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Nike 907566

Nike Zoom D Unisex Distance Spike

Model: 907566

1. INTRODUCTION

The Nike Zoom D Unisex Distance Spike is engineered for athletes seeking optimal performance over longer distances. This shoe combines lightweight design with responsive cushioning and a secure fit, providing breathable comfort and reliable traction from start to finish. This manual provides essential information for the setup, operation, maintenance, and troubleshooting of your Nike Zoom D Distance Spikes.

2. PRODUCT OVERVIEW

The Nike Zoom D Distance Spike features a durable rubber sole, a synthetic upper, and a lace-up closure system. Key components include the engineered mesh for breathability, Cushlon cushioning for comfort, and a spike plate designed for enhanced grip on track surfaces.



Side view of the Nike Zoom D Distance Spike, showcasing the black mesh upper and iridescent Nike swoosh.



Bottom view of the shoe, highlighting the spike plate and sole design for optimal traction.



A pair of Nike Zoom D Distance Spikes, showing the overall design and lacing system.



Rear view of the shoes, displaying the heel structure and branding.



Close-up of the spike plate, illustrating the placement and type of spikes.

3. SETUP

Spike Installation

Your Nike Zoom D Distance Spikes come with removable spikes. Proper installation is crucial for performance and longevity.

1. **Identify Spike Receptacles:** Locate the small threaded holes on the forefoot of the shoe's sole plate.
2. **Insert Spikes:** Carefully place the tip of each spike into a receptacle.
3. **Tighten Spikes:** Using the provided spike wrench, turn each spike clockwise until it is snug. Do not overtighten, as this can damage the spike or the receptacle. Ensure spikes are flush with the plate and do not wobble.
4. **Check All Spikes:** Verify that all spikes are securely fastened before use.

Lacing

Lace your shoes to achieve a snug, comfortable fit that supports your foot without restricting circulation. Experiment with different lacing patterns to find what works best for your foot shape and running style.

4. OPERATING / USAGE

The Nike Zoom D Distance Spike is designed for track and field events, specifically middle to long-distance running. These shoes provide specialized traction and support for competitive running on synthetic track surfaces.

- **Intended Use:** Use these spikes exclusively on track surfaces. Avoid using them on concrete, asphalt, or other hard, abrasive surfaces, as this can damage the spikes and the sole.
- **Break-in Period:** Allow for a short break-in period to adapt to the feel of the spikes. Start with shorter runs or drills before full-intensity workouts or races.
- **Proper Fit:** Ensure the shoes fit snugly but comfortably. A proper fit prevents blisters and maximizes performance. Refer to the size guide in the Specifications section if needed.

5. MAINTENANCE

Cleaning

To maintain the condition and longevity of your spikes:

- **Remove Debris:** After each use, remove any dirt, mud, or track material from the sole and upper using a soft brush or damp cloth.
- **Spot Clean:** For stubborn stains on the upper, use a mild soap solution and a soft cloth. Gently rub the affected area.
- **Air Dry:** Allow the shoes to air dry completely at room temperature. Do not use direct heat sources like radiators or hair dryers, as this can damage the materials.
- **Do Not Machine Wash:** Machine washing can damage the structural integrity and materials of the spikes.

Spike Care

Regularly inspect your spikes for wear and tear. Replace worn or damaged spikes to maintain optimal traction. Use the spike wrench to remove old spikes by turning them counter-clockwise.

Storage

Store your spikes in a cool, dry place away from direct sunlight and extreme temperatures. Keeping them in a shoe bag can protect them from dust and dirt.

6. TROUBLESHOOTING

- **Spikes Not Securing Properly:**

Ensure you are using the correct spike length and type for your shoe model. Verify that the spike receptacles are clean and free of debris. If a spike is cross-threaded, carefully try to unscrew it. If it breaks, professional assistance may be required to remove the broken piece without damaging the sole plate.
- **Discomfort During Wear:**

Check your lacing to ensure it's not too tight or too loose. Ensure you are wearing appropriate running socks. If discomfort persists, verify that the shoe size is correct and consider consulting a running specialist.
- **Reduced Traction:**

Inspect your spikes for wear. Worn-down spikes will reduce grip and should be replaced. Ensure the track surface is clean and dry for optimal performance.

7. SPECIFICATIONS

Feature	Detail
Model Number	907566
Department	Mens
Date First Available	October 29, 2019
Manufacturer	Nike
ASIN	B08KCDCZJP
Sole Material	Rubber
Outer Material	Synthetic
Closure Type	Lace-Up

Size Guide (US Men's Sneakers)

Brand Size	EU Size	Heel to toe (in)
3.5	35.5	8.5
4	36	8.7
4.5	36.5	8.8
5	37.5	9
5.5	38	9.2
6	38.5	9.3
6.5	39	9.5
7	40	9.7
7.5	40.5	9.8
8	41	10
8.5	42	10.2
9	42.5	10.3
9.5	43	10.5
10	44	10.7
10.5	44.5	10.8
11	45	11
11.5	45.5	11.2
12	46	11.3
12.5	47	11.5
13	47.5	11.7

13	47.5	11.7
13.5	48	11.8
14	48.5	12
14.5	49	12.2
15	49.5	12.3
15.5	50	12.5
16	50.5	12.7
16.5	51	12.8
17	51.5	13
17.5	52	13.2
18	52.5	13.3
18.5	53	13.5
19	53.5	13.7
19.5	54	13.8
20	54.5	14
20.5	55	14.2
21	55.5	14.3
21.5	56	14.5
22	56.5	14.7

8. WARRANTY AND SUPPORT

For information regarding product warranty, returns, or additional support, please refer to the official Nike website or contact Nike customer service directly. Keep your proof of purchase for any warranty claims.

Online Support: Visit the official Nike support page for FAQs and contact options.

Customer Service: Refer to your regional Nike contact information for phone or email support.

ASK A QUESTION ABOUT THIS MANUAL

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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