CanMixs P22 smart watch

CanMixs Smart Watch User Manual

Model: P22 Smart Watch | Brand: CanMixs

Your comprehensive guide to setting up, operating, and maintaining your CanMixs Smart Watch.

1. GETTING STARTED

Package Contents

- 1 x CanMixs Smart Watch (P22 Smart Watch)
- 1 x USB Magnetic Charging Cable
- 1 x User Manual
- 1 x Extra Silicone Pink Strap

Charging Your Smart Watch

Before first use, fully charge your smart watch. Connect the USB magnetic charging cable to the charging points on the back of the watch and to a standard USB power source. A full charge typically provides 7-10 days of continuous use, depending on individual usage patterns.

Image: The CanMixs Smart Watch, showcasing its pink silicone strap and gold-colored case, with the digital display showing time and activity metrics.

App Installation and Pairing

To unlock the full functionality of your smart watch, install the "Heroband III" application on your smartphone. The app is compatible with iOS 9.0 and later, and Android 5.0 and above.

1. Download and install the "Heroband III" app from your phone's app store.
2. Ensure Bluetooth is enabled on your smartphone.

3. Open the "Heroband III" app, navigate to the "Settings" or "My device" interface.
4. Search for available Bluetooth devices and select your CanMixs Smart Watch to pair.

Once paired, your watch will synchronize data and notifications with your phone.

2. OPERATING YOUR SMART WATCH

Display and Customization

The smart watch features a 1.4-inch full touch colorful HD glass screen with a resolution of 240x240 pixels, providing clear and bright visuals. The display automatically lights up when you lift your wrist.

- **Watch Faces:** Choose from a variety of pre-installed watch faces. You can also personalize the watch face by setting your own photo through the "Heroband III" app.
- **Brightness Adjustment:** Adjust the screen brightness directly from the watch settings to suit your environment.

Image: The smart watch display showing different data screens for steps, heart rate, and blood pressure, highlighting its full touch screen

capabilities.

Activity Tracking

The watch accurately tracks various daily activities and supports 8 different sports modes:

- Walking
- Running
- Bicycle
- Swimming
- Badminton
- Basketball
- Football
- Rope Skipping

It tracks steps, calories burned, and can connect to your smartphone's GPS for more precise real-time pace and distance tracking during outdoor activities like running.

Image: Visual representation of the smart watch's multi-sport modes, showing individuals cycling, running, and playing tennis.

Health Monitoring

The CanMixs Smart Watch is equipped with sensors to monitor key health indicators:

- **Heart Rate:** Monitors your heart rate automatically throughout the day.
- **Blood Pressure:** Measures your blood pressure.
- **Blood Oxygen:** Tracks your blood oxygen levels.
- **Sleep Monitoring:** Provides comprehensive analysis of your sleep patterns, including deep sleep, light sleep, and awake time.
- **Breathing Training:** Offers guided breathing exercises for wellness management.
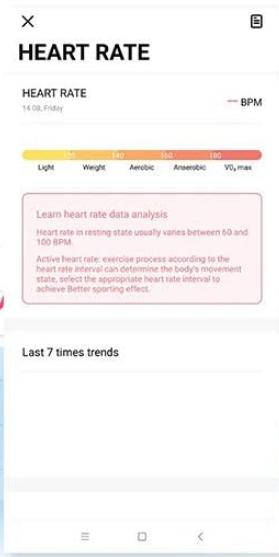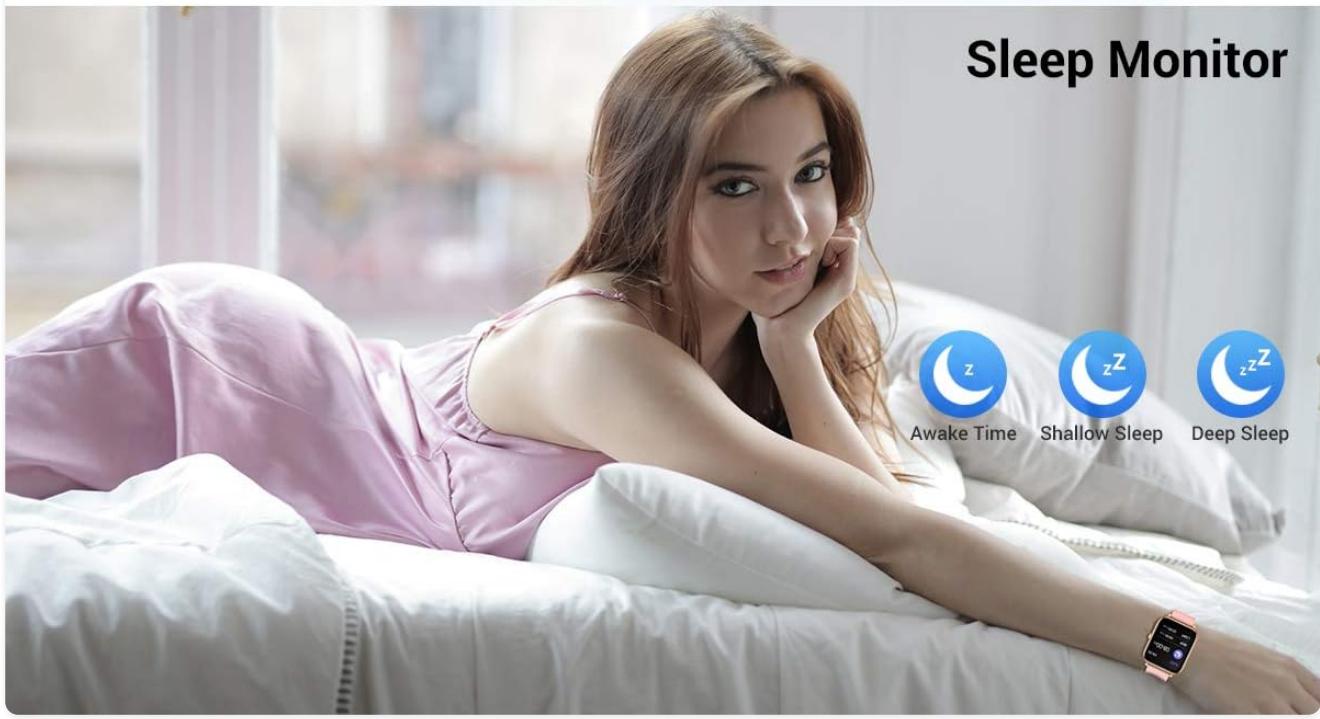
Image: The smart watch displaying heart rate data and a woman sleeping, illustrating the heart rate and sleep monitoring features.

