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OneTouch Verio Flex

OneTouch Verio Flex Blood Glucose Monitoring System User Manual

Model: Verio Flex | UPC: 353885011839

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1. INTRODUCTION

The OneTouch Verio Flex Blood Glucose Monitoring System is designed for self-testing of blood glucose. This monitor offers a slim and compact design, making it suitable for use at home or while traveling. It provides accurate readings to help manage blood glucose levels effectively.



Image 1: The OneTouch Verio Flex Blood Glucose Monitoring System, including the meter, lancing device, and test strips.

2. WHAT'S INCLUDED

Your OneTouch Verio Flex Blood Glucose Monitoring System package typically includes:

- OneTouch Verio Flex Blood Glucose Meter
- OneTouch Delica Plus Lancing Device
- 10 OneTouch Delica Plus Lancets
- Carrying Case
- Owner's Booklet (this manual)



OneTouch Tools and Support for Managing Diabetes

Explore our products and learn about solutions that help you manage blood glucose so you can achieve diabetes wellness your way.



Image 2: An illustration showing the various components included with the OneTouch Verio Flex system.

3. SETUP

Before using your OneTouch Verio Flex system, follow these steps to prepare the device for testing.

3.1 Battery Installation

The meter requires 1 Lithium Metal battery, which is included. Ensure the battery is correctly inserted according to the polarity markings inside the battery compartment.

3.2 Setting up the Lancing Device

1. Remove the cap from the OneTouch Delica Plus Lancing Device.
2. Insert a new sterile OneTouch Delica Plus Lancet firmly into the lancing device.
3. Twist off the protective cap from the lancet and replace the lancing device cap.
4. Adjust the depth setting on the lancing device to a comfortable level (e.g., 1 for sensitive skin, higher for thicker skin).



Image 3: The OneTouch Delica Plus Lancing Device, used for obtaining a blood sample.

Video 1: A demonstration of setting up the OneTouch Verio Flex meter and lancing device, and performing a blood glucose test.

4. OPERATION: PERFORMING A BLOOD GLUCOSE TEST

Follow these steps to perform a blood glucose test with your OneTouch Verio Flex system:

1. Wash your hands thoroughly with soap and warm water, then dry them completely.

2. Insert a OneTouch Verio Test Strip into the meter's test port. The meter will turn on automatically.
3. When the blood drop symbol appears on the display, use the lancing device to prick the side of your fingertip.
4. Gently squeeze your finger to obtain a small drop of blood.
5. Touch the tip of the test strip to the blood drop. The blood will be drawn into the strip.
6. The meter will display your blood glucose result in approximately 5 seconds.
7. Note the ColorSure Plus Technology, which provides instant feedback on whether your result is within, above, or below your target range.
8. Remove and discard the used test strip and lancet safely.



Image 4: The OneTouch Verio Flex meter showing a blood glucose reading and the ColorSure Plus indicator, which helps interpret results.

5. MAINTENANCE

Proper maintenance ensures the longevity and accuracy of your monitoring system.

- **Cleaning:** Wipe the meter and lancing device with a damp cloth and mild detergent. Do not immerse in water.
- **Storage:** Store the meter, test strips, and lancing device in the provided carrying case in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Battery Replacement:** Replace the battery when the low battery indicator appears on the display.

6. TROUBLESHOOTING

If you encounter issues with your OneTouch Verio Flex system, consider the following:

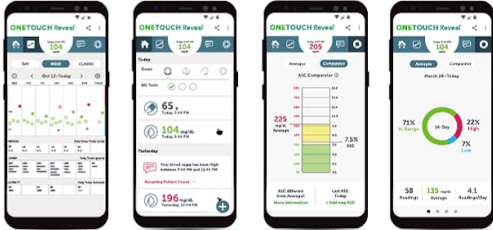
- **Inaccurate Readings:** Ensure test strips are not expired and are stored correctly. Check that the lancing device is set to an appropriate depth for sufficient blood sample.
- **Error Messages:** Refer to the full Owner's Booklet for a complete list of error codes and their solutions.
- **Connectivity Issues:** If using the OneTouch Reveal app, ensure Bluetooth is enabled on your device and the meter is paired correctly.

For further assistance, contact OneTouch Customer Support.

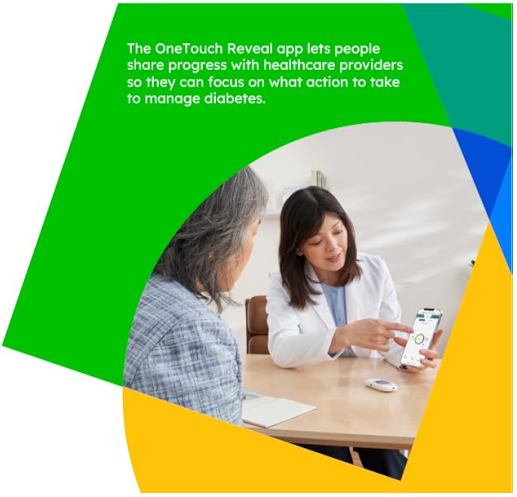
ONETOUCH Reveal™

The OneTouch Reveal app

provides guidance and insight to help you manage diabetes



The OneTouch Reveal app lets people share progress with healthcare providers so they can focus on what action to take to manage diabetes.



Electronic Logbook Pattern Recognition Reminder and Push Notifications Transform Results

Image 5: The OneTouch Reveal app provides guidance and insights to help manage diabetes, including electronic logbook, pattern recognition, reminders, and result transformation.

7. SPECIFICATIONS

Feature	Detail
Brand Name	OneTouch
Model Name	Verio Flex
Item Model Number	024044
UPC	353885011839
Product Dimensions	3.85 x 3.02 x 6.41 inches
Weight	5.29 ounces
Batteries Required	1 Lithium Metal (included)
Battery Life	1 year
Operating Time	5 Seconds

8. WARRANTY AND SUPPORT

For warranty information, product support, or any questions regarding your OneTouch Verio Flex Blood Glucose Monitoring System, please contact the manufacturer, OneTouch (Lifescan).

It is important to ensure the authenticity of your product. Lifescan, the maker of the OneTouch brand, cannot ensure the quality of products from unauthorized sellers.



Ensure Authenticity

Lifescan, the maker of OneTouch brand, cannot ensure the quality of products from unauthorized sellers on this site.

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If you have questions about your purchased products, please contact Lifescan directly.

Image 6: A visual reminder to verify product authenticity, indicating that Lifescan cannot guarantee products from unauthorized sellers.