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› HAYLOU LS02 SmartWatch User Manual

HAYLOU Haylou-LS02-JP

HAYLOU LS02 SmartWatch User Manual

Model: Haylou-LS02-JP

1. INTRODUCTION

This manual provides comprehensive instructions for the setup, operation, and maintenance of your HAYLOU LS02 SmartWatch. Please read this manual carefully before using the device to ensure proper functionality and to maximize your user experience. The HAYLOU LS02 is a versatile fitness tracker with a 1.4-inch display, Bluetooth 5.0 connectivity, and IP68 water resistance, designed to monitor your health and activity.

2. PRODUCT OVERVIEW

The HAYLOU LS02 SmartWatch features a 1.4-inch true color touch screen and a durable design. Key components include the watch body, silicone strap, and charging contacts on the rear.

2.1 Key Features

- **Display:** 1.4-inch true color touch screen with 320ppi resolution, 2.5D curved tempered glass.
- **Battery Life:** Up to 20 days of daily usage, 30 days standby (260mAh battery).
- **Connectivity:** Bluetooth 5.0 for stable and smooth pairing.
- **Water Resistance:** IP68 dustproof and waterproof rating.
- **Health Monitoring:** All-day heart rate monitoring, sleep monitoring (deep, light, awake states).
- **Sports Modes:** 12 built-in sports modes for tracking various activities.
- **Smart Notifications:** Displays incoming calls, messages, and app notifications.
- **App Integration:** Works with the "Haylou Fit App" for data recording and watch function settings.

2.2 Product Visuals



Figure 2.2.1: Front view of the HAYLOU LS02 SmartWatch, displaying time, date, heart rate, steps, calories, and distance.



Figure 2.2.2: Four HAYLOU LS02 SmartWatches showcasing different display modes, including the main watch face, notifications, and sports tracking interfaces.



Figure 2.2.3: The HAYLOU LS02 SmartWatch demonstrating its water resistance, with water splashing over the screen.



Figure 2.2.4: A hand demonstrating the flexibility of the HAYLOU LS02 SmartWatch's strap.



Figure 2.2.5: A visual comparison highlighting the improved display quality of the second-generation TFT screen on the HAYLOU LS02 compared to the previous model.

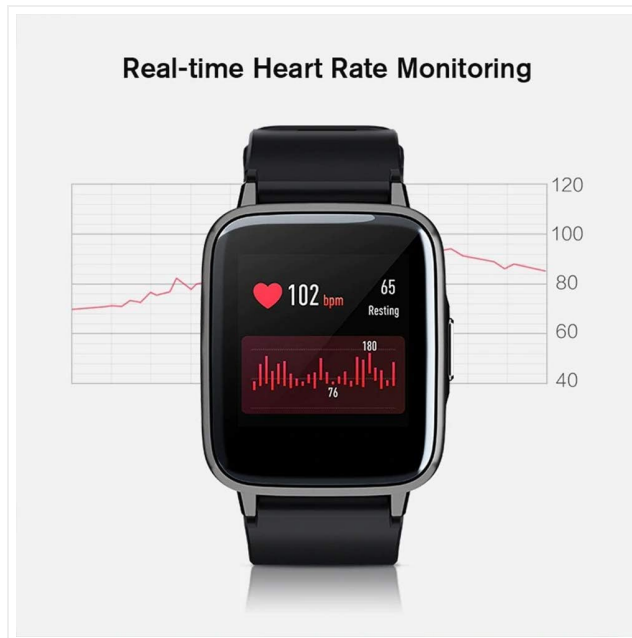


Figure 2.2.6: The HAYLOU LS02 SmartWatch showing real-time heart rate monitoring data, including BPM and a historical graph.