Phone Features and Notifications

Stay connected by receiving notifications directly on your wrist:

- **Call Notifications:** Receive alerts for incoming calls.
- **Message Alerts:** Get SMS notifications.
- **Social Media Notifications:** Synchronizes alerts from apps like Facebook, WhatsApp, Twitter, LinkedIn,

Instagram, Line, Skype, and Gmail.

- **Remote Camera Control:** Use your watch to remotely control your smartphone's camera.
- **Music Controller:** Manage music playback on your phone directly from your watch.
- **Weather Check:** View current weather conditions and forecasts.
- **Find Smart Watch:** Utilize a feature to locate your watch if misplaced.
- **Vibration Alarm Clock:** Set silent alarms that vibrate on your wrist.

Image: The smart watch showing incoming call and message notifications, with icons for various social media and communication apps.

Image: The smart watch displaying music control options and a screen for adjusting brightness levels.

Official Product Video

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Video: An official product video from CanMixs demonstrating the features and functionality of the Smart Watch for iOS and Android devices.

3. MAINTENANCE

Water Resistance

The CanMixs Smart Watch is IP67 waterproof, meaning it is protected from dust and can withstand immersion in water up to 1 meter for up to 30 minutes. You can wear it during activities like handwashing and swimming. Avoid prolonged submersion or exposure to hot water/steam.
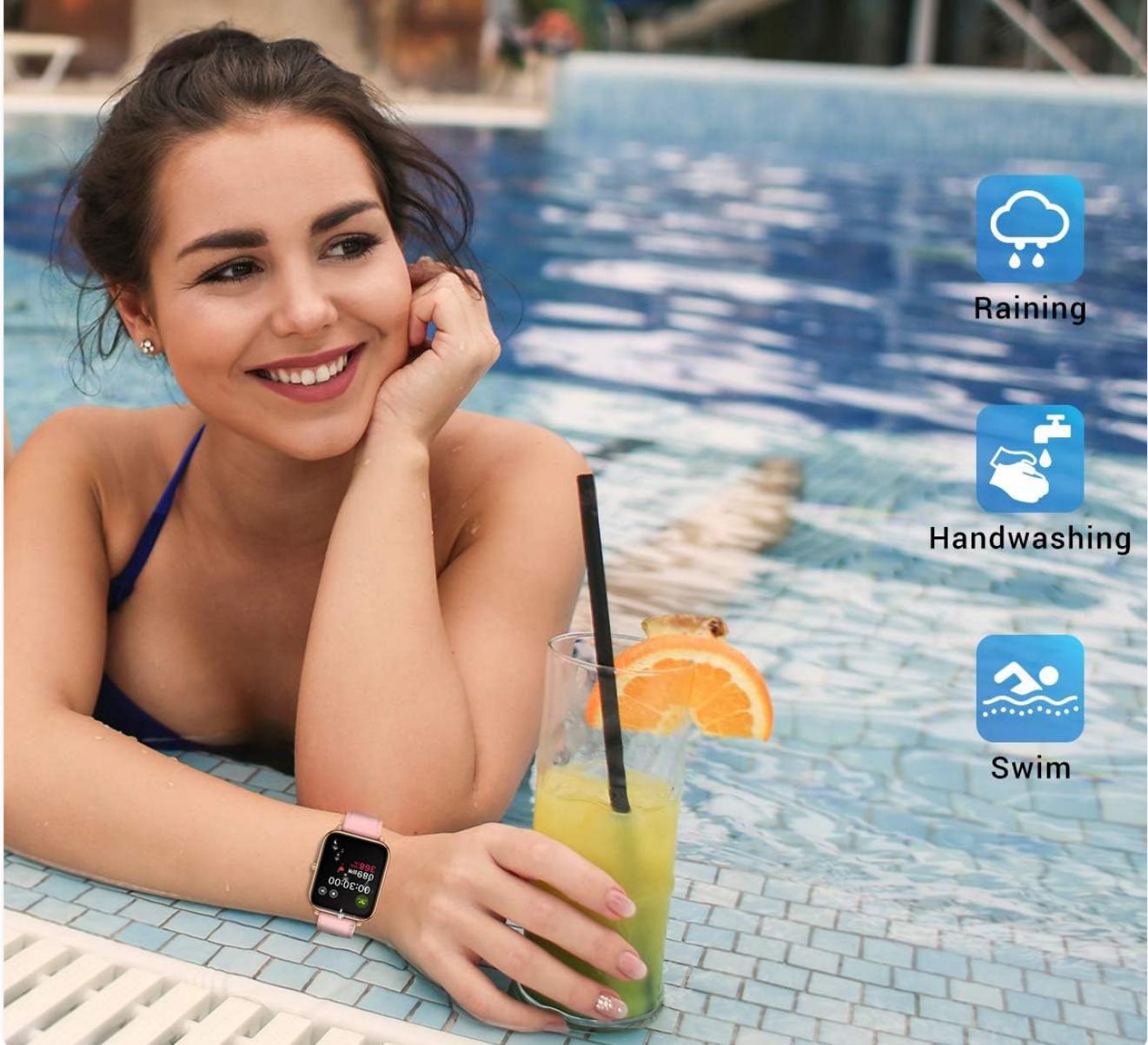
Image: A woman in a pool wearing the smart watch, illustrating its IP67 waterproof rating for activities like swimming and handwashing.

Cleaning and Care

To maintain your watch's appearance and functionality:

- Wipe the screen and strap regularly with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

4. TROUBLESHOOTING

If you encounter issues with your CanMixs Smart Watch, try the following solutions:

- **Watch Not Pairing:**

- Ensure Bluetooth is on and the watch is within range of your phone.
- Restart both your phone and the smart watch.
