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› Swan Nordic 20L Digital Microwave Oven User Manual

Swan SM22036WHTNEU

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Model: SM22036WHTNEU | Brand: Swan

1. INTRODUCTION AND OVERVIEW

The Swan Nordic 20L Digital Microwave Oven is designed for efficient and convenient food preparation. Featuring a powerful 800W output and 6 power levels, it offers quick and easy cooking for a variety of foods. Its 20-liter capacity and 270mm rotating glass plate accommodate large dishes, while the stainless steel interior ensures easy cleaning. The microwave includes a 30-minute timer with an audible indicator, a practical digital clock, and a defrost function for maximum convenience.



Figure 1: Front view of the Swan Nordic 20L Digital Microwave Oven, showcasing its matte white finish and wood-effect handle.

2. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using the microwave oven. Retain this manual for future reference.

- Do not attempt to operate this oven with the door open as this can result in harmful exposure to microwave energy.
- Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- Do not operate the oven if it is damaged. It is particularly important that the oven door closes properly and that there is no damage to the: (1) Door (bent), (2) Hinges and latches (broken or loosened), (3) Door seals and sealing surfaces.
- The oven should not be adjusted or repaired by anyone except properly qualified service personnel.
- Always ensure the appliance is unplugged from the power supply when not in use or before cleaning.
- To prolong the unit's lifespan, it is recommended to disconnect it from the power supply for 10 to 15 minutes after each use and then reconnect it.
- For heating a new dish after a cooked/heated dish, you must set the timer to '0' before starting again.

3. SETUP AND INSTALLATION

1. **Unpacking:** Carefully remove the microwave oven and all packing materials from the carton. Check for any damage.
2. **Placement:** Place the microwave oven on a flat, stable surface, such as a countertop, that is strong enough to hold the oven and the food you place in it. Ensure adequate ventilation around the unit.
3. **Power Connection:** Plug the power cord into a standard grounded electrical outlet. Ensure the voltage matches the appliance's requirements (230V).
4. **Turntable Installation:** Place the turntable ring inside the oven cavity, then place the glass turntable plate securely on top of the ring.



Figure 2: The microwave oven positioned on a kitchen countertop, demonstrating its compact size and aesthetic integration.

4. OPERATING INSTRUCTIONS

4.1 Setting the Clock

When the microwave is first plugged in, the digital display will show "0:00". To set the clock:

1. Press the "Defrost/Clock" button once.
2. Turn the "Time/Weight" dial to set the hour.
3. Press "Defrost/Clock" again.
4. Turn the "Time/Weight" dial to set the minutes.
5. Press "Defrost/Clock" to confirm the setting.

4.2 Microwave Cooking

The microwave offers 6 power levels and an 800W output for efficient cooking.

1. Place food in a microwave-safe container on the glass turntable.
2. Close the door securely.
3. Press the "Micro Power" button repeatedly to select the desired power level (P100, P80, P60, P40, P20, P0). P100 is full power (800W).
4. Turn the "Time/Weight" dial to set the cooking time (up to 30 minutes).
5. Press "Instant/Start" to begin cooking.



Figure 3: Detailed view of the control panel, showing the digital display, power buttons, and time/weight dial.

4.3 Defrost Function

The defrost function allows you to thaw frozen food quickly and efficiently.

1. Place the frozen food on the glass turntable.
2. Press the "Defrost/Clock" button. The display will show "dEF1" (defrost by weight) or "dEF2" (defrost by time).
3. Turn the "Time/Weight" dial to select the desired weight or time for defrosting.
4. Press "Instant/Start" to begin defrosting.



Figure 4: Interior view of the microwave, showing a bowl placed on the rotating glass turntable, ready for heating or defrosting.

4.4 Express Cooking

For quick heating, use the Express function:

- Press the "Express" button repeatedly to add cooking time in increments (e.g., 30 seconds, 1 minute, etc.).
- The microwave will start immediately after selecting the time.

4.5 Pause/Cancel Function

To pause or cancel a cooking program:

- Press "Pause/Cancel" once to pause the cooking cycle.
- Press "Pause/Cancel" twice to cancel the current program and return to standby mode.

5. MAINTENANCE AND CLEANING

Regular cleaning will help maintain the performance and appearance of your microwave oven.

- **Interior Cleaning:** The stainless steel interior is designed for easy cleaning. After each use, wipe the interior with a damp cloth and mild detergent. For stubborn food splatters, place a bowl of water with lemon slices inside and microwave for 2-3 minutes to loosen residue, then wipe clean.
- **Exterior Cleaning:** Wipe the exterior surfaces with a soft, damp cloth. Avoid abrasive cleaners or scouring pads that could scratch the finish.
- **Turntable and Ring:** The glass turntable and turntable ring can be removed and washed in warm, soapy water or in the dishwasher. Ensure they are completely dry before placing them back in the oven.

- **Door Seals:** Regularly clean the door seals and adjacent parts with a damp cloth to remove any food spills or residue.



Figure 5: The microwave oven with its door open, illustrating the spacious and easy-to-clean interior.

6. TROUBLESHOOTING

If you encounter issues with your microwave oven, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Oven does not start	Power cord not securely plugged in; Door not closed properly; Fuse blown or circuit breaker tripped.	Ensure plug is firmly in outlet; Close door completely; Check household fuse/circuit breaker.
Food not heating	Incorrect cooking time or power level set; Food not suitable for microwave heating.	Adjust cooking time/power level; Ensure food is microwave-safe.
Sparkling inside oven	Metal objects or foil in oven; Food container with metallic trim.	Remove all metal objects; Use only microwave-safe dishes.
Turntable not rotating	Turntable not properly seated; Debris under turntable.	Re-seat turntable and ring; Clean under the turntable.
Unusual noise during operation	Normal operation noise; Turntable not seated correctly.	Some operational noise is normal. Ensure turntable is correctly placed. If noise is excessive or unusual, contact customer support.

7. SPECIFICATIONS

Feature	Detail
Brand	Swan
Model Information	SM22036WHTNEU
Product Dimensions	45.1 x 31.4 x 25.8 cm; 12.11 kg (approx. 34.2D x 45.1W x 25.7H cm)
Capacity	20 Liters
Installation Type	Countertop
Special Features	Defrost, Rotating Plate, Timer
Oven Cooking Mode	Radiation (Microwave)
Color	White
Voltage	230 Volts
Wattage	800 Watts
Fuel Type	Electric
Material Type	Stainless Steel
Included Components	Turntable Plate

8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the official Swan website or contact their customer service directly. Keep your purchase receipt as proof of purchase for any warranty claims. You can visit the [Swan Store on Amazon](#) for more product information and support resources.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question