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## Bigzzia Motorised Treadmill

# Bigzzia Motorised Under Desk Treadmill User Manual

Model: Motorised Treadmill

## 1. IMPORTANT SAFETY INSTRUCTIONS

Please read all instructions carefully before using this treadmill. Keep this manual for future reference.

- Always place the treadmill on a flat, stable surface. Ensure there is adequate clear space around the treadmill (at least 2 meters behind and 0.6 meters on each side).
- Keep children and pets away from the treadmill during operation.
- The maximum user weight for this treadmill is 110 kg. Do not exceed this limit.
- Wear appropriate athletic footwear and clothing during use.
- If you experience any pain, dizziness, or shortness of breath, stop exercising immediately and consult a physician.
- Do not use the treadmill if it is damaged or malfunctioning. Contact customer support for assistance.
- Ensure the power cord is not pinched or damaged. Unplug the treadmill when not in use or before cleaning/maintenance.
- This treadmill is designed for indoor use only. Do not expose it to water or excessive humidity.

## 2. SETUP AND ASSEMBLY

The Bigzzia Motorised Under Desk Treadmill is designed for ease of use and requires no assembly.

### 2.1 Unboxing and Placement

1. Carefully remove the treadmill from its packaging.
2. Place the treadmill on a firm, level surface. Ensure there is sufficient space around the unit for safe operation and movement.
3. Connect the power cord to a grounded electrical outlet.



This image demonstrates the portability of the treadmill, showing a user easily tilting and moving it, highlighting its lightweight design and integrated wheels for convenient storage.



Net Weight: 23.5kg

Running Belt: 39\*104cm (15.4"\*41")

Product Size: 120\*50\*14cm

(47"\*19.7"\*5.5")

Peak Horsepower: 1.5hp

Walking Speed: 1-10km/h

Bluetooth smart app: No

Shock absorption: Yes

Remote Controller: Yes



No assembly required!  
Easy to put away!  
Only 23.5kg!  
LIGHT WEIGHT!

This image illustrates the compact storage options for the treadmill, showing it stored upright against a wall and flat under a sofa. Key specifications like net weight (23.5kg), running belt size (39\*104cm), product size (120\*50\*14cm), peak horsepower (1.5hp), walking speed (1-10km/h), and remote controller availability are also displayed.

### 3. OPERATING INSTRUCTIONS

The treadmill is controlled via a remote control and features an integrated LCD display.

#### 3.1 Getting Started

1. Ensure the treadmill is plugged into a power outlet.
2. Stand on the side rails of the treadmill, not directly on the running belt.
3. Press the 'Start' button on the remote control to begin. The treadmill will typically start at a low speed.

#### 3.2 Remote Control Functions

- **Start/Stop Button:** Initiates or pauses the treadmill operation.
- **Speed +/- Buttons:** Adjusts the walking speed. The speed range is 1 - 10 km/h.

- **Mode Button (M):** Cycles through different display modes or pre-set programs (if available).



This image shows the remote control used to operate the treadmill, with the display indicating speed adjustments. The remote allows users to easily increase or decrease walking speed.

### 3.3 LCD Display

The integrated LCD display provides real-time feedback on your workout.

- **Speed:** Displays the current walking speed in km/h.
- **Time:** Shows the duration of your workout.
- **Distance:** Indicates the total distance covered during the session.
- **Calories:** Estimates the calories burned during your workout.

## /// LED DISPLAY



1 Speed



2 Time



3 Distance



4 Calorie



This image highlights the LED display panel of the treadmill, indicating how it shows key exercise metrics: current speed, elapsed time, distance covered, and calories burned.



This image illustrates a user walking on the treadmill. The running belt dimensions are approximately 102 cm in length and 39 cm in width, providing ample space for walking.

## 4. MAINTENANCE AND CARE

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Regular maintenance ensures the longevity and optimal performance of your treadmill.

### 4.1 Cleaning

- Always unplug the treadmill before cleaning.
- Wipe down the display and exterior surfaces with a soft, damp cloth. Avoid using abrasive cleaners or solvents.
- Periodically vacuum underneath the treadmill to remove dust and debris.

### 4.2 Running Belt Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Use 100% silicone lubricant (not included).

1. Unplug the treadmill.

2. Loosen the rear roller bolts slightly to lift the belt.
3. Apply a small amount of silicone lubricant evenly under the center of the running belt.
4. Tighten the rear roller bolts.
5. Plug in the treadmill and run it at a low speed for 2-3 minutes to distribute the lubricant.

### 4.3 Running Belt Adjustment

If the running belt is off-center or slipping, it may need adjustment.

- **Centering:** If the belt drifts to one side, use an Allen wrench (not included) to turn the corresponding rear roller bolt clockwise (to move the belt to the right) or counter-clockwise (to move the belt to the left) in small increments (1/4 turn). Run the treadmill for a minute and re-check.
- **Tension:** If the belt slips during use, turn both rear roller bolts clockwise in small, equal increments (1/4 turn) to increase tension. Do not overtighten.

## 5. TROUBLESHOOTING

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Refer to this section for common issues and their solutions.

Problem	Possible Cause	Solution
Treadmill does not start.	Power cord not plugged in; Power switch off; Remote control battery low.	Ensure power cord is securely plugged in. Check the main power switch. Replace remote control batteries.
Running belt slips.	Belt tension too loose; Belt needs lubrication.	Adjust belt tension (refer to Section 4.3). Lubricate the running belt (refer to Section 4.2).
Running belt is off-center.	Belt alignment issue.	Adjust belt centering (refer to Section 4.3).
Unusual noise during operation.	Loose parts; Lack of lubrication; Foreign object.	Check for any loose screws or components. Lubricate the running belt. Inspect for any objects caught under the belt.
LCD display not working.	Loose connection; Display malfunction.	Ensure all connections are secure. If the problem persists, contact customer support.

## 6. PRODUCT SPECIFICATIONS

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Detailed specifications for your Bigzzia Motorised Under Desk Treadmill.



This diagram identifies the main components of the treadmill, including the display panel, remote controller receiver, running belt, and covers. It also shows the overall dimensions: 120 cm length, 50 cm width, and 14 cm height.

- **Brand:** Bigzzia
- **Model:** Motorised Treadmill
- **Display Type:** LCD
- **Motor:** 1.5 HP Peak Horsepower
- **Speed Range:** 1 - 10 km/h
- **Product Dimensions (L x W x H):** 120 cm x 50 cm x 14 cm (47" x 19.7" x 5.5")
- **Running Belt Dimensions (L x W):** 104 cm x 39 cm (41" x 15.4")
- **Item Weight:** 22.68 kg (Net Weight: 23.5 kg)
- **Maximum User Weight:** 110 kg
- **Assembly Required:** No (Installation-Free)
- **Shock Absorption System:** Yes (5-layer structure)
- **Control:** Remote Control

- **Bluetooth Smart App:** No

## 7. WARRANTY AND SUPPORT

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For warranty information or technical support, please refer to the documentation provided at the time of purchase or contact your retailer. Keep your proof of purchase for any warranty claims.