction

The Bathology Kayla Sauna and Steam Shower Light is a high-quality, vapor-proof lighting fixture designed for use in wet locations such as saunas, steam showers, and standard showers. This light is suitable for ceiling or wall surface-mounted installation and features a durable stainless steel construction with an opaline molded glass diffuser. This manual provides essential information for the safe installation, operation, and maintenance of your Kayla light.

2. Safety Information

- **Professional Installation Recommended:** Due to the electrical nature and wet location application, installation by a qualified electrician is strongly recommended.
- **Power Disconnection:** Always ensure the main power supply to the installation area is turned off at the circuit breaker before beginning any installation, maintenance, or bulb replacement.
- **Wet Location Rating:** This fixture is U.L. listed for wet locations. Ensure all connections are properly sealed and protected from moisture ingress according to local electrical codes.
- **Lamp Type:** Use only incandescent lamps up to 100 watts, 110 VAC. Do not exceed the maximum wattage specified.
- **Fixture Integrity:** Do not operate the fixture if the glass diffuser is cracked or damaged. Replace damaged components immediately.
- **Cleaning:** Use only mild, non-abrasive cleaners. Avoid harsh chemicals that may damage the finish or glass.

3. Package Contents

- Kayla Sauna and Steam Shower Light Fixture (Stainless Steel)
- Opaline Molded Glass Diffuser
- Mounting Hardware (screws, gaskets)
- Instruction Manual

Note: Incandescent lamp (bulb) is not included and must be purchased separately.

4. Setup and Installation

Follow these steps for proper installation. If you are unsure about any step, consult a qualified electrician.

1. **Prepare the Installation Area:** Ensure the power supply to the junction box is turned off at the main circuit breaker.
2. **Mounting Location:** The Kayla light is designed for surface mounting on a standard electrical junction box. Ensure the mounting surface is flat and secure.
3. **Wiring:** Connect the fixture's wires to the corresponding wires in the junction box (live to live, neutral to neutral, ground to ground) following local electrical codes. Use appropriate wire connectors.
4. **Secure the Fixture:** Attach the fixture base securely to the junction box using the provided mounting hardware. Ensure a tight seal to maintain its vapor-proof rating.
5. **Install the Lamp:** Carefully screw an incandescent lamp (up to 100 watts, 110 VAC) into the socket. Do not overtighten.
6. **Attach the Diffuser:** Place the opaline molded glass diffuser onto the fixture base and secure it with the retaining screws. Ensure the diffuser is seated properly and the screws are tightened to create a seal.
7. **Restore Power:** Once installation is complete and all connections are secure, restore power at the circuit breaker and test the light.



Figure 1: The Bathology Kayla Sauna and Steam Shower Light. This image shows the round, stainless steel housing with a white opaline molded glass diffuser. The diffuser has a subtle internal honeycomb pattern. The light is designed for surface mounting on a ceiling or wall.

5. Operating Instructions

The Bathology Kayla light operates via a standard wall switch or other external control connected to its power supply. Simply toggle the switch to turn the light on or off.

- **On/Off:** Use the connected wall switch to control the light.
- **Dimming:** If connected to a compatible dimmer switch and using a dimmable incandescent bulb, the light's intensity can be adjusted. Ensure the dimmer is rated for incandescent loads.

6. Maintenance

Regular maintenance ensures the longevity and optimal performance of your Kayla light.

- **Cleaning the Fixture:** Periodically wipe the stainless steel housing and glass diffuser with a soft, damp cloth. For stubborn spots, use a mild, non-abrasive cleaner. Avoid abrasive pads or harsh chemicals that can scratch the finish or damage the seals.
- **Bulb Replacement:** Ensure power is OFF at the circuit breaker before replacing the bulb. Carefully remove the retaining screws from the diffuser, remove the diffuser, unscrew the old bulb, and screw in a new incandescent bulb (up to 100 watts, 110 VAC). Reattach the diffuser and secure the screws.
- **Inspection:** Periodically inspect the fixture for any signs of wear, damage, or loose connections. If any issues are found, disconnect power and address them promptly.

7. Troubleshooting

Problem	Possible Cause	Solution
Light does not turn on	No power to the fixture Bulb is burnt out Loose wiring connection	Check circuit breaker Replace bulb (ensure power is off) Inspect wiring connections (consult electrician)
Light flickers	Loose bulb Incompatible dimmer switch Faulty wiring	Tighten bulb Ensure dimmer is compatible with incandescent bulbs Inspect wiring (consult electrician)
Water inside fixture	Improperly sealed diffuser Damaged gasket	Ensure diffuser screws are tightened evenly Inspect and replace gasket if damaged (consult manufacturer)

8. Specifications

- **Model:** Kayla
- **Brand:** Bathology
- **Material:** Stainless Steel
- **Diffuser:** Opaline Molded Glass with Internal Honeycomb Pattern
- **Mounting:** Ceiling or Wall Surface-Mounted (to standard junction box)
- **Dimensions:** 12-1/4" Diameter x 3-1/4" Projection
- **Lamp Type:** Incandescent (up to 100 watts, not included)
- **Voltage:** 110 VAC
- **Certifications:** U.L. Listed for Wet Locations
- **ASIN:** B08KFLJ8D1

9. Warranty and Support

For specific warranty information regarding your Bathology Kayla Sauna and Steam Shower Light, please refer to the documentation provided at the time of purchase or contact Bathology directly. Warranty terms typically cover manufacturing defects for a specified period.
If you require technical assistance, have questions about installation, or need to inquire about replacement parts, please contact Bathology customer support through their official website or the retailer from whom you purchased the product.