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› GreenPan Rio Healthy Ceramic Nonstick 12" Frying Pan Skillet User Manual

GreenPan CC002635-001

GreenPan Rio Healthy Ceramic Nonstick 12" Frying Pan Skillet User Manual

Model: CC002635-001 | Brand: GreenPan

INTRODUCTION

This manual provides essential information for the proper use and care of your GreenPan Rio Healthy Ceramic Nonstick 12" Frying Pan Skillet. Following these guidelines will help ensure the longevity and optimal performance of your cookware.

The GreenPan Rio collection features a Thermolon healthy ceramic nonstick coating, designed for easy food release and cleaning. This coating is free of PFAS, PFOA, lead, and cadmium, ensuring a worry-free cooking experience. The pan's construction promotes even heat distribution, and the Bakelite handle is designed to remain cool during stovetop use.



Image: The GreenPan Rio 12-inch Frying Pan Skillet, black exterior with a light-colored ceramic nonstick interior and a black stay-cool handle.

PRODUCT FEATURES

- **Thermolon Healthy Ceramic Nonstick Coating:** Free of PFAS, PFOA, lead, and cadmium. Designed for easy food release and cleaning.
- **Diamond-Reinforced Nonstick:** Enhances durability and nonstick performance.
- **Heavy-Gauge Construction:** Provides excellent and even heat distribution.
- **Stay-Cool Bakelite Handle:** Offers a comfortable grip and remains cool during stovetop cooking.
- **Oven Safe:** Up to 350°F (176°C).
- **Dishwasher Safe:** For convenient cleanup. Hand washing is recommended for extended lifespan.
- **Compatible Devices:** Suitable for electric and gas stovetops.

RIO COLLECTION

STAY-COOL HANDLES



Image: A diagram illustrating the key features of the GreenPan Rio frying pan, including the diamond-reinforced ceramic nonstick, stay-cool Bakelite handles, scratch-resistant hard anodized body, and its PFAS/PFOA-free composition.

SETUP AND FIRST USE

1. **Unpack:** Carefully remove all packaging materials and labels from the pan.
2. **Wash:** Before first use, wash the pan in warm, soapy water with a soft sponge or cloth. Rinse thoroughly and dry completely.
3. **Condition (Optional):** While not strictly necessary for ceramic nonstick, some users prefer to lightly condition the pan. Rub a small amount of cooking oil (e.g., vegetable, canola) onto the nonstick surface with a paper towel. Heat the pan over low heat for 30 seconds, then remove from heat and let it cool. Wipe off any excess oil.

OPERATING INSTRUCTIONS

Cooking Guidelines

- **Heat Settings:** Use low to medium heat for most cooking. High heat can damage the nonstick coating

over time and is rarely needed due to the pan's efficient heat distribution.

- **Oil/Butter:** A small amount of oil or butter is recommended for flavor and to enhance cooking performance, especially for foods that tend to stick. Avoid aerosol cooking sprays, as they can leave a residue that is difficult to remove and may affect nonstick performance.
- **Utensils:** Use heat-resistant silicone, wooden, or plastic utensils to protect the nonstick surface. While the pan is metal utensil safe, using softer utensils helps prolong the life of the coating.
- **Preheating:** Allow the pan to preheat for a minute or two on low to medium heat before adding food.



Image: A person stirring potatoes and onions in a GreenPan Rio frying pan on a gas stovetop, demonstrating the nonstick surface during cooking.

EXCELLENT HEAT TRANSFER



Image: A perfectly cooked omelet with vegetables and herbs resting in a GreenPan Rio frying pan on a stovetop, highlighting excellent heat transfer and nonstick properties.

Oven Use

- The GreenPan Rio frying pan is oven safe up to 350°F (176°C).
- Always use oven mitts when handling the pan after it has been in the oven.



Image: A red GreenPan Rio pan with a baked dish inside, being carefully removed from an oven, demonstrating its oven-safe capability up to 350°F.

MAINTENANCE AND CARE

Cleaning

- **Cool Down:** Always allow the pan to cool completely before washing to prevent warping and thermal shock to the nonstick coating.
- **Hand Washing:** For best results and to prolong the life of your pan, hand wash with warm, soapy water and a soft sponge or cloth.
- **Dishwasher Use:** The pan is dishwasher safe. However, frequent dishwasher use may dull the exterior finish over time.
- **Stubborn Residue:** For stubborn food residue, soak the pan in warm, soapy water for a few minutes before cleaning. Avoid using abrasive cleaners, steel wool, or harsh scouring pads, as these can damage the nonstick surface.



EASILY WIPE CLEAN AND DISHWASHER SAFE

Image: Hands gently wiping the interior of a GreenPan Rio frying pan with a soft cloth under running water in a sink, illustrating easy cleanup.



THE ORIGINAL TOXIN-FREE CERAMIC NONSTICK GO GREEN, THE GREENPAN DIFFERENCE

We introduced the world to healthy ceramic nonstick in 2007, the first and best alternative to traditional coatings.



ECO-FRIENDLY

18% Solar-powered factory



RECYCLED ALUMINUM

Cookware vessels (excluding handles) are made from a minimum of 65% recycled aluminum



MADE CLEAN

60% less CO2 created during curing phase



FREE OF PFAS

Ceramic nonstick, the easiest, best, and healthiest way to cook

Image: Various pieces of GreenPan Rio cookware, including frying pans and saucepans, arranged in a dishwasher rack, demonstrating their dishwasher-safe feature.

Storage

- When stacking pans, place a pan protector or a soft cloth between them to prevent scratching the nonstick surface.

TROUBLESHOOTING

- **Food Sticking:** If food begins to stick, it may be due to using too high heat, insufficient oil, or a buildup of residue. Ensure you are cooking on low to medium heat and using a small amount of cooking oil. Perform a deep clean if residue is suspected.
- **Discoloration:** Slight discoloration of the nonstick surface over time is normal and does not affect performance or safety.
- **Exterior Stains:** The exterior of the pan may accumulate stains or residue from cooking. These can often be removed with a non-abrasive cleaner designed for cookware exteriors.

SPECIFICATIONS

Attribute	Detail
Brand	GreenPan
Model Name	Rio
Item Model Number	CC002635-001
Size	12" Frying Pan Skillet
Color	Black
Material	Ceramic, PFAS Free Nonstick, Aluminum, Bakelite Handles
Capacity	4 Quarts
Item Weight	2.2 Pounds
Product Dimensions	18 x 12 x 2 inches
Maximum Temperature	350 Degrees Fahrenheit (Oven Safe)
Compatible Devices	Electric Stovetop, Gas Stovetop, Oven
Product Care Instructions	Dishwasher Safe, Hand Wash Only (recommended)
Has Nonstick Coating	Yes
UPC	885837019865

WARRANTY AND SUPPORT

For warranty information or product support, please refer to the official GreenPan website or contact their customer service directly. Keep your purchase receipt as proof of purchase.

Please note that this product information does not include specific video content as no relevant official product videos with creator type 'Seller' were provided in the source data.



Image: A collection of GreenPan Rio cookware in various sizes and colors, including frying pans, saucepans, and a stockpot, showcasing the range of the Rio collection.