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> GOKOO Smartwatch User Manual - Model B08DKTHJ35

## GOKOO B08DKTHJ35

# GOKOO Smartwatch User Manual

Model: B08DKTHJ35

## 1. PRODUCT OVERVIEW

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The GOKOO Smartwatch is a versatile activity tracker designed for daily use, offering a range of features to monitor your health and fitness. This manual provides instructions for setting up, operating, and maintaining your device.

# 01 FUNCTION



## MUTI-FUNCTIONS WATCH MUTI-FUNCTIONS WATCH



Image: The GOKOO Smartwatch in gold, showcasing its multi-functional capabilities including stopwatch, pedometer, heart rate, alarm, music control, camera control, sleep monitor, blood pressure, blood oxygen, sedentary reminder, IP67 waterproof rating, message push, and exercise tracking.

## 2. PACKAGE CONTENTS

Upon opening the package, ensure all the following items are present:

- GOKOO Smartwatch (with one strap attached)
- Additional interchangeable strap (e.g., silicone/rubber or metallic, depending on model variant)
- USB Charging Cable (magnetic)
- User Manual
- Small screwdriver (for strap adjustment, if applicable)

## 3. SETUP GUIDE

### 3.1 Charging the Device

Before initial use, fully charge your smartwatch. Connect the magnetic USB charging cable to the charging points on the back of the watch. Connect the other end of the USB cable to a standard USB power adapter (not included) or a computer's USB port. The watch display will indicate charging status.

**Note:** Ensure the charging pins are clean and dry before charging to prevent corrosion.

## 3.2 App Installation and Pairing

To unlock the full functionality of your GOKOO Smartwatch, you need to install the companion application on your smartphone.

1. **Download the App:** Search for "Da Fit" in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS) or scan the QR code provided in the physical manual.
2. **Install and Open:** Install the "Da Fit" app and open it.
3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
4. **Pair Device:** In the "Da Fit" app, navigate to the device section and select "Add Device." The app will search for available devices. Select your GOKOO Smartwatch from the list to pair.
5. **Grant Permissions:** Follow the on-screen prompts to grant necessary permissions for notifications, location, etc., to ensure all features function correctly.

**Compatibility:** The app is compatible with iOS 9.0 or higher, Android 4.4 or higher, and Bluetooth 4.0 or higher.

## 4. OPERATING INSTRUCTIONS

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### 4.1 Basic Navigation

The smartwatch features a 1.3-inch round touch screen. Interaction is primarily through a sensitive touch area at the bottom of the screen and swiping gestures.

- **Wake Screen:** Raise your wrist or press the side button to wake the screen.
- **Navigate Menus:** Swipe left/right or up/down on the screen to browse through different functions and menus.
- **Select/Confirm:** Tap the touch area at the bottom of the screen to select an option or confirm an action.
- **Return:** Swipe right or press the side button to go back to the previous screen or watch face.

### 4.2 Key Features and Functions

#### Activity Tracking

The smartwatch tracks your daily activities including steps taken (pedometer), distance covered, and calories burned. Set daily goals within the "Da Fit" app.

# SPORTS MODES

# SPORTS MODES

# 08



## real-time

Variety of commonly used sports modes, intelligent sports algorithms, real-time monitoring of training status, professional sports data analysis.



Image: A woman running outdoors, wearing the GOKOO Smartwatch which shows real-time sports data like speed, time, heart rate, and distance (5.12km).

### Heart Rate and Blood Pressure Monitoring

The optical sensor monitors your heart rate and blood pressure. Access these functions from the watch menu. For accurate readings, ensure the watch is snug on your wrist.

real-time

24HOURS



## 24-HOUR REAL-TIME MONITORING 24-HOUR REAL-TIME MONITORING

The dynamic heart rate monitor allows you to reach your full potential and stay within your limits, and provide you the precisely blood pressure data.

Image: Two GOKOO Smartwatches side-by-side, one displaying a heart rate of 208 bpm and the other showing blood pressure readings of 123/106 mmHg, with a graph indicating 24-hour real-time monitoring.

### Sleep Monitoring

The watch automatically detects and analyzes your sleep patterns between 10 PM and 8 AM, providing data on sleep quality, including deep and light sleep. View detailed reports in the "Da Fit" app.

# SLEEP TIME

DEEP SLEEP



sleep time



deep sleep



light sleep

## SLEEP MONITORING SLEEP MONITORING

This watch can automatically monitor and analyze your sleep at night, including sleep time, deep sleep and light sleep.

Image: A woman sleeping, with the GOKOO Smartwatch on her wrist. Icons illustrate sleep time, deep sleep, and light sleep monitoring features.

### Notifications

Receive call, SMS, and app notifications (Skype, Facebook, Twitter, Line, WhatsApp, etc.) directly on your smartwatch. Configure which app notifications you wish to receive through the "Da Fit" app settings.

# REAL-TIME INFORMATION/ CALL REMINDER

# REAL-TIME INFORMATION/ CALL REMINDER



**SMS**

**SNS**

**Call**

**Notifications**

Smartwatch delivers SMS, SNS, Notifications, Call, and more to your wrist.

