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## **YOGASLEEP Duet 4001230**

# Yogasleep Duet White Noise Sound Machine & Night Light Instruction Manual

Model: Duet 4001230

## INTRODUCTION

The Yogasleep Duet is a versatile device designed to enhance your sleep environment and provide soothing sounds for relaxation, concentration, and sleep aid. It combines a white noise sound machine, a warm amber night light, and a Bluetooth-enabled wireless speaker into one compact unit. This manual provides comprehensive instructions for setting up, operating, and maintaining your Duet device.



Image: The Yogasleep Duet device, a compact white unit with a textured grey base and an illuminated top section.

# SAFETY INFORMATION

Always plug in the device to operate. Do not use in a wet environment. Not intended for use as a toy. Follow noise exposure limits for prolonged use.

# SETUP

- 1. Unbox the Yogasleep Duet.
- 2. Connect the USB cord to power the device. (A USB power adapter wall plug is not included.)
- 3. The unit must be plugged in at all times to remain on and operating.



Image: The Yogasleep Duet device shown with its included 5ft 5V DC 1A USB power cable. Dimensions are indicated as 6.5 inches tall and 3.4 inches wide.

# **OPERATING INSTRUCTIONS**

### **Power and Sound Selection**

The Yogasleep Duet offers 30 non-looping sounds, including 2 Dohm signature sounds, various fan sounds, white noise, brown noise, pink noise, 9 nature sounds, relaxation tracks, and calming classically-inspired lullabies.

- 1. Use the button interface on the top of the device to select a sound.
- 2. Adjust the volume to your preference using the dedicated volume controls. The device can reach a volume of up to 88.1dB, suitable for masking various ambient noises.



Image: An overhead view of the Yogasleep Duet's control panel, highlighting buttons for sound selection, volume, and timer, with icons representing 30 soothing sounds.

# **Night Light Function**

The Duet features a soft amber night light with gradient brightness, ideal for nighttime feedings or as a comforting light source.

• Simply hold down the night light button to adjust its brightness.



Image: The Yogasleep Duet emitting a warm amber glow from its night light feature, set against a dark background.

# **Bluetooth Speaker Functionality**

The device includes wireless speaker functionality, allowing you to stream audio from your smartphone.

• Connect your smartphone to the Duet speaker wirelessly to stream your favorite sleep soundtrack, podcast, or music.



Image: A hand holding a smartphone displaying a 'Bedtime Playlist' connected wirelessly to the Yogasleep Duet, illustrating its Bluetooth speaker capability.

# **Sleep Timer**

The Duet features a convenient sleep timer.

• Set the sleep timer to your preferred duration: 45 minutes, 90 minutes, or 8 hours.

# **Product Feature Overview Video**

Video: A detailed review showcasing the features and functionality of the Yogasleep Duet White Noise Sound Machine.

## MAINTENANCE

To ensure the longevity and optimal performance of your Yogasleep Duet, follow these simple maintenance guidelines:

- Wipe the exterior of the device with a soft, dry cloth.
- Avoid using abrasive cleaners, solvents, or harsh chemicals.
- Do not immerse the device in water or expose it to excessive moisture.

• Keep the air vents clear of dust and debris to prevent overheating.

# **T**ROUBLESHOOTING

If you encounter any issues with your Yogasleep Duet, please refer to the following common troubleshooting steps:

- **No Power:** Ensure the USB cord is securely connected to the device and a working power source. Remember, a USB power adapter wall plug is not included and must be provided separately.
- **No Sound:** Check that the device is powered on and the volume is turned up. Cycle through the sound options to ensure a sound is selected.
- **Bluetooth Connectivity Issues:** Ensure Bluetooth is enabled on your smartphone and the Duet is within range. Try restarting both the Duet and your smartphone.
- **Night Light Not Working:** Verify the device is powered on. If the night light is unresponsive, try adjusting the brightness by holding down the night light button.
- **Unusual Noises:** Ensure the device is placed on a flat, stable surface. Check for any obstructions in the air vents.
- If problems persist, please contact Yogasleep customer support for further assistance.

## **S**PECIFICATIONS

Feature	Detail
Model Number	4001230
Dimensions	3.4 x 3.4 x 4.4 inches
Item Weight	1.09 ounces
Power Source	Corded Electric (USB cable included, adapter not)
Connector Type	Wireless (Bluetooth)
Material	Plastic
Color	White

# WARRANTY AND SUPPORT

The Yogasleep Duet White Noise Sound Machine & Night Light is backed by a one-year limited warranty. Yogasleep is committed to exceptional customer experience and offers a 30-day return policy. For warranty claims, technical support, or any product-related inquiries, please visit the official Yogasleep website or contact their customer service department directly. Please have your model number (4001230) and proof of purchase available when contacting support.

#### Related Documents - Duet 4001230



#### Yogasleep DUET Sound Machine User Guide and Features

Comprehensive guide to using the Yogasleep DUET sound machine, including setup, sound options, placement, warranty, and safety instructions. Learn how to connect via Bluetooth and optimize your sleep environment.



#### Yogasleep Duet+: Multi-Sound Machine, Night Light & Bluetooth Speaker User Manual

Explore the Yogasleep Duet+, a versatile device combining a multi-sound machine, customizable night light, and Bluetooth speaker to enhance your sleep and relaxation. This manual provides setup, usage, and warranty information.



#### Yogasleep Hushh Portable Sound Machine User Guide

Comprehensive guide for the Yogasleep Hushh portable sound machine, covering usage, placement, safety instructions, warranty information, and FCC compliance. Learn how to operate the device for optimal sound masking and a peaceful environment.



#### Yogasleep Pocket Baby Soother: User Guide and Safety Information

A comprehensive guide for the Yogasleep Pocket Baby Soother, detailing its functions, optimal placement for sound masking, cleaning instructions, warranty information, safety precautions, and disposal guidelines.



#### Yogasleep ROHM/HUSHH User Guide

Comprehensive user guide for the Yogasleep ROHM and HUSHH portable white noise machines, detailing setup, usage, safety, and warranty information in multiple languages.



#### Yogasleep Dohm Classic FAQ - Product Information

Find answers to frequently asked questions about the Yogasleep Dohm Classic white noise machine, including tone adjustment, international compatibility, and decibel levels.