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Hidrate Spark HI-006-018

HidrateSpark PRO Smart Water Bottle User Manual

Model: HI-006-018

INTRODUCTION

Welcome to your HidrateSpark PRO Smart Water Bottle. This insulated stainless steel bottle tracks your water intake, glows to remind you to drink, and syncs with the HidrateSpark App via Bluetooth. It is designed to help you maintain optimal hydration throughout your day.



Image: HidrateSpark PRO bottle highlighting the benefits of hydration and its core functionalities: Glow, Drink, Track.

SETUP

Unboxing and Initial Charge

Before first use, ensure the sensor puck is fully charged. Connect the magnetic charging cable to the sensor puck and plug it into a standard USB AC wall adapter. The green LED lights on the puck will remain on when fully charged.

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Video: An overview of the HidrateSpark PRO, demonstrating initial setup including charging the sensor and attaching it to the bottle.

Sensor Installation

The sensor puck is located at the bottom of your bottle. To remove for charging or cleaning, turn counter-clockwise and pull gently. To reattach, insert and turn clockwise until you hear and feel a click, ensuring a secure fit.

Image: Exploded view of the HidrateSpark PRO bottle, detailing the sensor, bottle, and lid for assembly reference.

App Download and Pairing

Download the free HidrateSpark App from your device's app store (available on iOS and Android). Create a profile and follow the in-app instructions to add your HidrateSpark PRO bottle. Ensure Bluetooth is enabled on your device for successful pairing.

Calibration

For accurate tracking, calibrate your bottle through the app. Empty the bottle, place it upright on a flat surface with the lid on, and follow the app's calibration steps. This ensures precise measurement of your water intake.

OPERATING YOUR HIDRATESPARK PRO

Water Intake Tracking

The integrated sensor automatically tracks your water intake. For accurate readings, always place the bottle on a flat, stable surface after each drink. The app will display your progress towards your daily hydration goal in real-time.



CLINICALLY PROVEN TO BE ACCURATE

Overseen by Michael Borofsky, this trial proved the addition of a smart bottle may lead to less difficulty remembering to drink.†

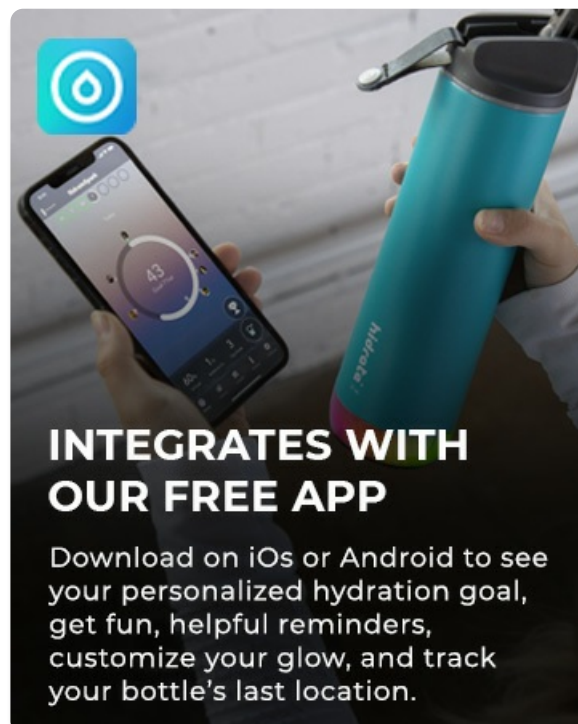
Image: The HidrateSpark App displaying personalized hydration goals and detailed water intake tracking.

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Video: Demonstrates real-time tracking of water intake data within the app, showing how the bottle's sensor communicates with your device.

LED Glow Reminders

Your bottle will glow to remind you when it's time to drink water, helping you stay on track with your hydration goals. You can customize the glow color, frequency, and pattern through the HidrateSpark App's Glow Studio.



INTEGRATES WITH OUR FREE APP

Download on iOS or Android to see your personalized hydration goal, get fun, helpful reminders, customize your glow, and track your bottle's last location.

Image: The HidrateSpark PRO bottle showcasing its customizable LED glow reminders.

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Video: A short promotional video highlighting the HidrateSpark Steel bottle's glow feature and its role in reminding users to drink.

Smart App Integrations

The HidrateSpark App offers personalized hydration goals, smart reminders, and seamless integration with popular fitness apps like Apple Health, Fitbit, Garmin Connect, and Google Fit. This allows for a holistic view of your health data.



Image: The HidrateSpark App demonstrating its compatibility and integration with popular fitness tracking platforms.

Find My Bottle Feature

Utilize the "Find My Bottle" feature within the app to locate your bottle if it's misplaced. The app can help you track its last known location.



Image: The HidrateSpark App's 'Find My Bottle' feature, displaying the bottle's location on a map.

MAINTENANCE

Care and Cleaning

The HidrateSpark PRO bottle is designed for hand washing only. Do not place the sensor puck in the dishwasher. For thorough cleaning, remove the sensor puck and wash the bottle and lid with warm, soapy water. Rinse thoroughly.

Sensor Care

Keep the sensor puck dry and clean. Avoid submerging it in water. Wipe it with a damp cloth if necessary.

Battery

The sensor puck features a rechargeable Lithium Metal battery that lasts up to 14 days on a single charge. Use the provided magnetic charging cable for recharging.

TROUBLESHOOTING

Inaccurate Water Tracking

- Ensure the bottle is placed on a flat, stable surface after each drink for accurate measurement.
- Recalibrate the bottle through the app if readings seem consistently off.
- Avoid using ice cubes if they interfere with sensor readings; use cold water instead.

Syncing Problems

- Verify Bluetooth is enabled on your phone and the HidrateSpark App is open.
- Bring your bottle close to your phone.
- Restart the app or your phone if issues persist.

Sensor Puck Detachment

- Ensure the sensor puck is securely attached by turning it clockwise until it clicks into place.
- If the puck frequently detaches, contact customer support for assistance.

SPECIFICATIONS

Feature	Detail
Brand	Hidrate Spark
Model Number	HI-006-018
Material	Stainless Steel
Color	Deep Blue
Capacity	21 Fluid Ounces
Special Feature	Bluetooth
Product Care Instructions	Hand Wash Only
Item Weight	1.19 pounds (0.54 Kilograms)
Product Dimensions	2.99 x 2.99 x 10.71 inches
Batteries	1 Lithium Metal battery required
Smart Home Compatibility	Smart Home Compatible

WARRANTY AND CUSTOMER SUPPORT

For warranty information or assistance with your HidrateSpark PRO Smart Water Bottle, please visit the official Hidrate Spark website or contact their customer service directly. Customer reviews indicate responsive support for product defects and inquiries.