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› [George Foreman Smokeless Digital Smart Select Grill GRD6090B Instruction Manual](#)

George Foreman GRD6090B

George Foreman Smokeless Digital Smart Select Grill

Model: GRD6090B

Brand: George Foreman

INTRODUCTION

Thank you for choosing the George Foreman Smokeless Digital Smart Select Grill. This indoor grill is designed to provide a convenient and efficient way to prepare delicious meals with significantly reduced smoke. Featuring digital controls, removable nonstick plates, and a family-size cooking surface, this appliance simplifies your grilling experience and cleanup.

IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and/or injury, including the following:

- Read all instructions.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electrical shock, do not immerse cord, plugs, or appliance in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- To disconnect, turn any control to "off," then remove plug from wall outlet.
- Do not use appliance for other than intended use.

SETUP

Before first use, ensure all packaging materials are removed. Wash the removable grill plates and drip tray in warm, soapy water, rinse thoroughly, and dry. The main unit should be wiped clean with a damp cloth.

- 1. Insert Drip Tray:** Slide the drip tray into the designated slot at the front of the grill base. Ensure it is fully inserted.
- 2. Attach Grill Plates:** Align the removable grill plates with the heating elements on the top and bottom of the grill. Press down until they click securely into place.
- 3. Position Grill:** Place the grill on a stable, heat-resistant surface. Ensure there is adequate ventilation around the unit.
- 4. Connect Power:** Plug the power cord into a standard 110V electrical outlet. The digital display will illuminate.



Figure 1: Front view of the George Foreman Smokeless Digital Smart Select Grill, showing the digital control panel and handle.

OPERATING INSTRUCTIONS

The Digital Smart Select Grill offers precise control over your cooking. Follow these steps for optimal results:

- 1. Power On:** Press the power button on the digital control panel.
- 2. Set Temperature:** Use the temperature controls (up/down arrows) to select your desired cooking temperature. Available settings typically include 350°F, 375°F, 400°F, and 425°F.
- 3. Preheat:** Allow the grill to preheat until the temperature indicator shows it has reached the set temperature. This usually takes a few minutes.
- 4. Place Food:** Carefully open the grill and place your food on the bottom grill plate. The family-size cooking surface accommodates 4-6 servings.
- 5. Set Timer (Optional):** Use the timer controls to set a cooking duration. The grill will automatically shut off or alert you when the time is complete.
- 6. Close Lid:** Gently close the lid. The floating hinge design allows the top plate to adjust to the thickness of your food, ensuring even cooking.
- 7. Monitor Cooking:** The smokeless design, combined with the sloped grilling surface, helps reduce smoke by up to 85% and drains up to 50% of fat into the drip tray.
- 8. Remove Food:** Once cooked, carefully remove your food using heat-resistant utensils.



Figure 2: Close-up of the digital control panel, showing temperature and timer settings.



Figure 3: Grill in use, demonstrating the smokeless grilling feature with steaks and asparagus.



Figure 4: Hand removing cooked steak from the grill, highlighting the faster cooking capability.



Figure 5: Grill cooking four chicken breasts, illustrating its family-size capacity for 4-6 servings.

Video Demonstrations

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Video 1: A user demonstrates the grill's fast cooking and easy cleaning features, highlighting its convenience.

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Video 2: A user cooks burgers on the grill, emphasizing its ability to replace fast food options with home-cooked meals.

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Video 3: A user shares their positive experience using the grill weekly, showcasing its reliability and ease of use.

MAINTENANCE AND CLEANING

Proper maintenance ensures the longevity and performance of your grill. The removable parts are designed for easy cleaning.

1. **Unplug and Cool:** Always unplug the grill from the power outlet and allow it to cool completely before

cleaning.

2. **Remove Grill Plates:** Press the release buttons on the side of the grill to detach the top and bottom grill plates.
3. **Empty Drip Tray:** Carefully slide out the drip tray and discard any accumulated grease.
4. **Clean Removable Parts:** The grill plates and drip tray are removable and dishwasher-safe. For hand washing, use warm, soapy water and a non-abrasive sponge. The Advanced George Tough™ Nonstick Coating ensures easy food release and cleaning.
5. **Clean Exterior:** Wipe the exterior of the grill base with a damp cloth. Do not use abrasive cleaners or immerse the base in water.
6. **Reassemble:** Once all parts are clean and dry, reattach the grill plates and insert the drip tray.

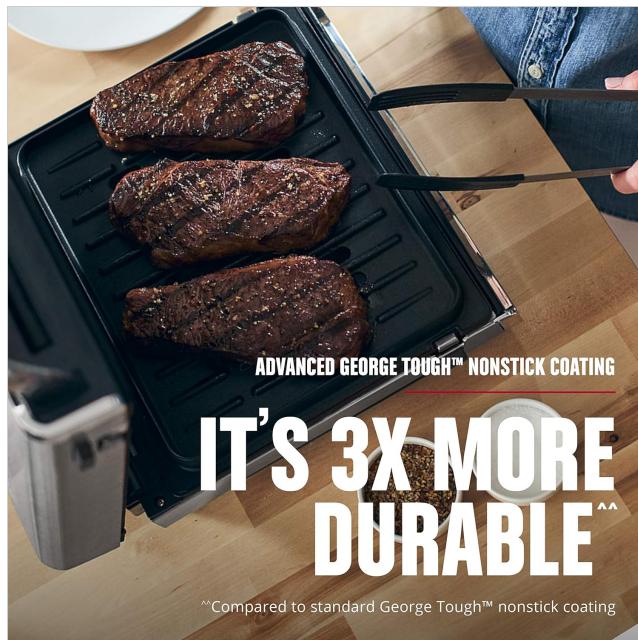


Figure 6: Close-up of the grill plate, highlighting the Advanced George Tough™ Nonstick Coating for easy cleaning.

TROUBLESHOOTING

- **Grill Not Heating:** Ensure the power cord is securely plugged into a working outlet and the power button is pressed. Check if the temperature is set.
- **Excessive Smoke:** While designed to be smokeless, some smoke may occur with very fatty foods or if the drip tray is full. Ensure the drip tray is empty and clean.
- **Food Sticking:** Ensure the grill plates are clean and properly installed. A light coating of cooking spray can be used if needed, though the nonstick coating should prevent most sticking.

SPECIFICATIONS

Feature	Detail
Special Feature	Indoor Grill, Smokeless
Color	Stainless Steel
Material	Stainless Steel
Product Dimensions	8.5"D x 7.5"W x 5.75"H

Feature	Detail
Wattage	1500 watts
Item Weight	4.2 Pounds
Included Components	GRD6090B, Drip tray
Style	Modern
Voltage	110 Volts
UPC	027043997975
Manufacturer	George Foreman
Item Model Number	GRD6090B



Figure 7: Product dimensions of the George Foreman Smokeless Digital Smart Select Grill.

WARRANTY AND SUPPORT

This George Foreman Smokeless Digital Smart Select Grill comes with a **Limited Warranty**. For specific details regarding warranty coverage, duration, and terms, please refer to the warranty card included with your product or visit the official George Foreman website.

For customer support, product registration, or to inquire about replacement parts, please contact George Foreman customer service through their official channels. Keep your purchase receipt and model number (GRD6090B) handy for faster service.