Image: The GOKOO Smartwatch showing a message icon, alongside various social media app logos (Facebook, Instagram, Twitter, Line, WhatsApp, Skype, etc.) and a smartphone displaying a message conversation, illustrating real-time information and call reminders.

## Sport Modes

The smartwatch supports 8 sport modes: walking, running, riding, skipping rope, basketball, badminton, football, etc. Select your desired mode before starting an activity to track specific data. Post-workout data can be viewed in the "Da Fit" app.

## Additional Functions

- **Remote Camera Control:** Use your watch as a remote shutter for your smartphone camera.
- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks).
- **Alarm Clock:** Set alarms directly from the watch or through the app.
- **Stopwatch:** A built-in stopwatch for timing activities.
- **Sedentary Reminder:** Get alerts to move if you've been inactive for too long.
- **Women's Health Tracking:** For female users, the watch can record data related to menstruation, pregnancy, and pre-pregnancy.

# FUNCTION



REMOTE PHOTOGRAPHY | SEDENTARY REMINDER | MUSIC CONTROL | ALARM CLOCK

Image: A collage demonstrating various smartwatch functions: remote photography (taking a picture with a smartphone via the watch), music control (playing music), alarm clock (displaying an alarm), and sedentary reminder (prompting the user to walk around).

## Customization

The watch offers multiple customizable watch faces (dials). Change them directly on the watch or through the "Da Fit" app to personalize your device.

## 5. MAINTENANCE AND CARE

### 5.1 Water Resistance

The GOKOO Smartwatch has an IP67 waterproof rating. This means it is resistant to splashes and brief immersion in water. However, it is **not suitable for swimming, showering, or use in hot water, warm water, or saunas**. Exposure to hot water or steam can damage the device.

### 5.2 Cleaning

Regularly clean your smartwatch and strap to ensure proper hygiene and functionality.

- Wipe the screen and watch body with a soft, damp, lint-free cloth.

- For the strap, use a mild soap solution and rinse thoroughly. Ensure the strap is completely dry before reattaching it to the watch.
- Avoid using harsh chemicals, abrasive cleaners, or solvents, as these can damage the watch's finish.

### 5.3 Strap Replacement

The smartwatch comes with interchangeable straps. To replace a strap, locate the quick-release pins on the underside of the strap where it connects to the watch body. Slide the pin to detach the strap. Align the new strap with the watch body and slide the pin back into place to secure it.

## 6. TROUBLESHOOTING

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### 6.1 Device Not Turning On

- Ensure the device is fully charged. Connect it to the charger for at least 30 minutes.
- Press and hold the side button for several seconds to power on.

### 6.2 Connectivity Issues (Bluetooth)

- Ensure Bluetooth is enabled on your smartphone and the watch is within range.
- Restart both your smartphone and the smartwatch.
- Unpair the device from the "Da Fit" app and your phone's Bluetooth settings, then attempt to pair again.
- Ensure the "Da Fit" app is running in the background and has all necessary permissions.

### 6.3 Notifications Not Appearing

- Verify that notifications are enabled in the "Da Fit" app for the specific applications.
- Check your smartphone's notification settings to ensure the "Da Fit" app has permission to send notifications.
- Ensure the watch is connected via Bluetooth.

### 6.4 Inaccurate Readings (Heart Rate, Steps, Sleep)

- Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.
- Keep the sensor clean and free from debris.
- Note that these devices are not medical instruments and readings are for reference only.

### 6.5 Screen Unresponsive or Frozen

- Attempt a soft reset by pressing and holding the side button for approximately 10-15 seconds until the device restarts.
- If the issue persists, ensure the device is charged.

## 7. SPECIFICATIONS

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Feature	Detail
Model	B08DKTHJ35
Brand	GOKOO
Display Size	1.3 Inches

<b>Feature</b>	<b>Detail</b>
<b>Operating System</b>	Android (compatible)
<b>Wireless Communication</b>	Bluetooth 4.0 or higher
<b>Battery Type</b>	Lithium Polymer (1 required, included)
<b>Water Resistance Level</b>	IP67 (splash resistant, not for swimming/showering)
<b>Compatible Devices</b>	Smartphone (iOS 9.0+, Android 4.4+)
<b>Special Features</b>	Alarm Clock, Sleep Monitor, Notifications, Pedometer, Sedentary Reminder, Heart Rate Monitor, Blood Pressure Monitor, Multi-Sport Modes, Remote Camera, Music Control
<b>Dimensions</b>	14 x 8 x 3.7 cm; 190 g (package)
<b>Target Audience</b>	Women (as marketed)



Image: A diagram illustrating the GOKOO Smartwatch's display dimensions (42.2mm diameter, 20mm strap width) and adjustable wrist circumference (Min 160mm, Max 220mm).

## 8. WARRANTY AND SUPPORT

GOKOO offers a **2-year warranty** for this product, covering manufacturing defects from the date of purchase. Please retain your proof of purchase for warranty claims.

For any questions regarding the use, setup, or troubleshooting of your GOKOO Smartwatch, please contact GOKOO customer support. Contact details can typically be found on the product packaging or the official GOKOO website.