

## UMIDIGI Uwatch 2S

# UMIDIGI Uwatch 2S Smart Watch Instruction Manual

Model: Uwatch 2S

## 1. INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your UMIDIGI Uwatch 2S Smart Watch. The Uwatch 2S is designed to be a versatile fitness and activity tracker, compatible with both iPhone and Android devices.

Key features include a 1.3-inch touch screen, 5ATM water resistance, heart rate monitoring, sleep tracking, and various sport modes.

## 2. SETUP

### 2.1 Package Contents

- UMIDIGI Uwatch 2S Smart Watch
- Charging Cable
- Instruction Manual (this document)

### 2.2 Charging the Device

Before initial use, fully charge your Uwatch 2S. Connect the provided charging cable to the charging contacts on the back of the watch and to a standard USB power source. A full charge typically takes approximately 2.5 hours and provides up to 15 days of working time.



Image: The UMIDIGI Uwatch 2S Smart Watch face showing the time, date, and step count.

## 2.3 App Installation and Pairing

1. **Download the Da Fit App:** Search for 'Da Fit' in your smartphone's app store (Apple App Store for iOS or Google Play Store for Android) and install it. The Uwatch 2S is compatible with iOS 8.0 and above, and Android 4.4 and above.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open Da Fit App:** Launch the Da Fit application on your phone.
4. **Add Device:** Follow the in-app instructions to add your Uwatch 2S. The app will scan for available devices. Select 'Uwatch 2S' from the list to initiate pairing.

5. **Confirm Pairing:** Confirm the pairing request on both your watch and smartphone if prompted.

Once paired, the watch will synchronize data with the app, and you can customize settings and view your health data.

### 3. OPERATING THE UWATCH 2S

#### 3.1 Basic Navigation

The Uwatch 2S features a 1.3-inch full-color touch display for navigation. Swipe across the screen to access different functions and menus. Tap to select an option or confirm an action.

#### 3.2 Key Features and Functions

- **Activity Tracking:** The watch automatically tracks daily steps, distance, and calories burned. It supports 14 sport modes for more specific workout tracking, including walking, running, cycling, badminton, basketball, football, treadmill, exercise, climb, tennis, yoga, dance, skipping, and training. Data can be viewed in the Da Fit app.