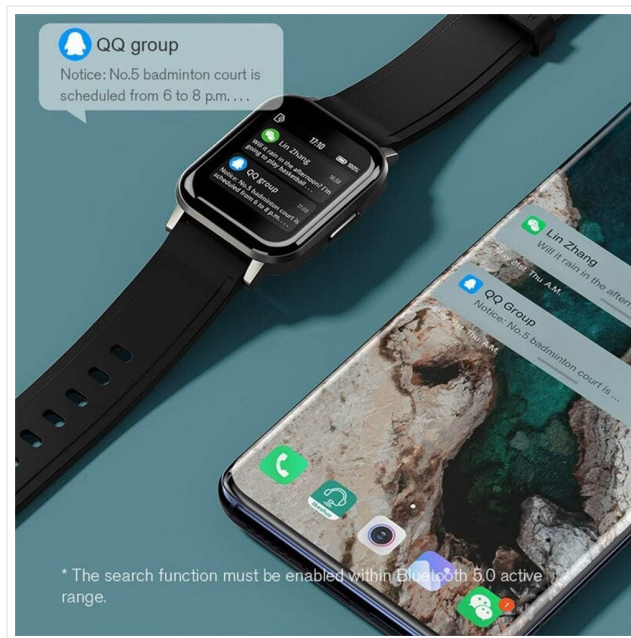


Figure 2.2.7: The HAYLOU LS02 SmartWatch displaying incoming notifications, mirroring content from a connected smartphone.

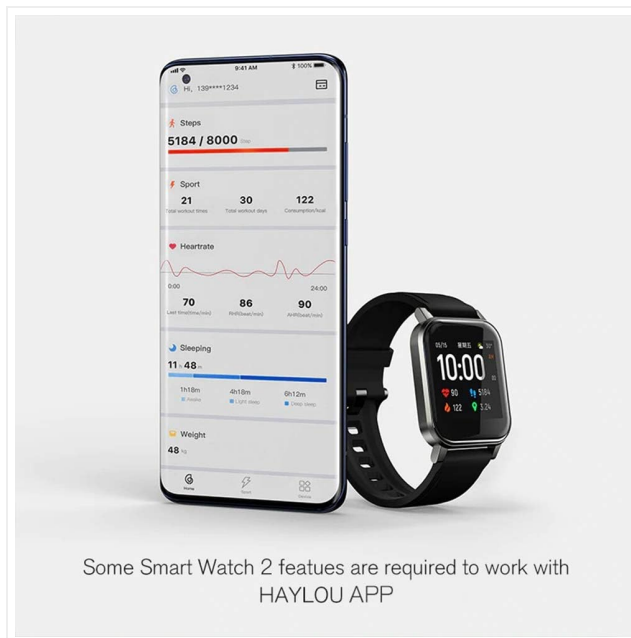


Figure 2.2.8: The HAYLOU LS02 SmartWatch positioned next to a smartphone screen showing the Haylou Fit App interface, illustrating data synchronization.

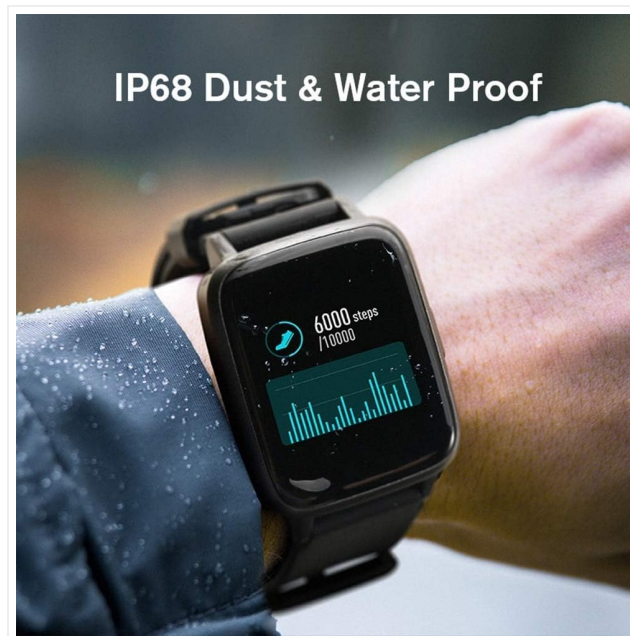


Figure 2.2.9: The HAYLOU LS02 SmartWatch worn on a wrist, demonstrating its IP68 dust and water resistance in a wet environment, displaying step count.

3. SETUP GUIDE

3.1 Charging the Device

Before first use, fully charge your HAYLOU LS02 SmartWatch. Connect the provided charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter or computer USB port. The watch display will indicate charging status.

