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Greater Goods 0632

Greater Goods Premium Blood Pressure Monitor User Manual

Model: 0632

Introduction

Thank you for choosing the Greater Goods Premium Blood Pressure Monitor. This device is designed for accurate and convenient measurement of systolic and diastolic blood pressure, as well as pulse rate, at home. Regular monitoring can provide valuable health insights. Please read this manual thoroughly before use to ensure correct operation and optimal results.

What's Included

Your Greater Goods Premium Blood Pressure Monitor package includes the following components:

- High-Definition Blood Pressure Monitor Unit
- Adjustable Upper Arm Cuff (fits 8.75"-16.5" circumference)
- Durable Carrying Case
- 4 AA Batteries
- Wall Plug (AC Adapter)



Image: The blood pressure monitor, cuff, carrying case, batteries, and wall plug are included.

Setup

1. Battery Installation

1. Open the battery compartment cover on the back of the monitor.
2. Insert the four (4) AA batteries, ensuring correct polarity (+/-).
3. Close the battery compartment cover securely.

Alternatively, you can power the device using the included AC adapter by plugging it into the monitor's power port and a wall outlet.

2. Connecting the Cuff

1. Locate the air tube connector on the blood pressure cuff.
2. Firmly insert the air tube connector into the air jack on the side of the monitor unit. Ensure it is fully inserted to prevent air leakage during measurement.



Image: The air tube from the cuff is connected to the monitor unit.

Operating Instructions

1. Proper Cuff Placement

Accurate readings depend on correct cuff placement. Follow these steps:

1. Sit in a comfortable position with your feet flat on the floor and your arm resting on a table at heart level.
2. Slide the cuff onto your bare upper arm, approximately 1 inch (2-3 cm) above your elbow. The air tube should run down the inside of your arm.
3. Ensure the artery mark on the cuff is aligned with your brachial artery (inner arm).
4. Wrap the cuff snugly around your arm, securing it with the hook-and-loop fastener. It should be tight enough that you can barely slide two fingers underneath.



Image: A person demonstrating correct cuff placement on the upper arm.

2. Taking a Measurement

1. After proper cuff placement, remain still and silent.
2. Press the **START/STOP** button. The cuff will begin to inflate automatically.
3. The monitor will measure your blood pressure during inflation, providing faster results.
4. Once the measurement is complete, the cuff will deflate, and your systolic pressure, diastolic pressure, and pulse rate will be displayed on the large backlit LCD.
5. Press the **START/STOP** button again to turn off the monitor, or it will automatically shut off after a period of inactivity.



Image: A hand pressing the START/STOP button on the monitor to begin a measurement.

3. Understanding Your Readings

The display shows three key values:

- **SYS (Systolic Pressure):** The pressure when your heart beats.
- **DIA (Diastolic Pressure):** The pressure when your heart rests between beats.

- **PUL/MIN (Pulse Rate):** Your heart rate per minute.

The monitor also features an **Irregular Heartbeat Detector**. If an irregular heartbeat is detected during the measurement, a corresponding icon will appear on the display. Consult your physician if this icon appears frequently.



Image: The monitor's display showing systolic, diastolic, pulse readings, and an irregular heartbeat indicator.

4. Multi-User and Memory Functions

The monitor supports two users (User A and User B) and stores up to 60 measurements for each user. Use the user selection button (often labeled with two person icons) to switch between users. Press the **MEM** button to review past readings.



Image: The monitor display highlighting multi-user and memory buttons.

Product Overview Video

For a visual guide on the Greater Goods Pro-Series Blood Pressure Monitor, please watch the official product video below.

Video: An overview of the Greater Goods Pro-Series Blood Pressure Monitor, demonstrating its features and use.

Maintenance

Cleaning

- Wipe the monitor and cuff with a soft, dry cloth.
- If necessary, use a slightly damp cloth with mild soap, then wipe dry.
- Do not use abrasive cleaners, solvents, or immerse the unit in water.

Storage

- Store the monitor and cuff in the provided carrying case when not in use.
- Keep the device in a cool, dry place, away from direct sunlight and extreme temperatures.
- Remove batteries if the device will not be used for an extended period.

Troubleshooting

Problem	Possible Cause	Solution
Monitor does not power on.	Dead batteries or incorrect battery installation. AC adapter not connected properly.	Replace batteries with new ones, ensuring correct polarity. Check AC adapter connection.
Cuff does not inflate or inflates incorrectly.	Cuff not connected securely to the monitor. Air leakage from the cuff or tube.	Ensure the air tube connector is fully inserted into the monitor. Check cuff and tube for damage.
Irregular Heartbeat icon appears frequently.	Detection of an irregular heart rhythm.	This is an indicator, not a malfunction. Consult your physician for advice.
Inaccurate or inconsistent readings.	Improper cuff placement, movement during measurement, talking, or incorrect body position.	Ensure correct cuff placement, remain still and silent during measurement, and follow proper body positioning guidelines. Wait 5 minutes before re-measuring.

Specifications

Feature	Detail
Model Number	0632
Product Dimensions	8 x 5.5 x 3.5 inches
Item Weight	9.9 ounces
Power Source	4 AA batteries (included) or AC adapter
Display Type	Large Backlit LCD
Cuff Size	22 - 42 cm (8.75" - 16.5")
Memory	60 measurements for 2 users
Special Features	Irregular Heartbeat Detector, Quick Inflate Technology

Warranty

Greater Goods products are designed for quality and reliability. For specific warranty information regarding your Premium Blood Pressure Monitor, please refer to the warranty card included in your product packaging or visit the official Greater Goods website.

Support

If you have any questions, concerns, or require assistance with your Greater Goods Premium Blood Pressure Monitor, please contact our friendly support team. Our experts are ready to help you.

Visit the Greater Goods Store on Amazon for more information and contact options.

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