- "Forget" the device in your phone's Bluetooth settings and attempt to re-pair through the "Heroband III" app.
- Check if the "Heroband III" app is updated to the latest version.

- **Notifications Not Appearing:**

  - Verify that app notifications are enabled in both your phone's settings and within the "Heroband III" app.
  - Ensure the watch is properly connected via Bluetooth.

- **Inaccurate Health Readings:**

  - Ensure the watch is worn snugly on your wrist, but not too tight.
  - Keep the sensor on the back of the watch clean.
  - Note that smart watch readings are for reference and not intended for medical diagnosis.

- **Weather Not Updating:**

  - Confirm that location services are enabled for the "Heroband III" app on your phone.
  - Check your phone's internet connection.
  - Sometimes, re-pairing the device can resolve this issue.

- **Short Battery Life:**

  - Reduce screen brightness.
  - Limit the number of apps sending notifications to the watch.
  - Disable continuous heart rate monitoring if not needed constantly.

5. SPECIFICATIONS

Feature	Detail
Model Name	P22 Smart Watch
CPU	Nordic 52832
Display	1.4-inch HD Colorful Full Touchscreen LCD
Resolution	240 x 240 pixels
Bluetooth Version	4.0
Battery Capacity	180mAh Polymer Battery
Battery Life	7-10 days (typical usage)
Water Resistance	IP67 Waterproof
Compatibility	iOS 9.0 and later, Android 5.0 and above

Dimensions (Dial)	Length: 42mm (1.65in); Width: 35mm (1.37in); Thickness: 10mm (0.39in)
Item Weight	43.9g (1.54oz)
Strap Material	Silicone
Case Material	Metal

6. WARRANTY AND SUPPORT

For specific warranty details and customer support, please refer to the documentation included with your purchase or contact CanMixs customer service directly. Information regarding product registration, warranty claims, and technical assistance can typically be found on the manufacturer's official website or through the retailer where the product was purchased.
Always ensure you have your purchase receipt and product model number (P22 Smart Watch) ready when contacting support.