

Bear DFH-B10T6

Bear Self Heated Lunch Box Mini Rice Cooker DFH-B10T6 Instruction Manual

Model: DFH-B10T6

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1. INTRODUCTION

This manual provides instructions for the safe and efficient use of your Bear Self Heated Lunch Box Mini Rice Cooker, model DFH-B10T6. Please read all instructions carefully before use and retain this manual for future reference.

Important Safety Information

- Always ensure the power supply matches the voltage specified on the appliance.
- Do not immerse the main unit in water or any other liquid.
- Keep out of reach of children.
- Do not operate the appliance if the power cord or plug is damaged.
- Always unplug the appliance when not in use and before cleaning.
- Use only the accessories provided or recommended by the manufacturer.
- Avoid touching hot surfaces during and immediately after operation.

2. PRODUCT COMPONENTS

Your Bear Self Heated Lunch Box Mini Rice Cooker comes with the following components:



Image 2.1: Exploded view showing all components of the lunch box, including the main machine, stainless steel containers, sealing lids, handle, power cable, vacuum pump, measuring cup, and instruction manual.

- **Main Machine:** The primary heating unit with an operation panel.
- **304 Stainless Steel Lunch Boxes:** Two food-grade stainless steel containers for food. One has two compartments, the other is a single compartment.
- **Sealing Lids:** Transparent lids for the stainless steel containers, designed for leakproof sealing.
- **Handle:** Integrated handle for portability.
- **Power Cable:** For connecting the appliance to a power source.
- **Vacuum Pump:** Used for vacuum preservation of food in the containers.
- **Measuring Cup:** For accurate measurement of water and rice.
- **Instruction Manual:** This document.

3. INITIAL SETUP

3.1 Unpacking and Cleaning

1. Carefully remove all components from the packaging.
2. Wash the stainless steel lunch boxes and their sealing lids with warm, soapy water. Rinse thoroughly

and dry.

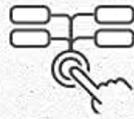
3. Wipe the exterior of the main machine with a damp cloth. Do not immerse the main machine in water.

3.2 Assembly

1. Place the desired stainless steel food containers into the main machine.
2. Ensure the containers are seated properly.
3. Close the main lid securely using the latches on the sides.

4. OPERATING INSTRUCTIONS

The Bear Self Heated Lunch Box offers multi-functional cooking, including steaming, reheating, and mini rice cooking. It features a programmable microcomputer operating design for convenience.



Intelligent and fashionable operation display screen

Make life more convenient



Image 4.1: The intelligent and fashionable operation display screen with touch controls for Preset, Rice Cooking/Steam, Reheat/Keep Warm, and Function/Cancel.

4.1 General Cooking/Reheating Steps

1. Prepare your ingredients and place them into the stainless steel containers.
2. Add the appropriate amount of water to the main machine's base (refer to specific cooking instructions below).
3. Place the filled stainless steel containers into the main machine.
4. Close the main lid securely.
5. Plug the power cable into a 110V power outlet.

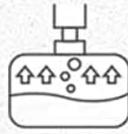
6. Use the smart touch panel to select your desired function (e.g., Rice Cooking, Reheat).
7. The appliance will automatically begin the cooking process. Cooking typically takes around 30 minutes.
8. Once cooking is complete, the appliance may switch to a 'Keep Warm' function.
9. Unplug the appliance and carefully open the lid to remove your meal. Be cautious of steam.

4.2 Cooking Rice

1. Place 80g of rice into one of the stainless steel containers.
2. Add 120ml of water to the rice.
3. Add water to the main machine's base (ensure it covers the heating element, but do not overfill).
4. Place the rice container into the main machine.
5. Close the lid and select the 'Rice Cooking' function on the touch panel.

4.3 Steaming Eggs, Vegetables, or Shrimp

1. Prepare your ingredients (e.g., cut okra, peel shrimp, crack eggs into a bowl).
2. Place the ingredients into the stainless steel containers. For eggs, you may add a small amount of warm water (e.g., 60ml) and stir well before steaming.
3. Add water to the main machine's base.
4. Place the containers into the main machine.
5. Close the lid and select the 'Steam' function.