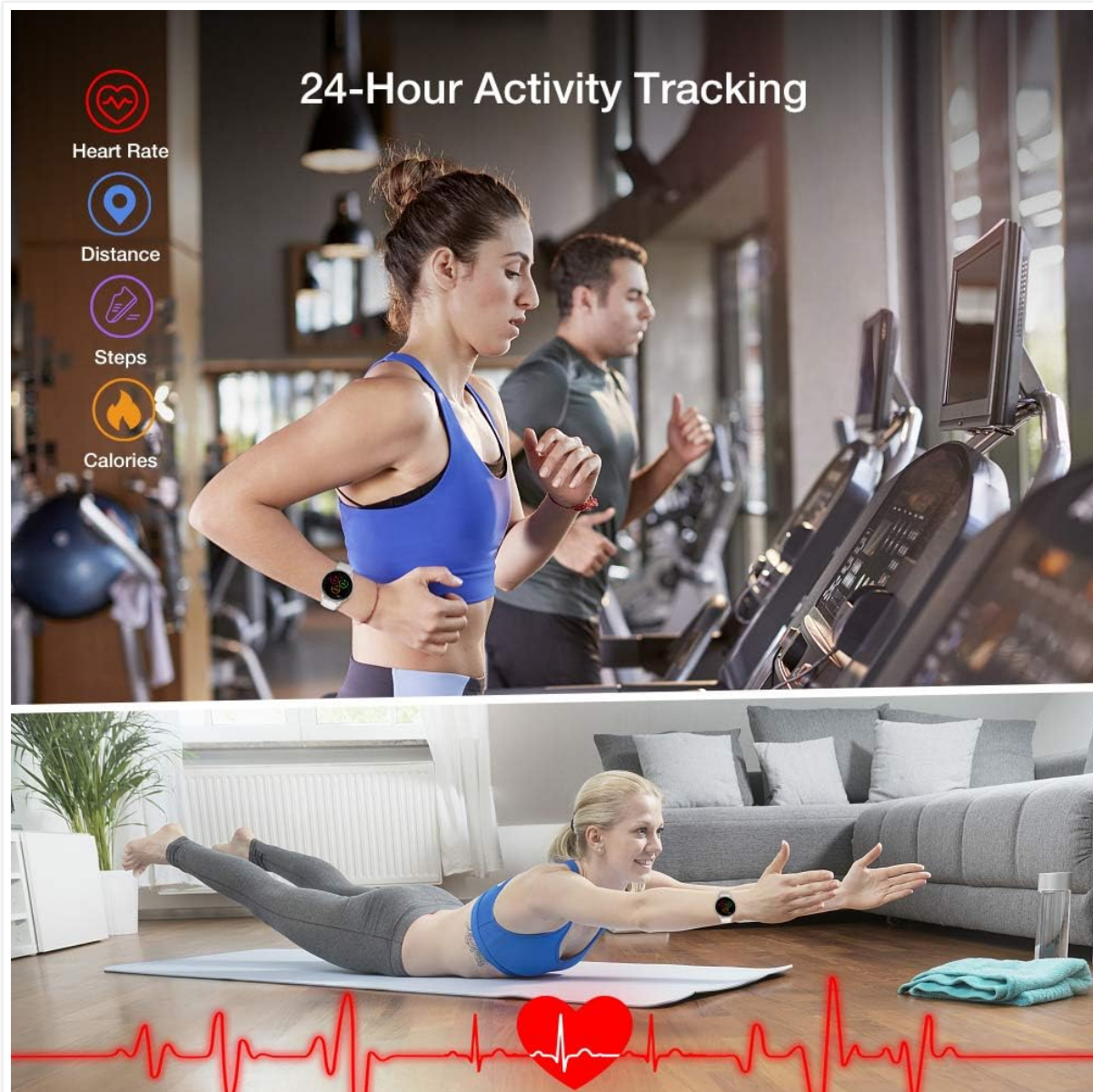


Image: Individuals engaged in physical activity, illustrating the watch's 24-hour activity tracking capabilities for heart rate, distance, steps, and calories.

## 14 Sport Modes



Image: Visual representation of the 14 available sport modes, with people running and doing yoga by the sea.

- **Heart Rate Monitoring:** The Uwatch 2S continuously monitors your heart rate throughout the day. Access heart rate data directly on the watch or through the Da Fit app for detailed analysis.



## 24H/7 Days Heart Rate Monitoring



Image: The rear view of the Uwatch 2S, highlighting the optical heart rate sensor and a graphical representation of continuous heart rate monitoring.

- **Sleep Monitoring:** The watch tracks your sleep patterns, including deep sleep, shallow sleep, and awake times. A comprehensive sleep quality analysis is available in the Da Fit app to help you understand and improve your sleep habits.

## Sleep Tracking



Image: A couple sleeping, with the Uwatch 2S visible on the woman's wrist, demonstrating its sleep tracking function.

- **Notifications:** Receive call, SMS, email, calendar, and app notifications directly on your watch. The watch displays the latest three messages.
- **Customizable Watch Faces:** Choose from over 100 watch faces available through the Da Fit app, or upload your own photo to personalize your watch display.
- **Additional Functions:** The Uwatch 2S includes features such as remote control for music and camera, weather reports, sedentary reminders, alarm clocks, a stopwatch, a 'find phone' function, call rejection, brightness adjustment, and a power-saving mode.
- **Women's Health Tracking:** The watch offers menstrual cycle calculation for women, providing relevant tracking and reminders.

## 4. MAINTENANCE

### 4.1 Water Resistance

The Uwatch 2S meets 5ATM waterproof standards, allowing you to wear it while washing hands, in the rain, and during swimming activities. **Important:** Do not use the watch in water hotter than 40°C (100.4°F), such as in showers or saunas, as this can compromise the water resistance.

## 5 ATM Water Resistance



Image: A person swimming in a pool, wearing the Uwatch 2S, demonstrating its 5 ATM water resistance.

### 4.2 Cleaning and Care

- Regularly clean the watch and strap with a soft, damp cloth.
- Ensure the charging contacts on the back of the watch are clean and dry before charging to prevent corrosion.
- Avoid exposing the watch to extreme temperatures or harsh chemicals.

