

## MAJOR 309046999805

# Major Docusate Sodium 250 mg Stool Softener Laxative Softgels Instruction Manual

Model: 309046999805

## 1. PRODUCT OVERVIEW

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Major Docusate Sodium 250 mg Extra Strength Stool Softener Laxative Softgels are designed to provide gentle and effective relief from occasional constipation. These softgels work by softening the stool, making bowel movements easier and more comfortable. This product is suitable for adults and children 12 years of age and over.

# STOOL SOFTENER LAXATIVE

12 years of age  
and over: **take 1  
softgel daily** or as  
directed by a doctor.  
Children under 12:  
ask a doctor



DOCUSATE SODIUM 250 MG | 1,000 TABLETS

Image: Major Docusate Sodium 250 mg Extra Strength Stool Softener Laxative Softgels, 1000 Count bottle.

- **Effective Relief:** Helps relieve occasional constipation (irregularity).
- **Gentle Action:** Generally produces a bowel movement within 12 to 72 hours.
- **Extra Strength:** Each softgel contains 250 mg of Docusate Sodium.
- **Dietary Information:** Sugar-free, gluten-free, and preservative-free.



Image: Product features highlighting Extra Strength, Sugar Free, and Gluten and Preservative Free.

## 2. INDICATIONS FOR USE

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This product is indicated for the relief of occasional constipation (irregularity). It generally produces a bowel movement within 12 to 72 hours.

## 3. DOSAGE AND ADMINISTRATION (OPERATING INSTRUCTIONS)

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For proper use, follow these directions carefully:

- **Adults and children 12 years of age and over:** Take 1 softgel daily or as directed by a doctor.
- **Children under 12 years of age:** Ask a doctor.

Do not exceed the recommended dosage unless advised by a healthcare professional.

MAJOR **Rugby**™



60 years strong

A LEGACY  
of delivering  
quality OTC  
& vitamin  
supplements

Image: A single softgel shown next to a penny for size comparison, with dosage information for adults and children 12+.

#### 4. WARNINGS

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Read all warnings carefully before use. Consult a healthcare professional if you have any concerns.

- **Do not use:** If you are presently taking mineral oil, unless directed by a doctor.
- **Ask a doctor before use if you have:**
  - Stomach pain
  - Nausea
  - Vomiting
  - Noticed a sudden change in bowel habits that lasts over 2 weeks
- **Stop use and ask a doctor if:**
  - You have rectal bleeding or fail to have a bowel movement after use of a laxative. These

could be signs of a serious condition.

- You need to use a laxative for more than 1 week.
- **If pregnant or breast-feeding:** Ask a health professional before use.
- **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Uses**

- relieves occasional constipation (irregularity)
- this product generally produces a bowel movement within 12 to 72 hours

**Warnings**

**Do not use** if you are presently taking mineral oil, unless directed by a doctor.

**Ask a doctor before use if you have**

- stomach pain ■ nausea ■ vomiting
- noticed a sudden change in bowel habits that lasts over 2 weeks

**Stop use and ask a doctor if**

- you have rectal bleeding or fail to have a bowel movement after use of a laxative. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week

**If pregnant or breast-feeding,** ask a health professional before use.  
**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**

- adults and children 12 years of age and over: take 1 softgel daily or as directed by a doctor
- children under 12 years of age: ask a doctor

**Other information**

- **each softgel contains:** sodium 13 mg
- store between 20-25°C (68-77°F); excursions permitted between 15-30°C (59-86°F)

Image: Drug Facts panel detailing uses, warnings, directions, and other important information.

## 5. DRUG FACTS AND INGREDIENTS

### Active Ingredient (in each softgel):

Docusate sodium 250 mg (Stool softener laxative)

### Inactive Ingredients:

Anhydrous citric acid, FD&C red #40, FD&C yellow #6, gelatin, glycerin, isopropyl alcohol, lecithin, mannitol, mineral oil, polyethylene glycol, propylene glycol, purified water, sorbitan, sorbitol, white ink.