3.2 Installing the Haylou Fit App

To unlock the full functionality of your smartwatch, download and install the "Haylou Fit App" on your smartphone. The app is available for both iOS and Android devices. Search for "Haylou Fit" in your device's app store.

3.3 Pairing with Your Smartphone

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the Haylou Fit App.
3. Follow the on-screen instructions within the app to search for and connect to your HAYLOU LS02 SmartWatch. The app will guide you through the pairing process.
4. Confirm the pairing request on both your watch and smartphone if prompted.

4. OPERATING INSTRUCTIONS

4.1 Navigating the Interface

The HAYLOU LS02 features a touch screen for navigation. Swipe left/right or up/down to access different functions and menus. Tap to select an option or confirm an action.

4.2 Health Monitoring

- **Heart Rate Monitoring:** The watch continuously monitors your heart rate. View real-time data on the watch or detailed historical data in the Haylou Fit App.
- **Sleep Tracking:** Wear the watch to bed for automatic sleep monitoring. The app provides insights into your deep

sleep, light sleep, and awake times.

- **Pedometer & Calorie Tracking:** The watch automatically tracks your steps, distance, and estimated calories burned throughout the day.

4.3 Sports Modes

The HAYLOU LS02 supports 12 sports modes. To start a workout:

1. Navigate to the Sports menu on your watch.
2. Select your desired activity (e.g., jogging, biking).
3. Tap to start the tracking. The watch will record relevant data such as duration, heart rate, and calories.
4. End the workout by following the on-screen prompts. Data will sync with the Haylou Fit App.

4.4 Smart Notifications

Once paired with your smartphone, the watch can display notifications for incoming calls, messages, and various applications. Ensure notification permissions are enabled in the Haylou Fit App and your phone's settings.

5. MAINTENANCE

5.1 Cleaning Your SmartWatch

Regularly clean your watch and strap to prevent skin irritation and maintain device longevity. Use a soft, damp cloth to wipe the screen and strap. For stubborn dirt, a mild soap solution can be used, followed by rinsing with clean water and thorough drying. Ensure the charging contacts are clean and dry before charging.

5.2 Water Resistance

The HAYLOU LS02 is IP68 rated for dust and water resistance. This means it can withstand splashes, rain, and brief immersion in shallow water. However, it is not suitable for hot showers, saunas, or diving. Avoid exposing the watch to hot water or steam, as this can compromise the seals.

5.3 Battery Care

To prolong battery life, avoid fully discharging the watch frequently. Charge the device using only the provided cable. Store the watch in a cool, dry place when not in use for extended periods.

6. TROUBLESHOOTING

6.1 Connectivity Issues

- **Watch not connecting to phone:** Ensure Bluetooth is on for both devices. Restart both the watch and your phone. Try unpairing and re-pairing the device through the Haylou Fit App.
- **App connection difficulties:** Ensure the Haylou Fit App is updated to the latest version. Check your phone's app permissions to ensure the app has necessary access (e.g., location, notifications).

6.2 Display Issues

- **Screen unresponsive:** Try restarting the watch. Ensure the screen is clean and dry.

6.3 Inaccurate Readings

- **Heart rate/sleep data inaccurate:** Ensure the watch is worn snugly on your wrist, not too loose or too tight. Clean the sensor on the back of the watch.

7. SPECIFICATIONS

Feature	Detail
Model Number	Haylou-LS02-JP
Screen Size	1.4 Inches
Battery Capacity	260 mAh (Lithium Polymer)
Connectivity	Bluetooth 5.0
Water Resistance	IP68
Operating System	Android Wear 2.0 (compatible with iOS & Android)
Memory Storage Capacity	128 MB
Special Features	Heart rate monitor, Pedometer, Calorie, Sleep, Multi-Sports Tracking, Smart Notifications
Package Dimensions	16.2 x 10.1 x 3.2 cm
Item Weight	35 g

8. SUPPORT

For further assistance, technical support, or warranty inquiries, please refer to the contact information provided with your product packaging or visit the official HAYLOU website. Keep your purchase receipt for any warranty claims.