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Ninja SS101

Ninja Foodi Smoothie Maker & Nutrient Extractor SS101 User Manual

Model: SS101 | Brand: Ninja

1. Introduction

Product Overview

The Ninja Foodi Smoothie Maker & Nutrient Extractor with SmartTORQUE is engineered to process the thickest ingredients at high speed without stalling. This versatile appliance features a multi-function base, a Ninja Nutrient Extraction Cup for smoothies and extractions, and a Smoothie Bowl Maker with an integrated tamper for creating thick smoothie bowls and nut butters. It is powered by a 1200-watt peak power-dense motor.



Figure 1.1: The Ninja Foodi Smoothie Maker & Nutrient Extractor SS101, showcasing the motor base, smoothie bowl, nutrient extraction cup, blade assembly, and lids.

2. Important Safety Instructions

Always follow basic safety precautions when using electrical appliances to reduce the risk of fire, electric shock, serious injury, and/or damage to property. Read all instructions before using this appliance.

- Read all instructions carefully before operation.
- Do not immerse the motor base in water or other liquids.
- Ensure the appliance is unplugged from the outlet when not in use, before assembling or disassembling parts, and before cleaning.
- Avoid contact with moving parts.
- Do not blend hot liquids, as pressure buildup can cause scalding.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been dropped or damaged in any manner.

- Keep hands and utensils out of the container while blending to reduce the risk of severe injury to persons or damage to the blender.
- Always operate the blender with the lid in place.
- This appliance is for household use only.

3. What's Included

Your Ninja Foodi Smoothie Maker & Nutrient Extractor SS101 package includes the following components:

- 1200-watt Peak Power Motor Base
- Hybrid Edge Blades Assembly
- (2) Ninja Nutrient Extraction Cups (700 ml) with Spout Lids
- (1) Ninja Foodi Smoothie Bowl (400 ml) with Storage Lid and Built-in Tamper
- Inspiration Guide with 15 recipes
- Instruction Manual (this document)
- Quick Start Guide



Figure 3.1: Overview of the main components: the motor base, the smoothie bowl with its integrated tamper, and the nutrient extraction cups.

4. Setup

1. **Unpack:** Carefully remove all parts from the packaging.
2. **Wash:** Wash all containers, lids, and blade assemblies in warm, soapy water. Rinse thoroughly and air dry. The cups, lids, and blade assemblies are also dishwasher safe.
3. **Placement:** Place the motor base on a clean, dry, and level surface. Ensure the suction feet on the bottom of the base adhere to the countertop for stability.
4. **Assembly:**
    - For Nutrient Extraction: Fill the cup with ingredients, screw on the blade assembly, then invert and place onto the motor base. Twist clockwise to lock into place.
    - For Smoothie Bowl: Fill the bowl with ingredients, attach the lid with the integrated tamper, then place onto the motor base. Twist clockwise to lock into place.



Figure 4.1: Demonstrating the placement of the Nutrient Extraction cup onto the motor base for blending.

5. Operating Instructions

Power and SmartTORQUE Technology

The SS101 features a powerful 1200-watt peak power motor designed to handle tough ingredients without stalling. The SmartTORQUE technology automatically adjusts power and speed based on the load, ensuring consistent performance and smooth results, even with thick mixtures like frozen fruits or nut butters.



Figure 5.1: The motor base highlighting its 1200-peak-watt power, capable of processing dense ingredients.



Figure 5.2: The SmartTORQUE feature ensures the blender powers through ingredients without stalling.

Using the Smoothie Bowl Maker

The 400 ml Smoothie Bowl is specifically designed for creating thick, spoonable mixtures like smoothie bowls, nut butters, and frozen desserts. It features a built-in tamper that twists to push ingredients towards the blade, ensuring thorough blending without the need to stop and scrape.

- Add ingredients to the Smoothie Bowl, ensuring not to exceed the MAX FILL line.
- Attach the lid with the integrated tamper.
- Place the assembled bowl onto the motor base and twist clockwise to lock.
- Select the "BOWL" program or use manual pulse. During blending, continuously twist the tamper counter-clockwise to move ingredients around.
- Blend until desired consistency is achieved.



Figure 5.3: The Smoothie Bowl Maker with its integrated tamper, designed for thick mixtures.

