

Maxcom FW32

Maxcom Fit FW32 Smartwatch User Manual

Model: FW32 | Brand: Maxcom



INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Maxcom Fit FW32 Smartwatch. Please read this manual thoroughly before using the device to ensure proper functionality and to maximize your user experience.

PACKAGE CONTENTS

- Maxcom Fit FW32 Smartwatch
- Charging Cable
- User Manual



Image: The Maxcom Fit FW32 Smartwatch displayed alongside its magnetic charging cable.

PRODUCT OVERVIEW

The Maxcom Fit FW32 Smartwatch features a sleek design with a touch screen, offering a range of functionalities to support your daily activities and health monitoring.



Image: Front view of the Maxcom Fit FW32 Smartwatch, showing the round display with current time, date, heart rate, step count, and calorie burn.



Image: Rear view of the Maxcom Fit FW32 Smartwatch, highlighting the optical sensor used for heart rate and blood oxygen monitoring.

SETUP

1. Charging the Device

Before initial use, fully charge your Maxcom Fit FW32 Smartwatch. Connect the charging cable to the charging pins on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. The watch display will indicate charging status.

2. App Installation

To unlock the full potential of your smartwatch, download the companion application on your smartphone. Search for the relevant application in your smartphone's app store (Google Play Store for Android or Apple App Store for iOS). Install the application.

3. Pairing with Your Smartphone

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the companion application.
3. Follow the on-screen instructions in the app to search for and connect to your Maxcom Fit FW32 Smartwatch.
4. Confirm the pairing request on both your smartphone and the smartwatch.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touch Screen:** Swipe left, right, up, or down to navigate through menus and features. Tap to select an option.
- **Side Button:** Press the side button to return to the main watch face or to wake the screen.

Features

Pedometer

The smartwatch automatically tracks your steps throughout the day. View your daily step count on the main display or within the activity tracking menu.

Heart Rate Monitor

To measure your heart rate, navigate to the heart rate monitoring screen. Ensure the watch is worn snugly on your wrist. The sensor on the back of the watch will activate and display your current heart rate.

Blood Pressure Monitor

The device can estimate blood pressure. For accurate readings, remain still and follow any on-screen prompts. This feature is for reference only and should not replace professional medical advice.

Sleep Monitor

Wear the smartwatch while sleeping, and it will automatically track your sleep patterns, including deep sleep, light sleep, and awake times. View detailed sleep data in the companion app.

Notifications

Once paired with your smartphone, the smartwatch can display notifications for calls, messages, and social media alerts. Ensure notification permissions are enabled in the companion app and your phone settings.

Water Resistance (IP67)

The Maxcom Fit FW32 is IP67 rated, meaning it is resistant to dust and can withstand immersion in water up to 1 meter for 30 minutes. It is suitable for daily use and light water exposure, but not recommended for swimming or diving.

MAINTENANCE

Cleaning

Regularly clean your smartwatch and strap with a soft, dry cloth. If necessary, use a slightly damp cloth with mild soap, then wipe dry. Avoid harsh chemicals or abrasive materials.

Storage

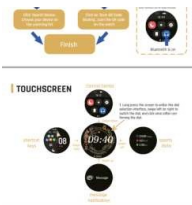
When not in use for extended periods, store the smartwatch in a cool, dry place. Ensure it is partially charged to prevent battery degradation.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger and wait a few minutes before attempting to power it on.
- **Cannot pair with smartphone:**
 - Check if Bluetooth is enabled on your smartphone.
 - Ensure the smartwatch is within Bluetooth range of your phone.
 - Restart both your smartphone and the smartwatch.
 - Try unpairing and re-pairing the device through the companion app.
- **Inaccurate health data:**
 - Ensure the watch is worn snugly on your wrist, not too loose or too tight.
 - Clean the sensors on the back of the watch.
 - Avoid excessive movement during measurements.
- **Notifications not appearing:**
 - Verify that notification permissions are granted to the companion app in your smartphone's settings.
 - Ensure the watch is connected via Bluetooth.

SPECIFICATIONS

Feature	Detail
Brand	Maxcom
Model Name	FW32
Operating System	AsteroidOS
Screen Size	1.56 inches (approximate)
Connectivity	Bluetooth



FUNCTIONS INTRODUCTION

Old watch:
Long press the crown to enter the home screen to enter the old watch interface.
Press the crown to enter the old watch interface and then to enter the old watch interface.

Control center:
Press the crown to enter the control center interface. The control center interface shows the control center interface.

Movement data:
Press the crown to enter the movement data interface. The movement data interface shows the movement data interface.

Sports:
Press the crown to enter the sports interface. The sports interface shows the sports interface.

Sport record:
Press the crown to enter the sport record interface. The sport record interface shows the sport record interface.

Heart rate:
Press the crown to enter the heart rate interface. The heart rate interface shows the heart rate interface.

Sleep:
Press the crown to enter the sleep interface. The sleep interface shows the sleep interface.

Blood pressure:
Press the crown to enter the blood pressure interface. The blood pressure interface shows the blood pressure interface.

Blood oxygen:
Press the crown to enter the blood oxygen interface. The blood oxygen interface shows the blood oxygen interface.

Female health:
Press the crown to enter the female health interface. The female health interface shows the female health interface.

Muscle:
Press the crown to enter the muscle interface. The muscle interface shows the muscle interface.

Weather:
Press the crown to enter the weather interface. The weather interface shows the weather interface.

Alarm clock:
Press the crown to enter the alarm clock interface. The alarm clock interface shows the alarm clock interface.

