

Ohm 42 Count (Pack of 1)

Ohm Omeprazole 20mg Delayed-Release Tablets

User Manual

PRODUCT OVERVIEW

Ohm Omeprazole 20mg Delayed-Release Tablets are an acid reducer designed for the treatment of frequent heartburn. This medication provides 24-hour relief from heartburn symptoms that occur two or more days a week. The delayed-release formula ensures the active ingredient is released gradually for sustained comfort.



Image: Front view of the Ohm Omeprazole 20mg Delayed-Release Tablets product box, highlighting the 20mg dosage and 42 tablets count.

Key Features:

- **Active Ingredient:** Omeprazole 20mg, an acid reducer.
- **Purpose:** Treats frequent heartburn (occurs 2 or more days a week).
- **Duration of Relief:** Provides 24-hour relief with one tablet.

- **Formulation:** Delayed-release tablets for sustained effect.
- **Supply:** Each pack contains three 14-day treatment courses, totaling 42 tablets.



Image: A hand holding a small bottle of Ohm Omeprazole 20mg tablets, emphasizing the 24-hour relief.



Image: An illustrative diagram depicting the human digestive system and how Omeprazole helps reduce stomach acid, alleviating symptoms like chest discomfort, difficulty swallowing, and burning sensation.

IMPORTANT INFORMATION & WARNINGS

Read all warnings and directions before use. Keep out of reach of children.

Drug Facts	Drug Facts (continued)	Drug Facts (continued)
<p>Active ingredient (in each tablet)</p> <p>Omeprazole USP 20 mg Acid reducer</p> <p>Purpose</p>	<p>These may be signs of a serious condition. See your doctor.</p> <p>Ask a doctor before use if you have:</p> <ul style="list-style-type: none"> ■ had heartburn over 3 months. This may be a sign of a more serious condition. ■ frequent wheezing, particularly with heartburn ■ unexplained weight loss ■ nausea or vomiting ■ stomach pain 	<p>Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).</p>
<p>Use</p> <ul style="list-style-type: none"> ■ treats frequent heartburn (occurs 2 or more days a week) ■ not intended for immediate relief of heartburn; this drug may take 1 to 4 days for full effect 	<p>Ask a doctor or pharmacist before use if you are taking a prescription drug. Acid reducers may interact with certain prescription drugs.</p> <p>Stop use and ask a doctor if:</p> <ul style="list-style-type: none"> ■ your heartburn continues or worsens ■ you need to take this product for more than 14 days ■ you need to take more than 1 course of treatment every 4 months ■ you get diarrhea ■ you develop a rash or joint pain 	<p>Directions</p> <ul style="list-style-type: none"> ■ for adults 18 years of age and older ■ this product is to be used once a day (every 24 hours), every day for 14 days ■ it may take 1 to 4 days for full effect; some people get complete relief of symptoms within 24 hours <p>14-Day Course of Treatment</p> <ul style="list-style-type: none"> ■ swallow 1 tablet with a glass of water before eating in the morning ■ take every day for 14 days ■ do not take more than 1 tablet a day ■ do not use for more than 14 days unless directed by your doctor ■ swallow whole. Do not chew or crush tablets. <p>Repeated 14-Day Courses (if needed)</p> <ul style="list-style-type: none"> ■ you may repeat a 14-day course every 4 months
<p>Warnings</p> <p>Allergy alert: Do not use if you are allergic to omeprazole.</p> <p>Do not use if you have:</p> <ul style="list-style-type: none"> ■ trouble or pain swallowing food, vomiting with blood, or bloody or black stools ■ heartburn with lightheadedness, sweating or dizziness ■ chest pain or shoulder pain with shortness of breath; sweating; pain spreading to arms, neck or shoulders; or lightheadedness ■ frequent chest pain 	<p>If pregnant or breast-feeding, ask a health professional before use.</p>	

Image: The "Drug Facts" panel from the product packaging, detailing active ingredients, purpose, and usage information.

Do Not Use If:

- You are allergic to omeprazole.
- You have trouble or pain swallowing food, vomiting with blood, or bloody or black stools.
- You have heartburn with lightheadedness, sweating, or dizziness.
- You have chest pain or shoulder pain with shortness of breath; sweating; pain spreading to arms, neck or shoulders; or lightheadedness.
- You have frequent chest pain.

