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› Navaris Office Desk Footrest - Model 43040.19_m000612 Instruction Manual

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Enhance your comfort and posture with the Navaris ergonomic footrest.

INTRODUCTION

Thank you for choosing the Navaris Office Desk Footrest. This manual provides essential information for the correct setup, operation, and maintenance of your footrest. Designed to improve your posture and circulation, this adjustable footrest offers ergonomic support for your feet and legs while working or relaxing.



Image: The Navaris Office Desk Footrest positioned under an office desk, ready for use.

SAFETY INFORMATION

Please read and adhere to the following safety instructions to ensure safe and proper use of the footrest:

- **Maximum Weight Capacity:** The maximum weight capacity for this footrest is 100 kg (220 lbs). Do not exceed this limit.
- **Stable Placement:** Always place the footrest on a stable, flat surface to prevent tipping or instability.
- **Adjustments:** Adjust the height and tilt angle according to your stature and posture to prevent strain or injury. Ensure adjustments are made carefully and securely.
- **Intended Use:** This product is designed as a footrest for ergonomic support. Do not stand on it or use it as a step stool.
- **Children and Pets:** Keep out of reach of small children and pets to prevent accidental injury or damage to the product.

SETUP

The Navaris Office Desk Footrest comes pre-assembled and requires no complex setup. Simply remove it from its packaging and place it under your desk or desired location.

1. **Unpack:** Carefully remove the footrest from its packaging.
2. **Position:** Place the footrest on a flat, stable surface under your desk. Ensure the rubber feet are in contact with the floor to prevent slipping.



Image: A close-up view of the Navaris Office Desk Footrest, highlighting its non-slip surface and sturdy construction.

OPERATING INSTRUCTIONS

The Navaris footrest is designed for easy adjustment to suit your comfort needs. It features adjustable height and tilt functions.

Adjusting Height

The footrest offers 3 adjustable height levels. To change the height:

1. Gently lift the footrest platform.
2. Adjust the support mechanism underneath to one of the three desired height settings.
3. Ensure the mechanism is securely locked into place before resting your feet.

3 LIVELLI

Il poggiapiedi si regola tra 3 angolazioni ed elevazioni per un comfort ottimale



Image: Visual representation of the three adjustable height levels of the footrest, demonstrated with feet placed on the platform at each level.



Image: Side view illustrating the three height settings: 10.3 cm, 13.5 cm, and 16.8 cm.

Adjusting Tilt Angle

The footrest platform can be tilted between 0 and 25 degrees to provide optimal comfort and allow for natural leg movement. The tilt mechanism is free-floating, meaning it adjusts to your preferred angle as you rest your feet.

- Simply place your feet on the platform and apply gentle pressure to adjust the angle.
- The platform will tilt back and forth, allowing for dynamic movement and improved circulation.

ERGONOMIC COMFORT ZONE

Platform tilts back and forth for better posture and leg movement

25°

A diagram illustrating the ergonomic tilt feature of a footrest. It shows a black footrest platform in two positions: a horizontal position and a tilted position. A curved arrow indicates the range of motion, with '25°' labeled at the end of the arrow. The background is a light gray gradient.

Image: Diagram illustrating the ergonomic tilt feature, showing the platform's ability to move between 0 and 25 degrees for comfort.

MAINTENANCE

To ensure the longevity and proper functioning of your Navaris footrest, follow these simple maintenance guidelines:

- **Cleaning:** Wipe the footrest surface with a damp cloth and mild soap. Avoid abrasive cleaners or harsh chemicals that could damage the material.
- **Drying:** Ensure the footrest is completely dry before use to prevent slipping.
- **Inspection:** Periodically check the footrest for any signs of wear or damage, especially the adjustment mechanisms and rubber feet.
- **Storage:** Store in a cool, dry place away from direct sunlight and extreme temperatures when not in use for extended periods.

TROUBLESHOOTING

If you encounter any issues with your Navaris footrest, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Footrest slides on the floor.	Rubber feet are dirty or worn; surface is too smooth.	Clean the rubber feet and the floor surface. Ensure the footrest is placed on a non-slip surface.
Difficulty adjusting height.	Mechanism is stiff or obstructed.	Ensure no debris is blocking the adjustment mechanism. Apply gentle, even pressure when adjusting. Do not force.
Footrest feels unstable.	Not placed on a flat surface; adjustment mechanism not fully engaged.	Relocate the footrest to a flat, stable surface. Verify that the height adjustment mechanism is fully locked into position.

If the problem persists or if you encounter issues not listed here, please contact Navaris customer support.

SPECIFICATIONS

Feature	Detail
Brand	Navaris
Model Number	43040.19_m000612
Material	HIPS Plastic
Color	Dark Grey
Product Dimensions (L x W x H)	35L x 28.5W x 16.8H cm (approx. 13.8L x 11.2W x 6.6H inches)
Footrest Surface Dimensions	43.7 x 33 cm (approx. 17.2 x 13 inches)
Adjustable Height Levels	3 levels (e.g., 10.3 cm, 13.5 cm, 16.8 cm)
Tilt Angle	0 - 25 degrees (free-floating)
Maximum Weight Capacity	100 kg (220 lbs)
Style	Ergonomic



Image: Top-down view showing the surface dimensions of the footrest.

WARRANTY AND SUPPORT

Navaris products are designed and manufactured to high-quality standards. For information regarding warranty coverage, please refer to the warranty card included with your purchase or visit the official Navaris website.

For technical support, troubleshooting assistance, or to inquire about replacement parts, please contact Navaris customer service through their official website or the retailer where you purchased the product. Please have your model number (43040.19_m000612) ready when contacting support.

Online Resources: You can often find additional support and FAQs on the [Navaris Brand Store](#).

VIDEO RESOURCES

No official product videos from the seller were provided in the product data for embedding in this manual.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question