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## Ticwatch GTX

# TicWatch GTX Fitness Smartwatch User Manual

Model: GTX

## INTRODUCTION

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This manual provides detailed instructions for setting up, operating, and maintaining your TicWatch GTX Fitness Smartwatch. Please read this guide thoroughly to ensure proper use and to maximize the benefits of your device.

## WHAT'S IN THE BOX

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Upon unboxing your TicWatch GTX, verify that all components are present:

- 1 x TicWatch GTX Smartwatch
- 1 x USB Charging Dock
- 1 x User Manual (this document)



**1\*TicWatch GTX**



**1\*USB charging dock**



**1\*User manual**

Image: Contents of the TicWatch GTX package, including the smartwatch, USB charging dock, and user manual.

## SETUP

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### 1. Charging the Device

Before initial use, fully charge your TicWatch GTX. Connect the USB charging dock to a power source and place the smartwatch onto the dock, ensuring the charging pins align. The watch display will indicate charging status. A full charge provides up to 7 days of battery life with regular use, or up to 10 days in Power Saving mode.

### 2. Initial Power On and Pairing

Press and hold the side button to power on the smartwatch. Follow the on-screen instructions to select your language. Download the companion app (e.g., Mobvoi App) on your Android or iOS smartphone. Open the app, create an account, and follow the in-app instructions to pair your TicWatch GTX via Bluetooth.

## OPERATING INSTRUCTIONS

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The TicWatch GTX operates on a Realtime OS system and features a responsive touchscreen interface. Navigate through menus by swiping left, right, up, or down, and select options by tapping.

### Customizable Watch Faces

Personalize your smartwatch by choosing from various pre-loaded watch faces or create a custom one using your own photos through the companion app.

Video: Demonstrates the TicWatch GTX's features, including personalized watch faces, IP68 water resistance, workout modes, heart rate tracking, and sleep tracking.

### Activity Tracking (14 Workout Modes)

The TicWatch GTX supports 14 workout modes, including Outdoor Run, Cycling, and Yoga. Access these modes via the TicExercise App on your watch. The TicHealth App provides exercise advice and tracks active hours.



Image: The TicWatch GTX screen showing fitness tracking data (calories, steps, distance) and icons representing 14 different sport modes.

### Heart Rate Monitoring

Utilize the TicPulse 24HR Heart Rate Monitoring feature to track your heart rate continuously. View real-time data, line charts, and 7-day resting heart rate history directly on your watch or in the companion app.

### Sleep Tracking

The TicSleep tracking feature automatically measures your sleep quality, providing insights into light and deep sleep durations.

- **Heart Rate Monitor**
- **Sleep Monitor**



Image: Two TicWatch GTX devices illustrating the sleep tracking interface with sleep duration and light/deep sleep, and the heart rate monitoring interface with a graph and BPM readings.

## Notifications

Receive notifications for incoming calls, messages from SMS, email, calendar events, and social media applications directly on your watch. Manage notification settings through the companion app.

## Additional Functions

The TicWatch GTX includes several useful functions:

- **Music Control:** Control music playback on your paired smartphone.
- **Alarm:** Set alarms directly from your watch.
- **Stopwatch & Timer:** Utilize built-in stopwatch and timer functions for various activities.
- **Weather:** View current weather conditions and forecasts.

- **Torchlight:** Use the watch screen as a temporary light source.
- **Find My Phone:** Locate your paired smartphone by triggering an alert from your watch.

## MAINTENANCE

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### Water Resistance (IP68)

The TicWatch GTX is IP68 rated, making it swimming waterproof. It is suitable for pool swimming and can withstand dust, sweat, and splashes. Avoid prolonged submersion in hot water or exposure to high-pressure water jets.



Image: The TicWatch GTX smartwatch partially submerged in water, highlighting its IP68 water resistance feature.

### Cleaning

Regularly clean your watch and watch bands with a soft, damp cloth. Ensure the charging contacts on the back of the watch are clean and dry before charging to prevent corrosion.

## TROUBLESHOOTING

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### Watch Not Powering On

- Ensure the watch is fully charged. Connect it to the charging dock and a power source for at least 30 minutes.
- Press and hold the side button for 10-15 seconds to attempt a forced restart.

### Pairing Issues

- Ensure Bluetooth is enabled on your smartphone and the watch is in pairing mode.
- Restart both your smartphone and the TicWatch GTX.
- Clear the Bluetooth cache on your smartphone (if applicable) and try pairing again.

### Inaccurate Heart Rate/Sleep Data

- Ensure the watch is worn snugly on your wrist, but not too tight.
- Clean the heart rate sensor on the back of the watch.
- Avoid excessive movement during heart rate measurements.

### Short Battery Life

- Reduce screen brightness and screen-on time.
- Limit the number of active notifications.
- Disable continuous heart rate monitoring if not needed 24/7.
- Activate Power Saving mode for extended battery duration.

## SPECIFICATIONS

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Feature	Detail
Model Name	TicWatch GTX
Display Size	1.28 Inches
Operating System	Realtime OS (Android and iOS compatible)
Connectivity	Bluetooth
Water Resistance	IP68 (Swimming Waterproof)
Workout Modes	14
Battery Life	Up to 10 days (Power Saving Mode)
Heart Rate Monitoring	24/7 TicPulse
Sleep Tracking	Yes
Weight	6.3 ounces
Manufacturer	Mobvoi

## WARRANTY AND SUPPORT

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For warranty information, please refer to the warranty card included with your product or visit the official Ticwatch website. For technical support, product registration, or further assistance, please contact Mobvoi customer service through their official

channels.