Ask a Doctor Before Use If You Have:

- Had heartburn over 3 months. This may be a sign of a more serious condition.
- Frequent wheezing, particularly with heartburn.
- Unexplained weight loss.
- Nausea or vomiting.
- Stomach pain.

Ask a Doctor or Pharmacist Before Use If You Are Taking:

- Prescription drugs. Acid reducers may interact with certain prescription drugs.

If pregnant or breast-feeding, ask a health professional before use.

Safety Feature: Do not use if printed seal under cap is broken or missing.

Drug Facts (continued)

The imprinting ink contains ammonium hydroxide, black iron oxide, n-butyl alcohol, propylene glycol and shellac.

Questions or Comments?

Call toll free 1-800-818-4555 weekdays.

Tips for Managing Heartburn

■ Do not lie flat or bend over after eating ■ Do not wear tight-fitting clothing around the stomach ■ Do not eat before bedtime ■ Raise the head of your bed ■ Avoid heartburn-causing foods such as rich, spicy, fatty or fried foods, chocolate, caffeine, alcohol and certain fruits and vegetables ■ Eat slowly and avoid big meals ■ If overweight, lose weight ■ Quit smoking

Safety Feature - Do not use if printed seal under cap is broken or missing.

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3 BOTTLES INSIDE

Distributed by:
Ohm Laboratories Inc.
New Brunswick, NJ 08901

Manufactured by:
Sun Pharmaceutical Industries Limited
Survey No. 259/15, Dadra-396 191,
(U.T. of D & NH), India.

Image: The continuation of the "Drug Facts" panel, including information on inactive ingredients, safety features, and manufacturer contact details.

DIRECTIONS FOR USE (OPERATING INSTRUCTIONS)

For Adults 18 Years of Age and Older:

- This product is to be used once a day (every 24 hours), every day for 14 days.
- It may take 1 to 4 days for full effect; some people get complete relief of symptoms within 24 hours.

14-Day Course of Treatment:

- Swallow 1 tablet with a glass of water before eating in the morning.
- Take every day for 14 days.
- Do not take more than 1 tablet a day.
- Do not use for more than 14 days unless directed by your doctor.
- Swallow whole. Do not chew or crush tablets.

Repeated 14-Day Courses (if needed):

- You may repeat a 14-day course every 4 months.



Image: Three individual bottles of Ohm Omeprazole 20mg tablets, each containing a 14-day supply.

TROUBLESHOOTING

If you experience any of the following, stop using the product and consult a doctor:

- Your heartburn continues or worsens.
- You need to take this product for more than 14 days.
- You need to take more than 1 course of treatment every 4 months.
- You experience diarrhea.
- You develop a rash or joint pain.

TIPS FOR MANAGING HEARTBURN

In addition to taking Ohm Omeprazole, consider these lifestyle adjustments to help manage your heartburn:

- Do not lie flat or bend over after eating.
- Do not wear tight-fitting clothing around the stomach.
- Do not eat before bedtime.
- Raise the head of your bed.
- Avoid heartburn-causing foods such as rich, spicy, fatty or fried foods, chocolate, caffeine, alcohol, and certain fruits and vegetables.
- Eat slowly and avoid big meals.
- If overweight, lose weight.
- Quit smoking.



Image: A graphic representation of heartburn, symbolized by a chili pepper, with text indicating that one pill in the morning provides all-day and all-night relief.

SPECIFICATIONS

Brand:	Ohm
Model:	42 Count (Pack of 1)
Active Ingredient:	Omeprazole 20mg
Product Benefits:	Acidity Relief
Specific Uses:	Heartburn

Item Dimensions (L x W x H):	4.57 x 2.36 x 1.57 inches
First Available Date:	August 3, 2020

MANUFACTURER INFORMATION & SUPPORT

Distributed by: Ohm Laboratories Inc., New Brunswick, NJ 08901

Manufactured by: Sun Pharmaceutical Industries Limited, Survey No. 259/15, Dadra-396 191, (U.T. of D & NH), India.

For questions or comments, please contact customer support toll-free at 1-800-818-4555 weekdays.

LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

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