Using the Nutrient Extraction Cups

The 700 ml Nutrient Extraction Cups are ideal for creating smoother drinks, including smoothies, frozen drinks, and nutrient extractions. You can blend directly in these cups and then attach a spout lid for on-the-go convenience.

- Add ingredients to the Nutrient Extraction Cup, ensuring not to exceed the MAX LIQUID line.
- Screw the Hybrid Edge Blades Assembly onto the cup until tightly sealed.
- Invert the cup and place it onto the motor base, twisting clockwise to lock.
- Select the "EXTRACT" or "SMOOTHIE" program, or use manual pulse.
- Blend until desired consistency is achieved. Remove from base, unscrew blades, and attach spout lid.



Figure 5.4: The Nutrient Extraction cups, designed for smooth beverages and convenient portability.

Auto-IQ Programs

The Ninja SS101 features Auto-IQ Technology, which takes the guesswork out of blending with intelligent programs that combine unique pulsing, blending, and pausing patterns. Simply select your desired function, and the appliance will do the work for you.

The 6 versatile functions include:

- **EXTRACT:** For nutrient extractions and thinner smoothies.
- **SMOOTHIE:** For classic smoothies and frozen drinks.
- **SAUCE:** For sauces and dips.
- **BOWL:** For thick smoothie bowls and nut butters.
- **PULSE:** For manual control and chopping.
- **START/STOP:** To begin or end a program.



Figure 5.5: The control panel displaying the various Auto-IQ preset programs for one-touch blending.

Blending Tips

For optimal results, ensure ingredients are properly proportioned. For thick mixtures, use the Smoothie Bowl and twist the tamper. For smoother drinks, ensure adequate liquid is present in the Nutrient Extraction Cup. Always secure the lid and blade assembly before operating.



Figure 5.6: Examples of creations possible with the Ninja SS101, ranging from thick spoonables to smooth drinkables.

6. Maintenance and Cleaning

Proper maintenance ensures the longevity and optimal performance of your Ninja SS101. The appliance is designed for easy cleaning.

- **Unplug:** Always unplug the motor base from the power outlet before cleaning.
- **Motor Base:** Wipe the motor base clean with a damp cloth. Do not immerse the motor base in water or any other liquid.
- **Cups, Lids, and Blade Assembly:** All cups, lids, and blade assemblies are dishwasher safe. You can also wash them by hand in warm, soapy water. Use a cleaning brush for hard-to-reach areas if necessary.
- **Storage:** Store the appliance in a dry place, ensuring all parts are clean and dry before storage.

7. Troubleshooting

If you encounter issues with your Ninja SS101, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Appliance does not turn on.	Not plugged in; power outlet issue; cup/bowl not properly assembled.	Ensure the power cord is securely plugged into a working outlet. Verify the cup/bowl is twisted clockwise and locked into place on the motor base.
Motor stalls or stops during blending.	Overloaded with ingredients; ingredients too thick or frozen.	Reduce the amount of ingredients. Add more liquid for thinner consistency. For smoothie bowls, ensure you are twisting the tamper.
Ingredients are not blending smoothly.	Insufficient liquid; ingredients stuck; incorrect program selected.	Add more liquid. For thick mixtures, use the Smoothie Bowl and twist the tamper. For nutrient extraction cups, ensure ingredients are not packed too tightly. Select the appropriate Auto-IQ program.
Loud noise during operation.	Normal operation for a powerful blender; hard ingredients.	Some noise is normal due to the powerful motor. Ensure the unit is on a stable, level surface. If the noise is unusual or accompanied by vibrations, check for proper assembly.

8. Specifications

Feature	Detail
Brand	Ninja
Model	SS101
Color	Silver
Wattage	1200 watts (peak power)
Voltage	120 Volts
Material	Glass (for some components, though cups are typically plastic)
Dimensions (Product)	16.99 x 16.99 x 27.41 cm (6.69 x 6.69 x 10.79 inches)
Weight	2.94 kilograms (6.48 pounds)
Special Features	Programmable, SmartTORQUE Technology, Auto-IQ Programs

9. Warranty and Support

For warranty information and customer support, please refer to the warranty card included with your product or visit the official Ninja website. Extended warranty options may be available for purchase.

- **Protection Plans:** Extended warranty options are available for 12 months and 24 months against failures and defects.
- **Online Support:** For additional resources, FAQs, and recipe inspiration, visit the official Ninja store:Ninja Official Store

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