Vacuum preservation

Food is not easy to deteriorate in summer

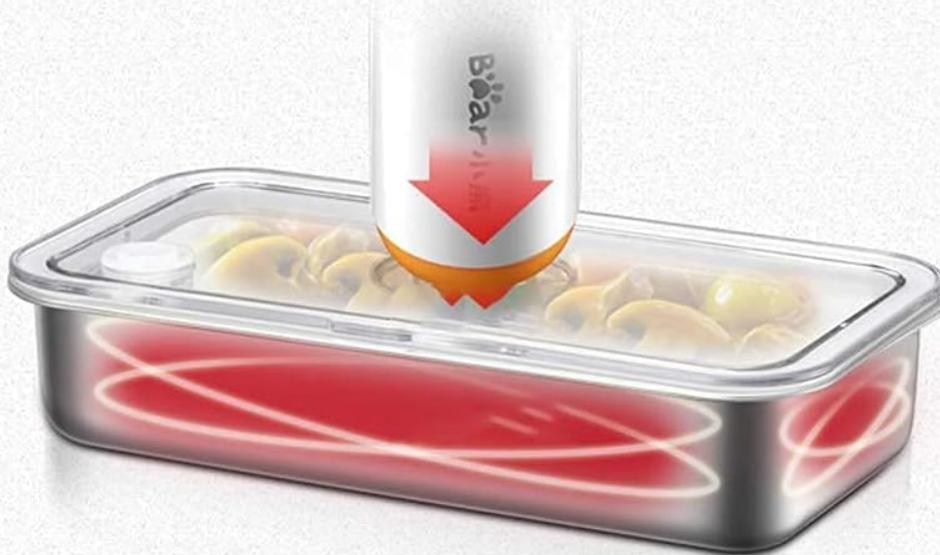


Image 4.2: The lunch box being used to steam eggs, demonstrating its versatility as a mini steamer.

4.4 Vacuum Preservation

The included vacuum pump can be used with the sealing lids to create a vacuum, helping to keep ingredients fresh before cooking.



Image 4.3: A vacuum pump being used to seal a container, illustrating the vacuum preservation feature to maintain food freshness.

4.5 Official Product Video

Video 4.1: This video demonstrates the preparation and cooking process using the Bear Self Heated Lunch Box, including cooking rice, steaming eggs, and preparing a full meal.

5. CLEANING AND MAINTENANCE

Proper cleaning and maintenance will ensure the longevity and optimal performance of your lunch box.

5.1 Cleaning

- Always unplug the appliance and allow it to cool completely before cleaning.
- The stainless steel food containers and their lids are easily removable and should be washed by hand with warm, soapy water.
- Do not use abrasive cleaners or scouring pads on any part of the appliance.
- Wipe the interior and exterior of the main machine with a soft, damp cloth. Ensure no water enters the electrical components.
- Dry all parts thoroughly before reassembling or storing.

5.2 Storage

Store the appliance in a cool, dry place when not in use. Ensure all components are clean and dry before storage.

6. TROUBLESHOOTING

If you encounter issues with your Bear Self Heated Lunch Box, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Appliance does not turn on.	Not plugged in correctly; Power outlet malfunction; Damaged power cord.	Ensure the power cord is securely plugged into both the appliance and a working outlet. Check the outlet with another device. If the cord is damaged, contact customer support.
Food is not heating properly.	Insufficient water in the base; Lid not properly sealed; Incorrect function selected.	Add the correct amount of water to the main machine's base. Ensure the lid is securely latched. Verify that the correct cooking or reheating function is selected.
Steam leakage from the lid.	Lid not properly closed; Sealing ring is dirty or damaged.	Ensure the lid is securely latched. Check the silicone sealing ring for any food debris or damage; clean or replace if necessary.

7. SPECIFICATIONS

Feature	Detail
Model	DFH-B10T6

Feature	Detail
Brand	Bear
Color	Pink
Material	Stainless Steel (304 Food-Grade)
Capacity	1 Liter
Number of Compartments	2
Item Weight	1.3 Kilograms
Power Input	110V (Standard US)
Special Features	Leak Resistant, Programmable Microcomputer, Keep Warm Function, Vacuum Preservation
Product Care	Hand Wash Only (for removable parts)
Included Components	Instruction Manual, Measuring Cup, Power Cord

8. WARRANTY AND CUSTOMER SUPPORT

For any questions, concerns, or support needs regarding your Bear Self Heated Lunch Box Mini Rice Cooker, please contact our customer service team. We value every customer and are committed to providing assistance.

Please refer to your purchase documentation for specific warranty details and contact information.