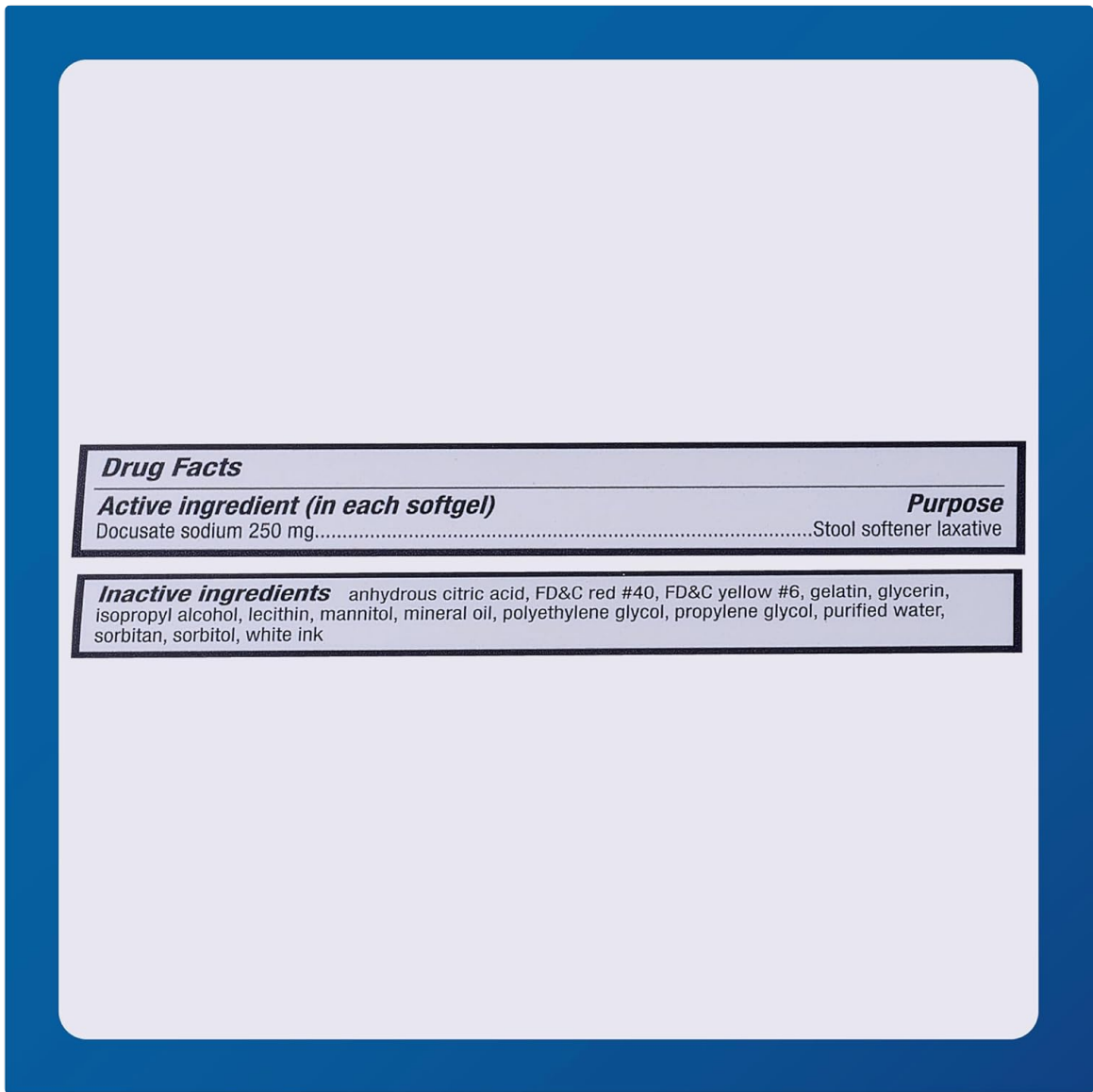


Image: Drug Facts panel detailing active and inactive ingredients.

## 6. STORAGE (MAINTENANCE)

Store at controlled room temperature:

- Between 20-25°C (68-77°F).
- Excursions permitted between 15-30°C (59-86°F).

Keep the container tightly closed and protect from excessive moisture.

## 7. SPECIFICATIONS

Feature	Detail
Product Dimensions	4.5 x 4.5 x 8.5 inches

Item Weight	2.29 Pounds (1.04 Kilograms)
Item Model Number	309046999805
Manufacturer	Major Pharmaceuticals
ASIN	B08BG7WM2H
Item Form	Softgel
Primary Supplement Type	Sodium (Docusate Sodium)
Product Benefits	Constipation Control
Unit Count	1000 Count
Age Range Description	Adult
Material Type Free	Sugar Free
Allergen Information	Gluten Free, Preservative-Free
UPC	309047281800

## 8. TROUBLESHOOTING

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If you experience persistent constipation or other digestive issues while using this product, or if the product does not produce a bowel movement within the expected timeframe (12-72 hours), please consult a healthcare professional. Do not increase dosage beyond recommended limits without medical advice.

## 9. MANUFACTURER INFORMATION AND SUPPORT

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This product is manufactured by Major Pharmaceuticals. For specific inquiries regarding the product, its ingredients, or any adverse reactions, please contact Major Pharmaceuticals directly or consult your pharmacist or doctor.

For general information about Major Pharmaceuticals and their range of products, you may visit their official website or refer to the contact information provided on the product packaging.

Your browser does not support the video tag.

Video: An official video from Major Rugby discussing digestive health remedies. This video provides general information about digestive support products offered by the brand.