## 5. TROUBLESHOOTING

If you encounter issues with your Uwatch 2S, please refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and a power source for at least 30 minutes.
- **Unable to pair with smartphone:**
  - Confirm Bluetooth is enabled on your phone.
  - Ensure the Da Fit app is installed and open.
  - Make sure the watch is within Bluetooth range of your phone.
  - Restart both your watch and smartphone, then attempt pairing again.

- **Inaccurate step count or heart rate:**

- Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.
- Check for any obstructions (e.g., dirt, sweat) on the sensor area on the back of the watch.
- Synchronize the watch with the Da Fit app to ensure data is updated.
- Restart the watch and re-calibrate if necessary through the app settings.

- **Notifications not appearing:**

- Verify that notification permissions are enabled for the Da Fit app in your phone's settings.
- Ensure notifications are enabled within the Da Fit app for the specific applications you wish to receive alerts from.
- Confirm the watch is connected via Bluetooth to your phone.

- **Short battery life:**

- Reduce screen brightness.
- Disable continuous heart rate monitoring if not needed 24/7.
- Limit the number of app notifications.
- Ensure the watch is fully charged each time.

If these steps do not resolve your issue, please contact customer support.

## 6. SPECIFICATIONS

<b>Model Name</b>	Uwatch 2S
<b>Brand</b>	UMIDIGI
<b>Display</b>	1.3-inch LCD Touchscreen (240 x 240 resolution)
<b>Dimensions</b>	25.7 x 4.39 x 1.3 cm
<b>Weight</b>	160 g
<b>Water Resistance</b>	5ATM
<b>Connectivity</b>	Bluetooth 5.0
<b>GPS Support</b>	ANT+ (for external sensors)
<b>Special Features</b>	Pedometer, Sedentary Reminder, Heart Rate Monitor, Sleep Monitor, 14 Sport Modes, Notifications, Customizable Watch Faces, Women's Health Tracking
<b>Compatible OS</b>	iOS 8.0+, Android 4.4+
<b>Color</b>	Ice white






## 7. SUPPORT

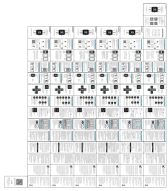
For any questions or further assistance regarding your UMIDIGI Uwatch 2S, please contact UMIDIGI customer support. We aim to respond to all inquiries within 24 hours.



Please refer to the official UMIDIGI website or your purchase platform for specific contact details.

## Related Documents - Uwatch 2S

	<p><a href="#">Uwatch 3 Smartwatch User Manual - Umidigi</a></p> <p>Comprehensive user guide for the Umidigi Uwatch 3 smartwatch, covering setup, features, operation, and maintenance. Learn how to charge, pair, navigate, and use all functionalities.</p>
	<p><a href="#">UMIDIGI Uwatch 3S Operating Instructions and User Guide</a></p> <p>Comprehensive operating instructions and user guide for the UMIDIGI Uwatch 3S smartwatch. Learn setup, features, fitness tracking, and app connectivity.</p>
	<p><a href="#">Uwatch 2S Operating Instructions and Guide</a></p> <p>Comprehensive operating instructions for the UMIDIGI Uwatch 2S smartwatch, covering setup, usage, features, and maintenance. Learn how to charge, bind, navigate the interface, track activities, and more.</p>
	<p><a href="#">Uwatch GT Smartwatch Operation Manual and User Guide</a></p> <p>Comprehensive operation manual and user guide for the UMIDIGI Uwatch GT smartwatch, covering setup, button and screen operations, sports functions, health data, notifications, product specifications, and safety information.</p>
	<p><a href="#">UFit Smartwatch User Manual and Operating Instructions</a></p> <p>Comprehensive user manual for the UFit smartwatch by UMIDIGI, covering setup, features like heart rate monitoring, sports tracking, data sync, and troubleshooting. Learn how to use your UFit device effectively.</p>



### [Umidigi Uwatch3 GPS Smartwatch User Manual](#)

Comprehensive user manual for the Umidigi Uwatch3 GPS smartwatch, covering setup, features, operation, troubleshooting, and safety information.