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SKM B08GLG2P4P

SKM Triphala Tablets User Manual

Model: B08GLG2P4P

1. PRODUCT OVERVIEW

SKM Triphala Tablets are an Ayurvedic herbal supplement formulated from a combination of three fruits: Harithaki (*Terminalia Chebula*), Amlaki (*Emblica officinalis*), and Bhibitaki (*Terminalia bellerica*). This traditional blend has been utilized for thousands of years in Ayurvedic practices.

Triphala is recognized for its properties as a digestive cleanser and a potent free radical scavenger. It contains various bioactive compounds, including gallic acid and tannic acid, contributing to overall well-being.



Image 1: Front view of the SKM Triphala Tablets bottle.

2. PREPARATION AND BEFORE USE

Before beginning any new supplement regimen, it is recommended to consult with a healthcare professional or physician, especially if you have pre-existing medical conditions, are pregnant, nursing, or taking other medications.

Review the ingredients list carefully to ensure there are no known allergies to any components of the Triphala tablets.

3. USAGE INSTRUCTIONS

Recommended Dosage

Take **1 tablet twice a day**. It is advised to take the tablets with water after food. Always follow the dosage instructions provided on the product packaging or as directed by your physician.

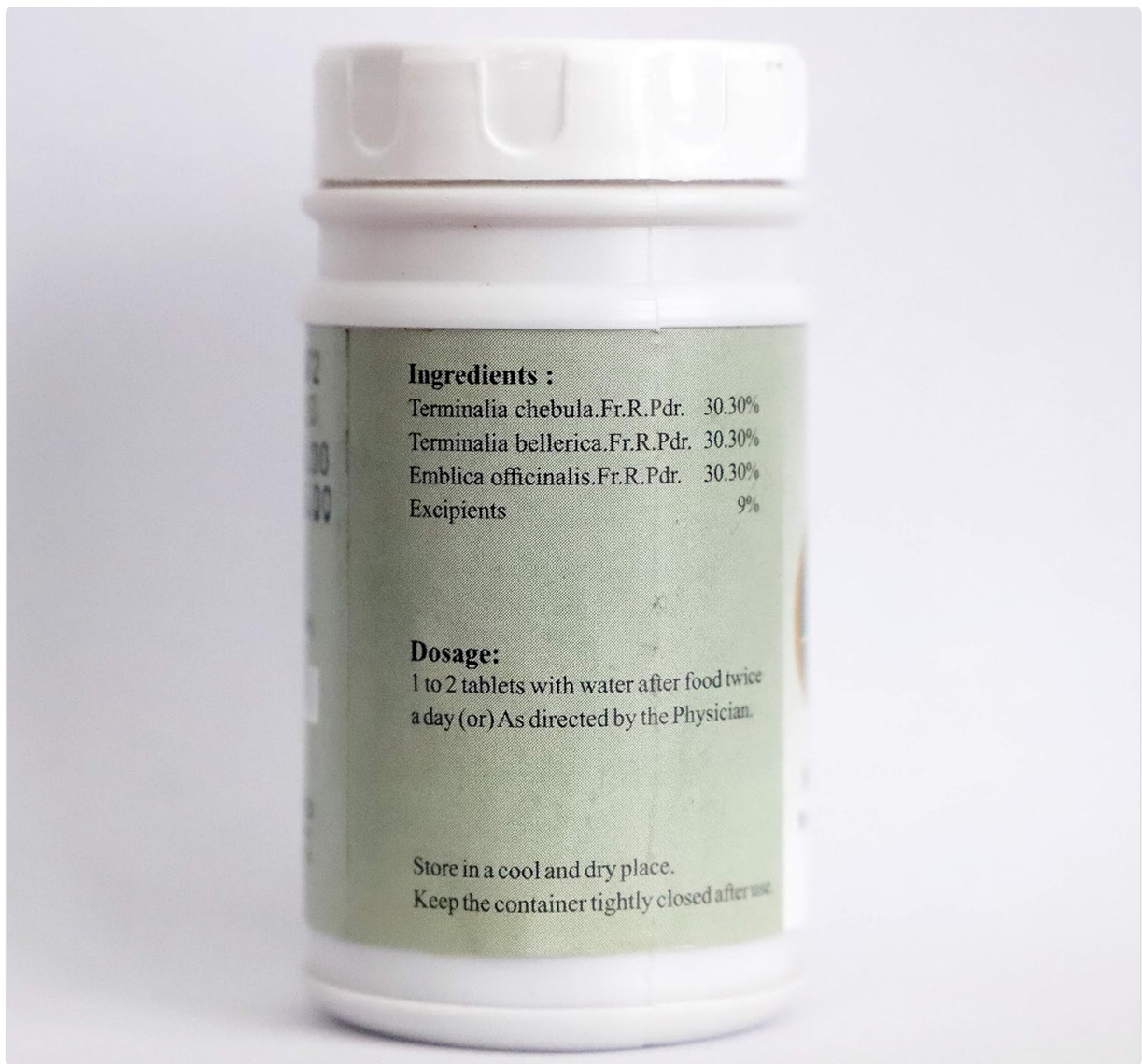


Image 2: Close-up of the back label detailing ingredients and dosage instructions.

4. STORAGE AND MAINTENANCE

To maintain the efficacy and quality of the tablets, store them in a cool and dry place. Ensure the container is tightly closed after each use to protect the tablets from moisture and air.

5. TROUBLESHOOTING AND PRECAUTIONS

If you experience any adverse reactions or discomfort after taking SKM Triphala Tablets, discontinue use immediately and consult a healthcare professional. This product is intended for adult use. Keep out of reach of children.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

6. SPECIFICATIONS

Feature	Detail
Brand Name	SKM
Item Form	Tablets
Container Type	Bag (Product packaging may vary)
Age Range Description	Adult
Dosage Form	Tablet
UPC	789993193943
Package Quantity	1
Number of Items	1
Unit Count	100.00 Count
Material Features	Natural
Product Dimensions	3 x 2 x 2 inches; 3 ounces
Date First Available	August 25, 2020
Manufacturer	SKM
ASIN	B08GLG2P4P

Ingredients

- Triphala blend:
 - Amla fruit (*Phyllanthus emblica*)
 - Bibhitaki fruit (*Terminalia bellerica*)
 - Haritaki fruit (*Terminalia chebula*)
- Excipients (as listed on product packaging)

7. WARRANTY INFORMATION

Specific warranty information is typically not provided for dietary supplements. For any concerns regarding product quality or manufacturing, please refer to the manufacturer's contact information.

8. SUPPORT AND CONTACT

For further assistance, questions, or to report any issues, please contact SKM Siddha & Ayurveda directly. You can often find contact details on the product packaging or through their official website. Always consult your physician for medical advice.



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Image 3: SKM Siddha & Ayurveda company branding and product range.