Stopwatch:
Press the crown to enter the stopwatch interface. The stopwatch interface shows the stopwatch interface.

Timer:
Press the crown to enter the timer interface. The timer interface shows the timer interface.

Information:
Press the crown to enter the information interface. The information interface shows the information interface.

Find my phone:
Press the crown to enter the find my phone interface. The find my phone interface shows the find my phone interface.

Settings:
Press the crown to enter the settings interface. The settings interface shows the settings interface.

Breath training:
Press the crown to enter the breath training interface. The breath training interface shows the breath training interface.

Driving reminder:
Press the crown to enter the driving reminder interface. The driving reminder interface shows the driving reminder interface.

Sedentary reminder:
Press the crown to enter the sedentary reminder interface. The sedentary reminder interface shows the sedentary reminder interface.

SPECIFICATION

Compatibility	Android 4.0 or above
Weight	50g
Material	Aluminum alloy
Case	42mm
Case	46mm
Display	1.4 inch
Resolution	240 x 240
Resolution	240 x 240
Resolution	240 x 240
Resolution	240 x 240

*The maximum cable frequency indicated in the range 2400-2480MHz

FREQUENTLY ASKED QUESTIONS AND TROUBLE SHOOTING

Fail to start the watch:
Press the crown to enter the fail to start the watch interface. The fail to start the watch interface shows the fail to start the watch interface.

The Bluetooth is not connected or cannot be connected:
Press the crown to enter the Bluetooth is not connected or cannot be connected interface. The Bluetooth is not connected or cannot be connected interface shows the Bluetooth is not connected or cannot be connected interface.

The measurement of heart rate/blood oxygen/ECG is inaccurate:
Press the crown to enter the measurement of heart rate/blood oxygen/ECG is inaccurate interface. The measurement of heart rate/blood oxygen/ECG is inaccurate interface shows the measurement of heart rate/blood oxygen/ECG is inaccurate interface.

Sleep data is not accurate enough:
Press the crown to enter the sleep data is not accurate enough interface. The sleep data is not accurate enough interface shows the sleep data is not accurate enough interface.

BLUETOOTH DATA TRANSMISSION

Press the crown to enter the Bluetooth data transmission interface. The Bluetooth data transmission interface shows the Bluetooth data transmission interface.

NOTICE:
Press the crown to enter the notice interface. The notice interface shows the notice interface.

PRECAUTIONS

Press the crown to enter the precautions interface. The precautions interface shows the precautions interface.

Press the crown to enter the precautions interface. The precautions interface shows the precautions interface.

FIND YOUR USER MANUAL LANGUAGE

Press the crown to enter the find your user manual language interface. The find your user manual language interface shows the find your user manual language interface.

SIMPLIFIED EU DECLARATION OF CONFORMITY

Press the crown to enter the simplified EU declaration of conformity interface. The simplified EU declaration of conformity interface shows the simplified EU declaration of conformity interface.

INFORMATION ON ENVIRONMENTAL PROTECTION

Press the crown to enter the information on environmental protection interface. The information on environmental protection interface shows the information on environmental protection interface.

CAUTION: DO NOT DISCONNECT THE BATTERY NOR THROW BATTERIES INTO FIRE

Press the crown to enter the caution: do not disconnect the battery nor throw batteries into fire interface. The caution: do not disconnect the battery nor throw batteries into fire interface shows the caution: do not disconnect the battery nor throw batteries into fire interface.

Manufacturer and Distributor:
MAXCOM S.A.
MAXCOM S.A.
MAXCOM S.A.

CE **RoHS**

MAXCOM FW58 VANAD PRO Smartwatch User Manual

Comprehensive user manual for the MAXCOM FW58 VANAD PRO smartwatch, covering setup, features, specifications, troubleshooting, and precautions. Learn how to connect, use functions like heart rate monitoring, sleep tracking, sports modes, and more.



[Maxcom FW58 Vanad Pro Smartwatch User Manual](#)

Comprehensive user manual for the Maxcom FW58 Vanad Pro smartwatch, covering setup, features, specifications, and troubleshooting. Learn how to connect, use health tracking, and manage your device.



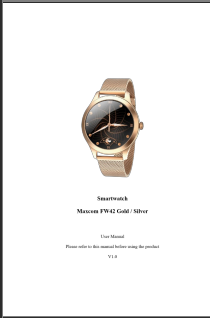
[MAXCOM FIT FW32 Neon Smartwatch User Manual and Guide](#)

Comprehensive user manual for the MAXCOM FIT FW32 Neon smartwatch. Learn how to set up, connect to the Da Fit app, use main functions like step tracking, heart rate monitoring, training modes, and troubleshoot common issues.



[Maxcom FW27 Selen Smartwatch: User Guide, Specifications, and Compliance](#)

Discover the Maxcom FW27 Selen smartwatch. This guide covers setup, features, technical specifications, app connectivity, troubleshooting, and EU conformity declarations for this stylish and functional wearable device.



[Maxcom FW42 Gold / Silver Smartwatch User Manual](#)

Comprehensive user manual for the Maxcom FW42 Gold / Silver smartwatch, detailing its features, functions, setup, troubleshooting, and warranty information.

smartwatch
FW26
oxygen pro



[Maxcom FW26 Oxygen Pro Smartwatch User Manual and Features](#)

Comprehensive guide to the Maxcom FW26 Oxygen Pro smartwatch, covering setup, operation, health tracking, app connectivity, and FAQs. Learn about its features like heart rate monitoring, sleep tracking, and workout modes.