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> Decathlon Kalenji W200 S Running Watch (Model 8544489) User Manual

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Decathlon Kalenji W200 S Running Watch (Model 8544489) User Manual

Your guide to setting up, operating, and maintaining your Kalenji W200 S Running Watch.

1. INTRODUCTION

The Kalenji W200 S Running Watch is designed for runners to accurately time their performances and manage interval training sessions. This digital watch features a 1/100 second stopwatch, back-lighting, an alarm, and date display. It is also waterproof, making it suitable for various training conditions.

2. SETUP

2.1 Initial Power-On and Time Setting

Upon first use or after a battery change, the watch may require time and date setting. Refer to the buttons on the watch face for navigation and setting.

- **MODE Button:** Press to cycle through different modes (Time, Stopwatch, Alarm).
- **SET/ADJUST Button:** Typically used to enter setting mode or confirm selections.
- **+/- Buttons:** Used to increase or decrease values during setting.

To set the time:

1. Press the **MODE** button until the time display flashes or you enter a time setting mode.
2. Use the **SET/ADJUST** button to select the hour, minute, or second digits.
3. Use the **+/-** buttons to adjust the selected value.
4. Press **SET/ADJUST** again to confirm and exit setting mode.



Figure 1: Front view of the Kalenji W200 S Running Watch, showing the digital display and control buttons.

3. OPERATING INSTRUCTIONS

3.1 Stopwatch Function

The watch features a precise 1/100 second stopwatch for timing your runs and workouts.

1. Press the **MODE** button until the stopwatch display appears (usually showing 00:00:00).
2. Press the **START/STOP** button (often marked with a play/pause icon or '+') to begin timing.
3. Press **START/STOP** again to pause the stopwatch.
4. Press the **RESET** button (often marked with a 'RESET' or '-' icon) to clear the stopwatch to zero.

3.2 Alarm Function

Set an alarm to remind you of training sessions or other events.

1. Press the **MODE** button until the alarm setting display appears.
2. Use the **SET/ADJUST** button to select the hour or minute digits.
3. Use the **+/-** buttons to adjust the selected value.
4. Press **SET/ADJUST** to confirm and activate the alarm. An alarm icon will typically appear on the display.

3.3 Back-lighting

To illuminate the display in low-light conditions, press the dedicated **LIGHT** button (often marked with a sun or lightbulb icon). The back-light will typically stay on for a few seconds.



Figure 2: Angled view of the watch, highlighting the digital display and the accessible side buttons for mode selection and adjustments.

4. MAINTENANCE

4.1 Cleaning

Clean your watch regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these can damage the watch case or strap.

4.2 Water Resistance

The Kalenji W200 S Running Watch is waterproof up to 5 ATM (50 meters). This means it is suitable for showering, swimming, and surface water sports. Do not press any buttons while the watch is submerged in water, as this can compromise the water resistance seal.

4.3 Battery Replacement

The watch is powered by a battery. When the display becomes dim or the watch stops functioning, the battery may need replacement. It is recommended to have the battery replaced by a qualified technician to ensure the water resistance seal is properly maintained.



Figure 3: Close-up of the watch's back, indicating its 5 ATM water resistance and other regulatory markings.

5. TROUBLESHOOTING

5.1 Display Not Working

- Check if the battery needs replacement.
- Ensure the watch has not been exposed to extreme temperatures.

5.2 Buttons Unresponsive

- Ensure the watch is not in a locked mode (if applicable).
- If submerged, ensure no buttons were pressed underwater. Allow the watch to dry completely.

5.3 Incorrect Time/Date

- Re-enter the time and date settings as described in Section 2.1.
- A low battery can sometimes affect timekeeping accuracy.

6. SPECIFICATIONS

Feature	Detail
Model Name	W200 S Running Watch
Model Number	8544489
Brand	Decathlon (Kalenji)
Display Type	Digital
Movement Type	Quartz
Special Features	Alarm, Stopwatch (1/100s), Back-lighting, Date
Power Source	Battery Powered
Water Resistance Level	Waterproof (5 ATM / 50 meters)
Band Material	Silicone
Case Material	Polymer
Case Diameter	44 mm
Band Colour	Pastel Green

7. WARRANTY INFORMATION

This product is covered by Decathlon's standard warranty. Please refer to your purchase receipt or Decathlon's official website for specific warranty terms and conditions applicable to your region. The warranty typically covers manufacturing defects but does not cover damage caused by misuse, accidents, or unauthorized repairs.

8. SUPPORT

For further assistance, technical support, or service inquiries, please contact Decathlon customer service. You can find contact details on the official Decathlon website or at your nearest Decathlon store.

Decathlon Official Website: www.decathlon.in

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Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question